A week in the life of our Politics and International Relations student, Alex

Hi, I’m Alex, currently in my final year of studying Politics and International Relations. I mainly specialise in modules in Global Political Economy, so I’m lucky that Manchester has a world-leading research cluster in this area. There are lots of benefits to studying in one of the largest Politics departments, and it means that whatever particular academic niche you find within the subject, you’ll be taught by some of the best teachers and researchers.

**Monday**
- 10:00-12:30 Tidy and do laundry
- 13:00-14:00 Grab lunch from Martin’s Bakery
- 14:00-17:00 Reading at home for workshop for Intersectional Political Economy
- 17:30-18:30 Cook a new recipe for dinner
- 19:00-20:30 Meal prep for the week
- 20:30-22:00 Reading at home

**Tuesday**
- 10:00-12:00 Brunch at home and listen to podcast
- 13:00-16:00 Intersectional Political Economy Workshop
- 16:00-17:00 Dissertation Lecture
- 19:00-21:00 Meeting with academic advisor
- 20:00-23:00 Movie night with housemates

**Wednesday**
- 10:00-11:00 Intro to International Political Economy Tutorial
- 11:00-13:00 Study in Main Library with friends
- 13:00-14:00 Grab a burrito from the Student Union
- 14:00-14:30 Work in Alan Gilbert to finish weekly reading log
- 17:00-18:00 Go for a pint at the SU

**Thursday**
- 11:00-13:00 Reading at home for dissertation
- 13:00-15:00 Grab lunch and go for a walk around Fletcher Moss Botanical Garden with a friend
- 15:00-18:00 Reading at home
- 18:00-20:00 Cooking dinner at a friend’s house
- Evening Pub!

**Friday**
- 10:00-12:00 Intro to International Political Economy Lecture
- 12:00-16:00 Reading in library for dissertation
- 16:00-17:00 FaceTime my sister
- 17:00-19:00 Make something quick for dinner
- Evening Drinks before going into town

**Saturday**
- 11:00-18:00 Watch movies and order a takeaway
- 18:00-20:00 Pre-read at home for next week’s lectures and tutorials

**Sunday**
- 12:00-18:00 Get the train to somewhere in the Peak District for a walk
- Evening Pub Quiz