

A week in the life of our Sociology student, Laura



Hello I am Laura, a third year sociology student from Vancouver, interested in the development of cultural identity after diaspora.

Sociology, as a discipline, encourages a critical perspective on social change and development, discussing topics such as globalisation, migration, race and ethnicity, ageing and social networks. The sociology department at The University of Manchester provides the opportunity to engage with and learn from many top researches and teachers in their respected fields.

Formal study hours

Informal study hours

Student society

Part-time work

Social activities

Monday	10:00-13:00 Sociology of Human Animal Relations Workshop		13:00-14:00 Go home for lunch and a break		15:00-18:00 Library to complete notes and reading for Identity and Power lectures		18:00-20:00 Make dinner with friends and relax		20:00-21:00 Call family in Vancouver				
Tuesday	09:00-11:00 Identity, Power and Modernity Lecture		11:00-13:00 Go to a cafe and reply to emails and complete student ambassador work		13:00-14:00 Identity, Power and Modernity Tutorial		14:00-15:00 Run PASS session with first years		15:00-18:00 Relax at home with my flatmate		18:00-20:00 Cook dinner and wash up		
Wednesday	10:00-11:00 Walk around Whitworth Park		11:00-14:00 Study at the Main Library with friends		14:00-15:00 PASS leader debrief		15:00-17:00 Main Library to complete dissertation readings		18:00-19:00 Call family in Vancouver		19:00-21:00 Cook dinner and wash up		
Thursday	10:00-12:00 Walk to the city centre with friends to have brunch		13:00-15:00 Complete readings for Sociology of Human Animal Relations Workshop			15:00-17:00 Do household tasks		17:00-18:00 Have dinner whilst calling my family		18:00-19:00 Yoga society		20:00-21:00 Watch TV and relax	
Friday	11:00-13:00 Reading on dissertation topic		13:00-16:00 Dissertation lecture			16:00-18:00 Practice clarinet at home		18:00-19:00 Prepare and have dinner		19:00-22:00 Salsa and Bachata society			
Saturday	10:00-18:00 Day trip with friends, maybe to Chester, Knutsford or Liverpool					18:00-21:00 Get a head start on readings for next week			21:00 onwards Go out in the city with friends				
Sunday	10:00-12:00 Complete my weekly food shop in Rusholme		12:00-14:00 Meal prep for next week		14:00-17:00 Host social for Manchester Chinese Friendship program		17:00-19:00 Go out for dinner with friends		19:00-20:00 Attend Mass at Holy Name Church		20:00-21:00 Download readings and lecture slides for next week		