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**How to Become a Student Wellbeing Champion 2022/2023**

This year there is a recruitment process you will need to go through in order to be a part of the wellbeing champions programme. Please read and consider the recruitment process below and the Stelify/HEAR requirement activities before applying to see if you are still interested in the role. These can be found by visiting <https://www.studentsupport.manchester.ac.uk/taking-care/wellbeing/wellbeing-champions/become-a-wellbeing-champion/>

STAGE 1: Answer application questions in a separate word document (1 Page) and email answers to [studentwellbeingchampions@manchester.ac.uk](mailto:studentwellbeingchampions@manchester.ac.uk) with the subject heading ‘WBC Application 22/23’.

Please send this by Sunday 1st October.

STAGE 2: Attend a group recruitment task. This will involve designing a campaign and sharing your ideas. This activity will take around 2 hours.

STAGE 3: Attend Student Wellbeing Champion training (2 Hours)

**Student Wellbeing Champion Application Form Questions 22/23**

Answer the following questions in a separate document and email it to [studentwellbeingchampions@manchester.ac.uk](mailto:studentwellbeingchampions@manchester.ac.uk) with the subject heading ‘WBC Application 22/23’.

Aim for your application to be a minimum of one page.

Deadline: 9th October

1. Why do you want to be a wellbeing champion?
2. What does wellbeing mean to you and how do you practice it?
3. What skills do you have that will help you in your role as a wellbeing champion? (You can refer back to the Stelify/HEAR requirements to help)
4. What event ideas do you have?
5. What content creation/social media ideas do you have?