

Part of the

Multicentre Study of Self-harm in England





Highlights of the 5 year report 2012-2016 key figures*

*rates age 15+



19,917 self-harm presentations by

12,393 people



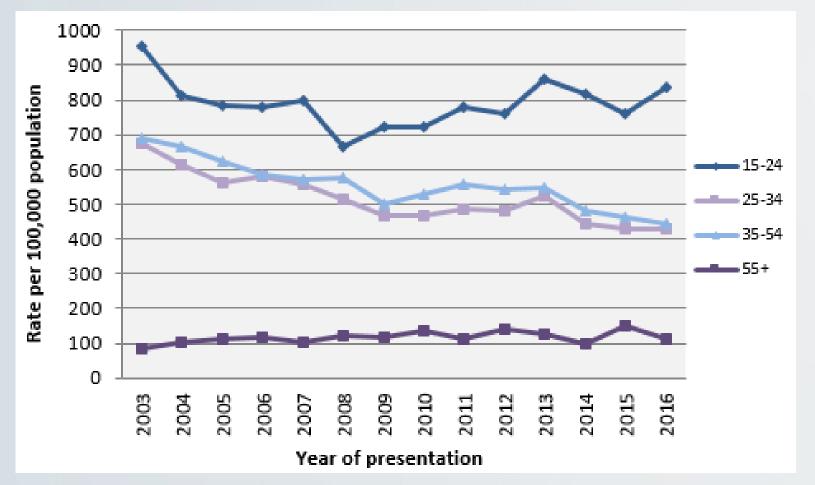
Women's rate = 480 per 100,000 population i.e. 1 in every 208 women in Manchester



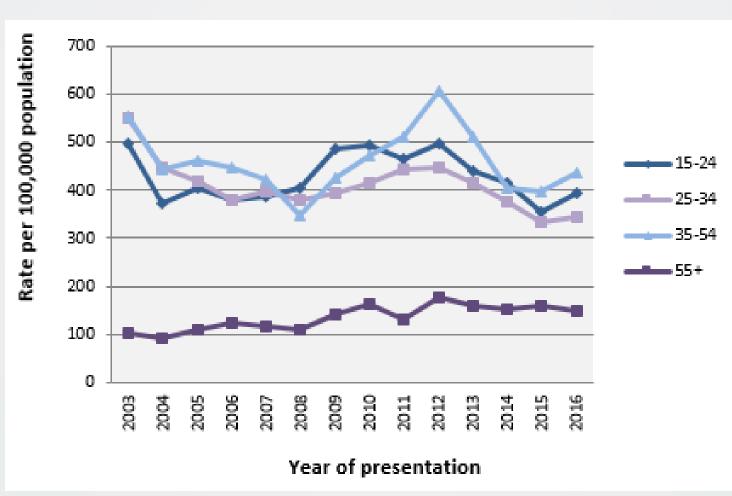
Men's rate = 374 per 100,000 population i.e. 1 in every 267 men in Manchester

2003 to 2016: men's & women's rates decreased overall

Rates in women



Rates in men



Highest rates were in women aged 15-19

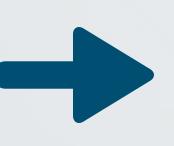


Highest men's rates aged 40-44

Psychosocial assessments



51% of episodes



psychosocial assessment

Guidelines state: All ED self-harm episodes should receive a psychosocial assessment



treated but no 43% of psychosocial episodes assessment



but % episodes receiving this dropped from 56% in 2012 to 42% in 2016





patient left the **ED** before treatment or assessment



ED presentations peaked 8pm-midnight (24%) lowest 6am-10am (7%)

The full report is available at https://www.manchester.ac.uk/mash



Contact with mental health services

Alcohol & drug use



were already under current mental health care

plus a further:



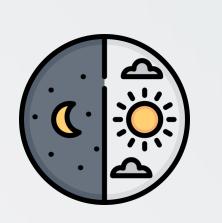
had previously been under mental health care



67% men + 58% women consumed alcohol at time of self-harm



39% men + 26% women currently misuse alcohol



presentations involving alcohol peaked 10pm-10am



34% men + 16% women currently misuse drugs

Mental health specialist assessments

Onward referrals:

