

VOLUNTEERING NEWSLETTER

MANCHESTER
1824

The University of Manchester

SIXWAYS
to wellbeing

give

School of Social
Sciences

Monthly Newsletter

VOL.1

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2021



Giving Tuesday - Get volunteering!

INTRODUCTION TO THE NEWSLETTER

As part of Giving Tuesday, the School of Social Sciences is starting a new monthly initiative!

Giving Tuesday is a worldwide initiative encouraging people to do good and give back to their community.

The way you give can take many forms: giving thanks, donating money, sharing your skills, campaign for a cause close to your heart

We want to encourage students within our School to start volunteering more.

On the last Tuesday of each month, we will share volunteering opportunities, inspiring stories from fellow students, events happening across university and many other things!

If you have any suggestions about what you would like to see in the newsletter, let us know: this is for you!

[Read More about Giving Tuesday](#)

Follow Us On Social Media: @UoMVolunteering



give

GIVING - 6 WAYS TO WELLBEING

Giving is one of the Six Ways to Wellbeing promoted by the University of Manchester!

Doing things for others has been proven to increase our self-worth and to encourage a more positive outlook.

By doing a small thing for someone else without expecting anything in return, we can start a chain reaction of giving through kindness!

[Find how you can give to others](#)



7TH DECEMBER: STAN'S SECRET SANTA

For Christmas, the University of Manchester Museum is organising a Christmas Gift appeal in collaboration with Invisible Manchester, a social enterprise training people affected by homelessness to become tour guides!

The gifts will be donated to homelessness and poverty support organisations. So come along to donate your gifts at the Fossils Gallery and make a big difference to someone's Christmas this year!



[Find out how to donate](#)



VOLUNTEERING AND STELLIFY



The University of Manchester is the only university in the UK to have social responsibility as our core goal.

As such, The Stellify Award is the University's most prestigious extra-curricular award available for all undergraduate students and can help you include your volunteering hours in your transcript.

If you want to make a change and meet new people while learning new skills enhancing your employability then Stellify is meant for you!

[Learn more about Stellify here!](#)



WHERE TO FIND OPPORTUNITIES

You will find all the opportunities for volunteering on the Volunteering Hub.

The opportunities for volunteering are endless! You can filter the offers by themes that interest you or look for opportunities for volunteering from home: there is something for everyone!

The Volunteer Hub is also where you go to log your hours after volunteering to contribute to your Stellify awards!

[SU Volunteer Page](#)

[Volunteer Hub](#)