Ingredients If using prepared ingredient name of manufacturer i.e. Hellman's Mayonnaise	****					Irpin Flour	Wilk		MUSTARD					WNE
	Celery	Cereals containing gluten (name cereal)	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts (state type of nut)	Pean uts	Sesame seeds	Soya	Sulphur dioxide
Pork Sausage		✓(Wheat)												✓
Chicken Sausage	MC	✓(Wheat)		MC			MC		MC				✓	✓
Vegan Sausage		✓(Wheat)												
Spaghetti Hoops		✓(Wheat)												
Baked Beans														
Frittata				✓			✓							
Chorizo / Potatoes														
Bean Cassoulet														
Egg / Boiled Egg				✓										
Poached Egg				✓										
Scram Egg				✓			√							
Sweet Waffles		✓(Wheat)		✓			MC						✓	
Crumpets		✓(Wheat)												
Croissants		✓(Wheat)		MC			√			MC (Tree, Almond, Hazel, Walnut,			MC	

				Cashew, Pecan, Brazil, Pistachio, Macadam		
Vegan Croissants	√(Wheat, Barley)	MC	MC	MC (Almond, Barley, Cashew, Hazel, Pistachio)		MC
Porridge	✓(Wheat, Oats)					✓
Granola	✓(Wheat, Oats. Barley			MC(Tree)	МС	
Muesli	✓(Wheat, Barley, Oats)			MC (Tree, Almond, Hazelnut, Walnut, Cashew, Pecan, Brazil, Pistachio, Macadam)	MC	
Vegan Raspberry Croissant	√(Wheat)	MC	MC	MC (Almond, Hazel, Walnut)	MC	MC

Pain au Choc	✓(Wheat)	√			MC (Tree, Almond, Hazel,			MC	
Cinnamon Roll	√(Wheat)	V			MC (Almond, Hazel, Pecan, Walnut)			MC	
Bagel	√(Wheat, Rye, Barley)						MC		
Black Pudding	√(Wheat)								
Waffles	√(Wheat)	√	N	1C				✓	
Vegan Pancake	✓(Wheat)								
White Bloomer	✓(Wheat) MC (Barley)							√	
Malted Bloomer	✓(Wheat, Barley)							√	
Overnight Oats	√(Oats)		,	/				✓	
Smoothies			,	/					
Protein Shakes	√		,	/					
Coco Pops	✓(Barley)		N	1C					
Shreddies	✓(Wheat, Barley)				MC (All Treenuts)	MC			
Corn Flakes	√(Barley)								
Rice Krispie	✓(Barley)								