

August 2019 AHPD Newsletter

Age, Health and Professional Drivers' Network

Dear AHPD Member,

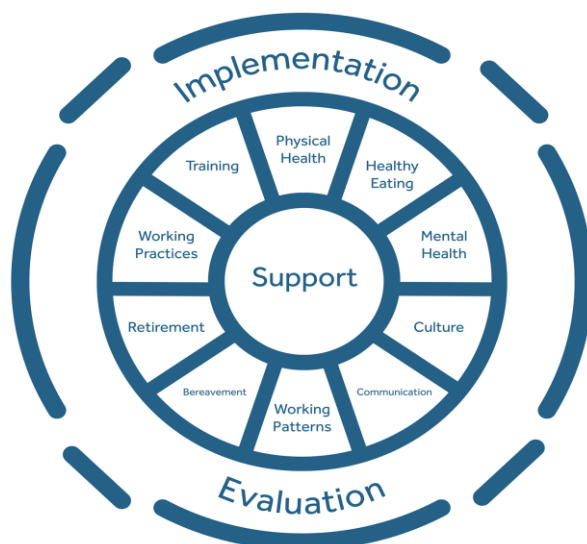
We are really pleased with the interest shown towards the publication of our 'Health and Wellbeing of Older Professional Drivers: Best Practice Guidelines'. Thank you for the many indications of support shown for the continuation of the AHPD Network and our research project.

Our next step for the AHPD Network is to apply for funding to continue to promote and highlight the importance of the health and wellbeing of professional drivers. We aim to identify health risks and develop novel ways to deal with existing risk. During the summer we are developing support material ready to help you to promote health and wellbeing messages in early autumn. In the meantime, we're very happy to hear from you if you can share any related resources or information.

In case you haven't had chance yet to download the guidelines through the AHPD website, here is the link:

www.ambs.ac.uk/ahpdn

The guidelines focus on **ten areas of health and wellbeing** that the research identified as significant for older workers (shown in the 'Wheel of Wellbeing' below) and provides detail and links to relevant external resources.



Thank you very much for your support,

Sheena and Lynn

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