



MCR *Strollers*

Weekly update – 19 February 2021

The BBC has been reporting today that Keswick's [Max the Miracle Dog gets the PDSA Order of Merit](#)! The dog's owner Kerry Irving said Max saved his life and helps many others. Videos of Max the Miracle Dog's daily walks in the Lake District are watched by thousands of people. The PDSA, which nicknamed the honour the "animal OBE", said the "positive and life-altering impact Max has on the wellbeing of hundreds of thousands of people worldwide is unprecedented".

You can follow handsome Max and his walks on [Facebook](#)!



Discovering local walking routes

Explore your local area or somewhere new in Greater Manchester on the [GM Walking website](#) or you can visit some of these local walking spots (subject to your home location)!

Post lockdown walking inspiration

We are all counting down until it is safe again to get outdoors and go further afield.

The Lakes are rightfully popular all year round. Here is some inspiration for [walks around Keswick!](#)

We think it will be a shock remembering to pack everything in a rucksack for a day out. Don't forget those fells can be a lot colder and windier than you think!



If you are walking with someone who may be disabled or less active this is an online guide to [Accessible Britain](#).

Gardens

The University of Manchester [mapped all of Greater Manchester's green space](#) including parks, trees, playing fields and private gardens that shows that 50% of urban Greater Manchester is actually green space, including parks, trees, playing fields and private gardens.



Dunham Massey's [Winter Garden](#) is the largest of its kind in the UK. Designed with the help of plantsman Roy Lancaster OBE, the garden is home to over 1600 winter shrubs, trees and evergreens chosen for their scent, colour and texture.



Travel

Where would you like to go on holiday in Europe as soon as it is safe to travel? Discover the top [European Best Destinations 2021](#). The top 10 this year are:

1. Braga, Portugal

- <https://www.theguardian.com/travel/2014/may/10/braga-portugal-city-break>
- <https://www.tripsavvy.com/the-top-things-to-do-in-braga-portugal-4154312>



2. Rome, Italy
3. Cavtat, Croatia
4. Florence, Italy

5. [Sibiu, Romania](#)



6. Paris, France
7. Kefalonia Island, Greece
8. [Kotor, Montenegro](#)
9. Soca Valley, Slovenia
10. Canary Islands, Spain

UNESCO World Heritage sites

The UK has 32 UNESCO World Heritage Sites including our own [Lovell Telescope](#) at Jodrell Bank and the ever popular [Stonehenge](#).



They are still uncovering the secrets of Stonehenge and on the BBC iplayer you can watch [Stonehenge: The Lost Circle Revealed](#) with Prof Alice Roberts. This follows a decade-long historical quest to reveal a hidden secret of the famous bluestones of Stonehenge.



The giant [Lovell Telescope](#) at Jodrell Bank has been a familiar feature of the Cheshire landscape and an internationally renowned landmark in the world of astronomy.

Virtual walks

This week you can explore [Singapore's Botanic Gardens](#) or The [Royal Palace of Caserta](#), the former royal residence for the Bourbon kings of Naples (music is a bit annoying!). Both are UNESCO World Heritage Sites.



For families

- ♥ [City of Trees](#) is launching a series of monthly webinars for both families and adults for 2021, with the aim of keeping people connected to nature safely during the pandemic.
- ♥ [World Heritage sites for kids](#)
- ♥ [13 cute, crazy and downright weird animals you've probably never heard of](#) – check out the Pink Fairy Armadillo and the Streaked Tenrec!

Pangolins

It's World Pangolin Day on 20th February. Though many think of them as reptiles, pangolins are actually mammals. They are the only mammals wholly-covered in scales and they use those scales to protect themselves from predators in the wild. If under threat, a pangolin will immediately curl into a tight ball and will use their sharp-scaled tails to defend themselves. Learn more about [gorgeous Pangolins](#) – the world's most trafficked animal.



Mental health

Along with the University's [wellbeing support](#) the BBC has a [great mental health site](#). There are some great tips and inspiring stories.



..... and finally uplifting videos to keep you smiling

- [Breakfast with Chester Zoo's Sun Bears](#)
- [Lunch with Chester Zoo's Lemurs](#)
- [Kansas City Zoo penguin cams](#)
- [Saving baby Manatees](#)
- [Rehab of baby rhinos](#)
- [Blind mama Bison cares for other rescues](#)
- [Rare Ili Pikas](#)
- [Baby animals in the wild](#)
- [Pangolin rehab](#)
- [The great Philippine Eagle](#)
- [Amazing trees of the world](#)

Have a happy weekend!

