

Better Health Corporate Memberships are available to University colleagues. Access gym, swimming and fitness classes at both Sugden Sports Centre and Manchester Aquatics Centre, for just **£24 a month**, **paid directly via your monthly payslip (Increasing to £27 per month from 1 October 2026).**

Due to payroll cut-offs your first deduction may include a pro rata amount for the current month + payment for the following full month. Following this, deductions will continue at the normal monthly rate.

With Better, you're getting more than just a gym membership. Being a member includes:

- Inclusive access to **Sugden Sports Centre**, a modern, airy, 150+ station gym features fantastic Matrix equipment across dedicated cardio, strength and functional training areas
- Inclusive access to **Manchester Aquatics Centre**, the Olympic-sized 50m pool and 25m diving pool perfect for all your aquatics activities
- Inclusive access to our full **fitness class** programme
- Up to 30% off other activities and services.
- Inclusive access to the **Health Suites**, including saunas, steam rooms and Jacuzzis, at selected centres (where available - one booking per member per day)
- Inclusive access to **Better at Home** – an online library of over 1,500 on-demand fitness classes and workouts
- 7-day priority advanced booking online or via the **Better UK app**
- Sugden Sports Centre will be your base however you will also have access to Manchester Aquatics Centre along with other Better **gyms** and **swimming pools** within Manchester.

Click here to sign up

If you have any queries, please feel free to contact corporate@gll.org.

Disclaimer: The benefits and services listed do not imply endorsement of the listed companies, nor their products or services nor is this list exhaustive. While as much care as possible has been taken in compiling this information these descriptions may not truly represent the full capabilities or function of the respective company, which may be determined more fully by contacting the company in question.
Notes to staff: These discounts are unique to University of Manchester staff. Do not share any promo codes on public platforms as this will risk the University's reputation with providers and can lead to withdrawal of offers. Discounts are subject to change. It is your responsibility to check if the offer is still valid before use. Further information: people.reward@manchester.ac.uk



Frequently asked questions

How do I cancel my membership?
In line with the terms and conditions agreed to at sign-up, corporate Better Leisure memberships **can only be cancelled by emailing** corporate@gll.org in order to stop payroll deductions.

Cancellations cannot be processed via the Better app, your online account, or by staff in centres, as these routes do not notify the corporate membership team or payroll. Submitting a cancellation via these methods will not stop payroll deductions.

To avoid being charged for the following month, your cancellation request must be received by the 25th of the month.

Please note: The University does not have access to Better Leisure membership systems and cannot make changes to, cancel or offer refunds on behalf of Better Leisure. All membership queries must be directed to corporate@gll.org

I've been charged more/less than I was expecting this month, why is this?
Due to payroll cut-offs your first deduction may include a pro rata amount for the current month + payment for the following full month. Following this, deductions will continue at the normal monthly rate.

Am I eligible for a corporate membership?
You must be a substantive employee of The University of Manchester and receive a regular monthly salary via University Payroll to be eligible.

How quickly after signing up will my membership be activated?
Please allow 3 working days for membership to be activated subject to the approval process.

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When will I be charged?

Memberships run on a monthly basis and will be charged in the relevant monthly payroll for that membership month. E.g. A payroll deduction in January relates to membership from 1st-31st January. Please note that due to payroll cut-offs; your first deduction may include a pro-rata amount for your sign-up month + the payroll month.

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