











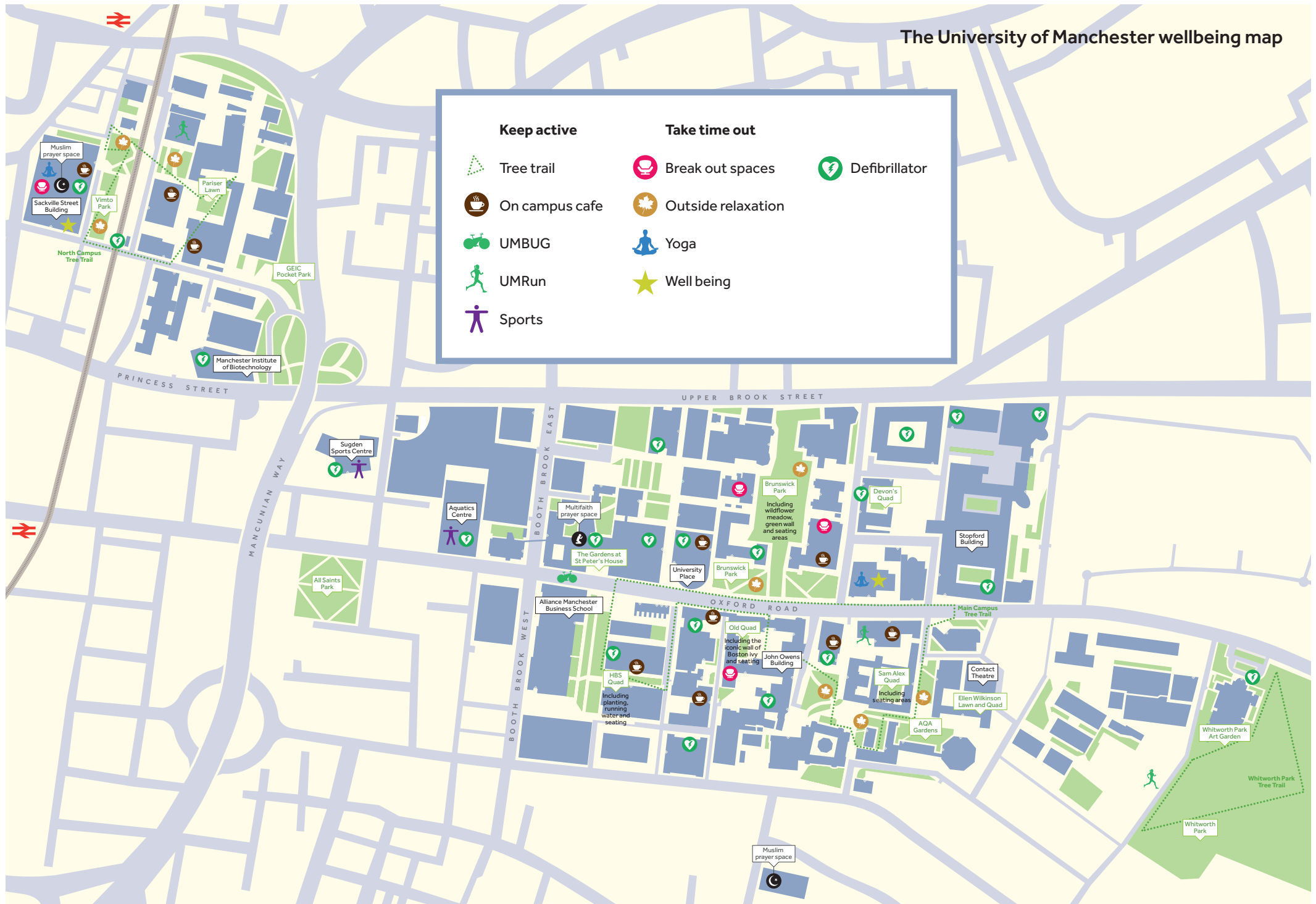
The University of Manchester wellbeing map

Keep active

-  Tree trail
-  On campus cafe
-  UMBUG
-  UMRun
-  Sports

Take time out

-  Break out spaces
-  Outside relaxation
-  Yoga
-  Well being
-  Defibrillator





Shower locations

Alan Turing Building

Location Maths 2.101A and 2.101B and PSI 1.308, 2.310 and 3.312

Number 5 unisex

Facilities Clothes hooks

Arthur Lewis Building

Location Ground floor near cafe

Number 3 male and 3 female

Access Door code required from reception

Facilities Lockers, changing area with seat, hangers and hair dryers

Carys Bannister Building

Location 4th floor 4.002 and 4.003

Number 2 female and 2 male

Facilities Bench, mirror, lockers

Chemistry Building

Location Ground floor

Number 1 unisex

Access Door code required email es@manchester.ac.uk

Facilities Hangers, chair

Christie Building

Location Between ground and first floor (enter through side entrance)

Number 1 unisex

Access Door code required email es@manchester.ac.uk

Facilities Chair, sink

Coupland Building 1

Location Ground floor behind lift through unmarked door opposite toilets

Number 1 female and 1 male

Facilities Clothes hook, chair

Denmark Road Building

Location 1st floor 1.17

Number 1 unisex

Facilities Lockers, clothes stand, chair, hair dryer

Ellen Wilkinson Building

Location Ground floor B block disabled toilet and 3rd floor C block

Number 2 unisex

Facilities Clothes hook, mirror and hair dryer on 3rd floor

Harold Hankins Building

Location 5th floor

Number 1 male and 1 female

Facilities Clothes hook, toilet, sink, mirror

Humanities Bridgeford Street

Location 1st floor female toilets 1.72

Number 1 female

Facilities Clothes hook, toilet, sink, mirror

Jean McFarlane Building

Location Ground floor disabled toilet G.320

Number 1 unisex disabled

Facilities Lockers, clothes hooks, bench, toilet, sink, mirror

James Chadwick Building

Location Ground floor G.009 and 1st floor 1.002

Number 1 unisex on each floor

Access Door code on ground floor (staff only)

Facilities Clothes hooks, mirror, lockers available

John Owens Building

Location Lower ground floor LG.035A

Number 1 unisex

Facilities Clothes hooks, mirror, bench

Kilburn Building

Location Ground floor and first floor toilets

Number 1 female and 1 male on both floors

Access Swipe card access to female ground floor

Facilities Bench, clothes hooks

Manchester Meeting Place

Location 1st floor male toilets

Number 1 male

Facilities Bench, mirror, clothes hooks

Pariser Building

Location E floor male toilets

Number 1 male

Facilities Chair, clothes hook

Sackville Street Building

Location Floor A (room A.15)

Number 1 male and 1 female

Access Door code available from room C.11

Samuel Alexander Building

Location South wing lower ground floor LG5

Number 1 unisex

Facilities Mirror, stool

Simon Building

Location Ground floor unisex toilets, 1st floor female toilets and 2nd floor male toilets 2.01 and 2.40

Number 1 unisex (disabled), 1 female and 3 male

Access Code required for female shower email es@manchester.ac.uk

Facilities Bench

Stopford Building

Location Ground floor G.600 and 2nd floor between male and female toilets

Number 2 unisex

Facilities Bench, clothes hooks, shaving socket, hair dryer

University Place

Location 1st floor disabled toilets 1.201 and 1.202

Number 2 unisex (disabled)

Facilities Toilet, sink, mirror

Zochonis Building

Location Basement toilets

Number 1 female and 1 male

Facilities Bench, clothes hooks



Defibrillator locations

Alan Gilbert Learning Commons

In a cabinet in the main entrance foyer

Alan Turing Building

In a cabinet at the reception desk at the main entrance

Alliance Manchester Business School

In the ground floor cafe

Armitage Sports Centre

In a cabinet in the main entrance foyer

Arthur Lewis Building

In a cabinet at the main entrance reception desk

AV Hill Building

In a cabinet on the link corridor between the Michael Smith Building and the AV Hill Building

Beyer Building

On the first floor landing

Carys Bannister Building

In a cabinet in the main entrance foyer

Chancellors Hotel and Conference Centre

Behind reception

Chemistry Building

In a cabinet at reception

Christie Building

In Christie's Bistro

Core Technology Facility

In a wall sleeve on the ground floor behind reception at the main entrance (Grafton Street)

Coupland Building 1

In a wall-mounted cabinet on the ground floor in the foyer of the main entrance (Coupland Street)

Dalton-Ellis Hall

At reception

Dental Hospital

Ellen Wilkinson Building

In a cabinet at the main reception opposite the Samuel Alexander Building

Ferranti Building

In a cabinet on the Electrical Lab corridor

Firs Villa

In the security vehicle based at The Firs Villa. It covers the Fallowfield campus and is accessible 24 hours a day

Hulme Hall

At reception

Humanities Bridgeford Street

In a cabinet at the main entrance reception desk

Jean McFarlane Building

In a wall-mounted cabinet on the ground floor in the reception area next to the lifts

Jodrell Bank Discovery Centre

There are two. One is located in the Discovery Centre reception. The other in the telescope control room

John Garside Building

In a cabinet in the post room

John Owens Building

In a wall sleeve in the main corridor on the lower ground floor

John Rylands Library

Ask at reception

Kilburn Building

In the porter's lodge at the loading bay side entrance opposite University Place

Main Library

In a cabinet next to the barriers in the entrance foyer

Manchester Aquatics Centre

Manchester Cancer Research Centre (MCRC)

In a wall-mounted cabinet on the ground floor in the reception area to the right of the food outlet

Manchester Museum

Ask at the main entrance reception desk

Martin Harris Centre for Music and Drama

In the central foyer area

Michael Smith Building

In a cabinet at the main entrance reception desk. It is accessible 24 hours a day

National Graphene Institute

At the south entrance foyer

Oddfellows Hall

At the main reception

Owens Park

At reception

Pariser Building

In a cabinet in the entrance foyer

Roscoe Building

At the reception desk in the entrance foyer

Royal Northern College of Music

At reception

Rutherford House

In a wall sleeve on the ground floor inside Unit 4

Sackville Street Building

There are two. One in a cabinet in the B floor foyer outside room B21. The other in a cabinet outside the lifts at the Joule Library on E floor.

Schuster Building

In a cabinet at the reception desk at the Brunswick Street entrance

Simon Building

In Beta Foyer

St Peter's House and Chaplaincy

In a cabinet in the entrance foyer

Stopford Building

There are two. One in a wall sleeve on the ground floor behind reception at the main entrance (Oxford Road). The other in a wall-mounted cabinet on the second floor opposite the central lifts (goods lift) near room 2.205.

Student Services Centre

In a wall sleeve at the reception desk

Sugden Sports Centre

The Gatehouse

There are two. One is located in the office at The Gatehouse. The other in the security vehicle based at The Gatehouse. It covers the Sackville Street area and is accessible 24 hours a day.

The Whitworth

University Place

In a cabinet at the Welcome Desk at the main entrance

Vaughan House

In a wall-mounted cabinet on the ground floor in the foyer of the main entrance (Portsmouth Street)

Williamson Building

In a cabinet in the Oxford Road entrance foyer

Zochonis Building

In a wall-mounted cabinet on the ground floor in the corridor through the main entrance (Brunswick Street) and Lecture Theatres B and C