



Better Health Corporate Memberships are available to University of Manchester staff. Access gym, swimming and fitness classes at both Sugden Sports Centre and Manchester Aquatics Centre, for just **£24 a month, paid directly via your monthly payslip**.

Due to payroll cut-offs your first deduction may include a pro rata amount for the current month + payment for the following full month. Following this, deductions will continue at the normal monthly rate.

With Better, you're getting more than just a gym membership. Being a member includes:

- Inclusive access to [Sugden Sports Centre](#), a modern, airy, 150+ station gym features fantastic Matrix equipment across dedicated cardio, strength and functional training areas
- Inclusive access to [Manchester Aquatics Centre](#), the Olympic-sized 50m pool and 25m diving pool perfect for all your aquatics activities
- Inclusive access to our full [fitness class](#) programme
- Up to 30% off other activities and services.
- Inclusive access to the [Health Suites](#), including saunas, steam rooms and Jacuzzis, at selected centres (where available - one booking per member per day)
- Inclusive access to [Better at Home](#) – an online library of over 1,500 on-demand fitness classes and workouts
- 7-day priority advanced booking online or via the [Better UK app](#)
- Select either Sugden or the Aquatics Centre as your base. You will also have access to all Better [gyms](#) and [swimming pools](#) within Greater Manchester.

[Click here to sign up](#)

If you have any queries, please feel free to contact corporate@gll.org.

Disclaimer: The benefits and services listed do not imply endorsement of the listed companies, nor their products or services nor is this list exhaustive. While as much care as possible has been taken in compiling this information these descriptions may not truly represent the full capabilities or function of the respective company, which may be determined more fully by contacting the company in question.

Notes to staff: These discounts are unique to University of Manchester staff. Do not share any promo codes on public platforms as this will risk the University's reputation with providers and can lead to withdrawal of offers. Discounts are subject to change. It is your responsibility to check if the offer is still valid before use. Further information: people.reward@manchester.ac.uk