



MCR Strollers

Weekly update – 17 May 2021

New walking app

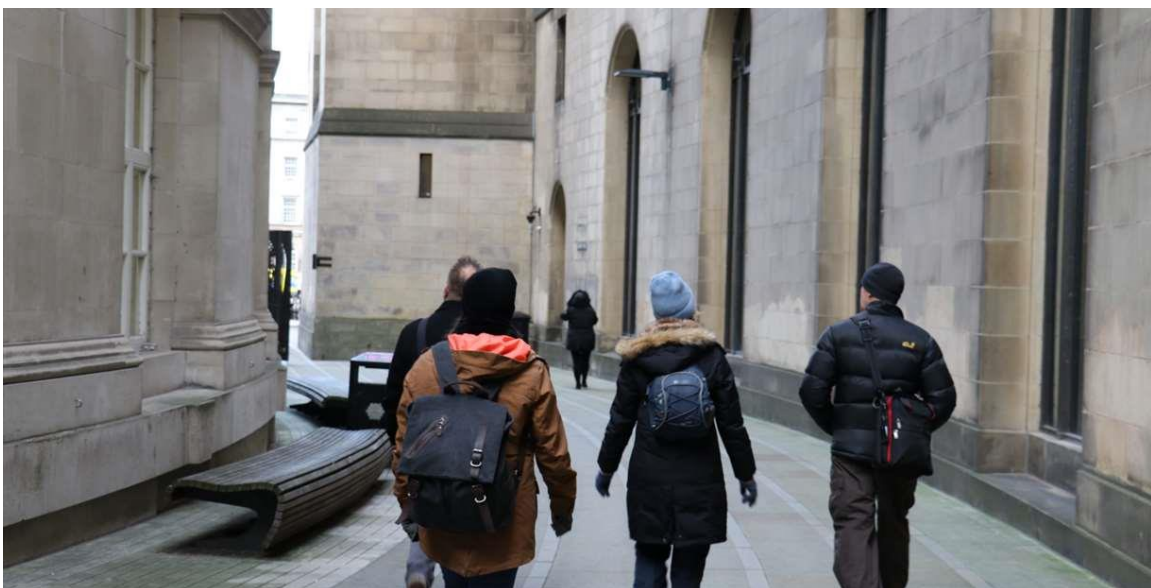
The MCR Strollers were contacted by Joaquin Contreras, who graduated from the Uni of Manchester last year.

“I thought I could reach out to let you know about my start-up. I just created an app about doing Virtual Free Walking Tours around cities and attractions, and the first tour is in Manchester's city centre. My idea is to create a community where guides can upload virtual tours (pinpointed map, videos, audios, pics, info, etc.) around the world so people can download them and use them whenever/wherever they want and, using the same philosophy of physical Free Walking Tours, they leave a tip at the end of the tour if they enjoyed the experience.

I was wondering if you could try the app and maybe help me spread the word, I would really appreciate it. Any feedback/help is more than welcome.”

You can download and read more information about the app here www.pandemictoursapp.com

Can you help Joaquin with his app!



GM Walking Festival – May

As part of our Let's Walk Manchester programme and to celebrate the Greater Manchester Walking Festival, the [Canal and River Trust](#) are running a series of wellbeing in nature walks along the Rochdale Canal throughout May 2021. Each walk will be an opportunity to get active on the canal in your area and try new ways to connect to nature and boost your wellbeing. You can sign up to the programme through the [online form](#).



Go Jauntly App

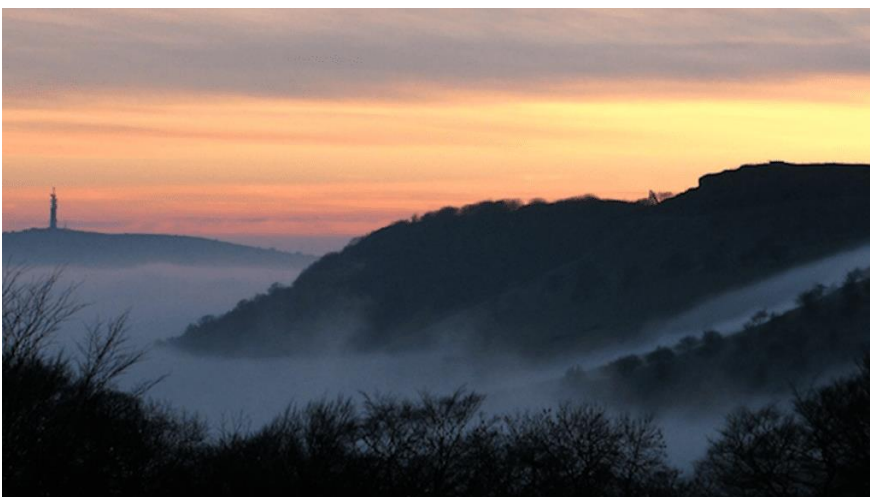
New Greater Manchester walking routes are available for **FREE on the [Go Jauntly walking app](#)** and can be even downloaded in advance so that they are available in offline mode (saving your mobile data costs). Many are step-free and so will appeal to wheelchair users and to families with pushchairs.

Daily Mile Toolkit

[The GM Daily Mile Toolkit](#) is a range of resources to help encourage people to take more daily short walks more in their community or workplace

Walks near Manchester

Discover the - [Best Spring Walks Less Than One Hour From Manchester](#). These include Marsden Moor, Tegg's Nose, Macclesfield Forest, South Pennine Water Trail, Whaley Bridge and Dovestone Reservoir.



Gardens – RHS Harlow Carr

One of our walk leaders, recently visited [Harlow Carr Gardens](#) near Harrogate. As well as the stunning gardens they have a Betty's Shop and Betty's Tea room (currently outdoors).



If you would like to share a photo to the Strollers Update or the Staff Benefits Update just email mcrstrollers@manchester.ac.uk. The images just need to be landscape orientation and be a jpg or png file.

..... and finally uplifting videos to keep you smiling

The focus this week is on Robert E Fuller's You Tube videos from Yorkshire.

- [Tawny Owls, Little Owls, Kestrels, Barn Owls & More](#) | Live From Ash Wood, Yorkshire, UK
- [Little Owl Secret World](#) | See Inside their Courtship & Early Nesting
- [Kestrel chicks \(5 and 6\) open](#)
- [Wild Badgers Accept Artist Into Clan](#) | Hand Feeding Badgers

- [Tiny Piglet Jumps Off A Truck And Saves Her Own Life](#) – very cute!
- [Rescue Squirrel Eats His Brother's Homework](#)

Have a good week!

