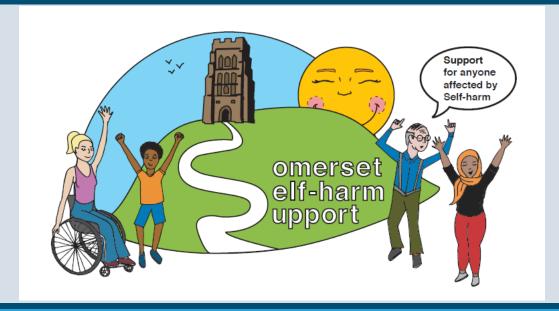
## Digital resources



## Why are we taking action?



Improve the digital offer for people who self-harm

Give people hope through videos, poems, art





Increase awareness of support and advice



Encourage engagement with online resource in the community

## What are we planning to do?







Self-harm resources



Stories o hope



## How will we measure impact?







Stories of hope video views



User feedback



QR clicks



Posters distributed