SUPPORTING THE WELLBEING OF OUR TRAINEES – DEALING WITH CONCERNS

The health and wellbeing of our trainees is a priority. If you are concerned about a trainee please do raise this with them in a sensitive manner. If a trainee discloses anything relating to their own mental health and wellbeing you MUST make sure that you have the permission of your trainee to share this with their professional tutor or anyone else, unless it is an immediate cause for concern for their welfare and/or safety.

If you have any safeguarding issues or concerns – please contact Martin Kelly on our Primary PGCE team - <u>martin.kelly@manchester.ac.uk</u>

The University of Manchester (UoM) has a wealth of support that trainees can access. You may wish to recommend a trainee to access or use these to support any issues that arise.

UoM website resources, advice, links and contacts:

Taking care of wellbeing - https://www.studentsupport.manchester.ac.uk/taking-care/

Help in a crisis or emergency - https://www.studentsupport.manchester.ac.uk/taking-care/emergency/

Counselling service - <u>https://www.counsellingservice.manchester.ac.uk/</u> or 0161 275 2864

Disability advisory and support service (DASS) - http://www.dso.manchester.ac.uk/

Occupational health service - <u>http://www.occhealth.manchester.ac.uk/</u> or email

millocchealth@manchester.ac.uk