19,917 self-harm presentations by 12,393 people

Women's rate = 480 per 100,000 population i.e. 1 in every 208 women in Manchester
Men's rate = 374 per 100,000 population i.e. 1 in every 267 men in Manchester
2003 to 2016: men's & women's rates decreased overall

Highest rates were in women aged 15-19
Highest men's rates aged 40-44

Psychosocial assessments

51% of episodes → psychosocial assessment
43% of episodes → treated but no psychosocial assessment
6% of episodes → patient left the ED before treatment or assessment

Guidelines state: All ED self-harm episodes should receive a psychosocial assessment

but % episodes receiving this dropped from 56% in 2012 to 42% in 2016

ED presentations peaked 8pm-midnight (24%) lowest 6am-10am (7%)

The full report is available at https://www.manchester.ac.uk/mash
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Contact with mental health services

3 in 5
- were already under current mental health care
- plus a further:
  - had previously been under mental health care

1 in 5
- referred to GP only
- referred to other specialist mental health follow-up
- no referral

Alcohol & drug use

67% men + 58% women consumed alcohol at time of self-harm

39% men + 26% women currently misuse alcohol

Presentations involving alcohol peaked 10pm-10am

34% men + 16% women currently misuse drugs

1 in 5
- admitted to a mental health ward

Mental health specialist assessments

Onward referrals:

1 in 7
- referred to other specialist mental health follow-up

1 in 3
- admitted to a mental health ward

1 in 5
- no referral

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