

## A week in the life of our IDMHR student, Alice



**Hi I'm Alice! I am currently in my final year studying BSc International Disaster Management and Humanitarian Response.** University life for me =getting ready as an appropriate individual who can stand for most of the upcoming challenges in the future and equip me for the confidence of seeking dreams. It means spending my time effectively on study+ individual thinking +testing + relaxing. I spend lots of time hanging out dining, shopping, and playing music with friends, which enables me to have deep relaxation within the friendly and optimistic atmosphere. I enjoy a relatively flexible weekly routine which can give me more energy to tackle precipitate ideas and tasks.

Formal study hours

Informal study hours

Student society

Part-time work

Social activities

Monday	09:00-10:00 Read the news or listen to the radio	10:00-13:00 Informal Study - Reading for lectures on Tuesday	13:00-14:00 Lunch - Video call my family	14:00-18:00 Informal Study - Reading for lectures on Tuesday and Wednesday	18:00-22:00 Cook dinner and play instruments
Tuesday	10:00-12:00 Enterprise Strategies and Marketing Lecture	12:00-13:00 Lunch with friends on campus	14:00-17:00 French A2 Lectures	19:00-20:00 Beginner Tango class at the SU	20:00-21:00 Informal study
Wednesday	09:00-11:00 Dissertation and Research Methods Lecture	11:00-12:00 Do weekly food shop	13:00-16:00 Informal Study Hours	16:00-18:00 Equestrian lessons with the Equestrian Society	18:00-22:00 Cook dinner and play instruments
Thursday	09:00-11:00 Informal Study	11:00-13:00 Practical Approaches to Researching Disasters and Conflict	13:00-14:00 Creative Manchester Engagement Project	14:00-18:00 Informal Study - Complete weekly tasks for seminars	
Friday	09:00-12:00 Informal Study	12:00-13:00 Lunch	13:00-16:00 Informal Study	16:00-18:00 Tennis with friends	18:00-22:00 Dinner and relax
Saturday	All Day Mix of relaxing, studying, playing in a band and exercising				
Sunday	All Day Mix of relaxing, studying, playing in a band and exercising				