

NATIONAL CONFIDENTIAL INQUIRY INTO SUICIDE AND SAFETY IN MENTAL HEALTH (NCISH)

8th NCISH Conference, 19th May 2022

PROGRAMME

10.00am-10.05am	Welcome by our Chair Jacqui Morrissey
10.05am-10.25am	Guest speakers Andy Airey, Mike Palmer and Tim Owen
10.25am-10.50am	2022 NCISH Annual Report , Professor Louis Appleby
10.50am-11.05am	Break
11.05am-11.15am	Recent research findings from NCISH and the Centre for Mental Health and Safety, Professor Nav Kapur
	What do the findings mean? Q&A panel session Guest panellist Professor Ann John
11.15am-11.50am	Professor Louis Appleby Professor Nav Kapur Professor Jenny Shaw
11.50am-12.00pm	Closing remarks by Jacqui Morrissey

SPEAKER BIOGRAPHIES



Jacqui Morrissey is the Assistant Director for Samaritans Research and Influencing work, having joined in 2014. Jacqui has worked in the voluntary sector for over 25 years, initially with international development, and has a long-standing interest in public policy. She successfully led work to achieve

European legislation on age discrimination.

Jacqui is now responsible for Samaritans policy, public affairs and campaigns, their media advisory service, online excellence programme and research and evaluation. She has led on the development of publications including National Suicide Prevention Alliance (NSPA) and Public Health England's (now the Office for Health Improvement and Disparities) [suicide prevention planning guidance for local authorities](#) and Samaritans' [Dying from Inequality](#) report. Jacqui is Co-Chair of the NSPA and a Steering Group member of the Support After Suicide Partnership, which are both hosted by Samaritans.

SPEAKER BIOGRAPHIES



Andy Airey's daughter Sophie took her own life in December 2018. In looking for a charity to support for Sophie's funeral, Andy and his family were introduced to PAPYRUS Prevention of Young Suicide. Since losing Sophie, Andy has completed many challenges to raise funds and promote the lifesaving work of PAPYRUS.

In 2021, he met Mike Palmer and Tim Owen, two suicide-bereaved dads who also wanted to create something positive from their loss; they took a walk together and became 3 Dads Walking.



Mike Palmer lost his beloved daughter Beth to suicide in March 2020. She was just 17. Once a bulletproof firefighter his world became the dark and surreal place that is complex grief.

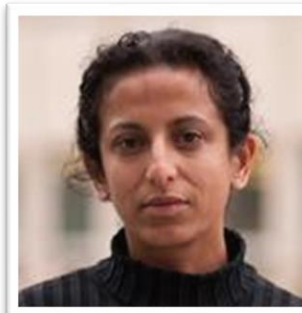
Founding 3 Dads Walking with Tim and Andy Airey has been a huge positive for Mike; making a difference to stop other families experiencing this unimaginable loss.

So far, 3 Dads Walking have raised over £860,000 for PAPYRUS Prevention of Young Suicide, but more importantly they are helping to ensure open and supportive conversations are being had with young people that will raise awareness and ultimately save lives.



Tim Owen lost his 19-year-old daughter, Emily, to suicide in March 2020. Along with his good friends and pillars of support, Mike and Andy, he is one of the 3 Dads Walking.

Tim is passionate about drawing something positive out of the loss of Emily. Her last wishes were for him not *'to be ashamed'* and to *'help others'*. He wants to erase the stigma around suicide, increase suicide prevention awareness, and open conversations about suicide. He believes in simply talking and walking.



Ann John, a public health trained former GP, is a Professor of Public Health and Psychiatry at Swansea University Medical School and Co-Director of DATAMIND. She is a clinical academic whose research focuses on suicide and self-harm prevention.

Ann chairs the National Advisory Group to Welsh Government on suicide and self-harm prevention and is the national lead for suicide prevention for Public Health Wales. She sits on the Independent Advisory Group to the National Confidential Inquiry into Suicide and Safety in Mental Health. Ann was a member of SAGE and co-led the Living Systematic Review on the impact of the pandemic on suicide and suicidal behaviours and the Global Suicide Study. Ann works across sectors aiming to translate research into evidence based practice and policy to prevent self-harm and suicide. She is a Trustee of Samaritans.

SPEAKER BIOGRAPHIES



Louis Appleby leads the National Suicide Prevention Strategy for England. He is Professor of Psychiatry at the University of Manchester where he leads the Centre for Mental Health and Safety, investigating suicide, self-harm and other areas of risk. He is Director of the National Confidential Inquiry into Suicide and Safety in Mental Health, a

UK-wide study that aims to improve the safety of mental health care.

From 2000-2010 he was National Director for Mental Health in England, playing a central role in reforming community care. From 2010-2014 he was National Clinical Director for Health and Justice, leading the development of diversion services for offenders with mental health problems. From 2013-2019 he was a non-executive director on the Board of the Care Quality Commission. In 2021 he was awarded the Royal College of Psychiatrists Lifetime Achievement Award.



Jenny Shaw is Professor in Forensic Psychiatry at the University of Manchester, with interests in homicide, suicide and violence risk and offender health care. She is Head of Homicide Research at the National Confidential Inquiry into Suicide and Safety in Mental Health.

Jenny is also a Consultant Forensic Psychiatrist and was Clinical Director for Specialist Services at Lancashire Care Foundation Trust until September 2016.

The National Confidential Inquiry into Suicide and Safety in Mental Health

She is an Honorary Consultant at Greater Manchester Mental Health NHS Foundation Trust. Throughout her career, she has been interested in translating research evidence into improving the quality and safety of forensic mental health services.



Nav Kapur is Professor of Psychiatry and Population Health at the University of Manchester, and an Honorary Consultant Psychiatrist at Greater Manchester Mental Health NHS Foundation Trust. He has spent the last 25 years researching suicidal behaviour, particularly its causes, treatment and prevention, including as Head of Suicide Research at

the National Confidential Inquiry into Suicide and Safety in Mental Health.

He has led committees for the National Institute for Health and Clinical Excellence (NICE) including those developing guidelines for how all clinical staff should treat people who self-harm. He sits on the main advisory group on suicide prevention for the Department of Health and is currently helping to lead a national quality improvement project to prevent suicide.

Nav is the lead author of [Suicide Prevention](#) (3rd Edition) and has published over 300 academic papers. He is the 2021 recipient of the American Association of Suicidology Louis I. Dublin Award for lifetime achievement in suicide prevention and the 2021 International Association of Suicide Prevention Stengel Award for outstanding research.

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