



Are you interested in how smartphones could be used to support healthy lifestyles in mental healthcare?

We want to hear your views!

We are looking for people who...

- are 16-35 years old.
- have been diagnosed with a mental health condition
- live in Greater Manchester.
- have access to a smartphone (iPhone or Android)
- are interested in health research.

First meeting/s will be held on zoom.

Future meetings may be online or in-person.

A £20 shopping voucher is available for each member of every meeting.
(Up to £15 travel costs can also be reimbursed).

If you are interested, or want to know more please contact us:

Chelsea Sawyer (Research associate)

Email: Chelsea.sawyer@manchester.ac.uk

Telephone: 07771334395

(Please note: There is limited availability for spaces in each meeting. Invitation to one meeting does not guarantee a place at future meetings)