

## A week in the life of our Politics and International Relations student, Alex



**Hi, I'm Alex, currently in my final year of studying Politics and International Relations.** I mainly specialise in modules in Global Political Economy, so I'm lucky that Manchester has a world-leading research cluster in this area. There are lots of benefits to studying in one of the largest Politics departments, and it means that whatever particular academic niche you find within the subject, you'll be taught by some of the best teachers and researchers.

Formal study hours

Informal study hours

Student society

Part-time work

Social activities

Monday	10:00-12:30 Tidy and do laundry	13:00-14:00 Grab Lunch from Martin's Bakery	14:00-17:00 Reading at home for workshop for Intersectional Political Economy		17:30-18:30 Weekly food shop with housemate	19:00-20:30 Cook a new recipe for dinner	20:30-22:00 Reading at home	
Tuesday	10:00-12:00 Brunch at home and listen to podcast	13:00-16:00 Intersectional Political Economy Workshop		16:00-17:00 Dissertation Lecture	19:00-21:00 Meal prep for the week	20:00-23:00 Movie night with housemates		
Wednesday	10:00-11:00 Intro to International Political Economy Tutorial	11:00-13:00 Study in Main Library with friends	13:00-14:00 Grab a burrito from the Student Union	14:00-14:30 Meeting with academic advisor	14:30-17:00 Work in Alan Gilbert to finish weekly reading log	17:00-18:00 Go for a pint at the SU		
Thursday	11:00-13:00 Reading at home for dissertation	13:00-15:00 Grab lunch and go for a walk around Fletcher Moss Botanical Garden with a friend		15:00-18:00 Reading at home	18:00-20:00 Cooking dinner at a friend's house	Evening Pub!		
Friday	10:00-12:00 Intro to International Political Economy Lecture	12:00-16:00 Reading in library for dissertation		16:00-17:00 FaceTime my sister	17:00-19:00 Make something quick for dinner	Evening Drinks before going into town		
Saturday	11:00-18:00 Watch movies and order a takeaway				18:00-20:00 Pre-read at home for next week's lectures and tutorials			
Sunday	12:00 - 18:00 Get the train to somewhere in the Peak District for a walk				Evening Pub Quiz			