

# Patient/public involvement in a feasibility Study of Prisms and Therapy in Attention Loss after stroke (SPATIAL feasibility). Why, What, and How?





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The study of Prisms and Therapy In Attention Lost after stroke (SPATIAL) is a **feasibility study** about **spatial inattention**, a cognitive problem that affects **awareness** of **one side of the body** and **surrounding environment**. The **eyes work** but the person **does not see**. It is the **brain** that is **not sending the messages**. SPATIAL is a **collaboration** with researchers in Manchester and Bristol and at Salford Royal Hospital. **Central** to the study is the **strong patient**, **carer and public involvement (PCPI)** which began 7 years before the first patient was recruited to the study.

#### WHY have PCPI in SPATIAL?

To harness the **expertise** of people with **lived experience of stroke** and **to ensure patient voice** is **actively heard** throughout the study.

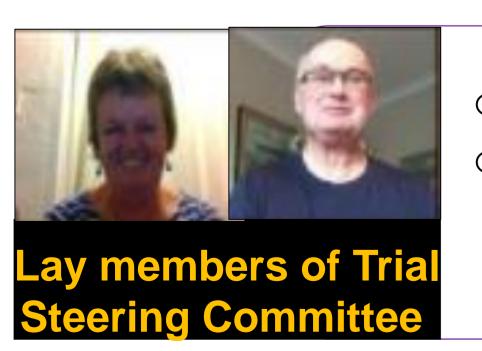
### **HOW** were patient, carers and public involved in SPATIAL?



- Study co-applicant
- Chair of PCPI group
- Member of trial management group



- Stroke survivors
- Experience of inattention
- Experience of rehabilitation



- Stroke survivors
- Experience of involvement in stroke research

# How was involvement supported?

- Accessible documentation
- Accessible environment
- Pre-meeting
  contact face to
  face or by phone
  to discuss issues
- Access to research team as required
- Payment of expenses and time
- Research team
   attended
   meetings at
   groups request

#### WHAT was PCPI in SPATIAL?

- Worked with the research team to develop study proposal
- Ensured patient-facing documentation was accessible
- Attended ethics committee and considered ethical issues
- Reviewed **equipment** and **materials**
- Ratified changes to criteria
- Developed training video and materials
- Reviewed anonymised participant feedback
- Met with site teams to explore differences between sites
- Presented at local and national conferences
- Reviewed and ratified results and future plans
- Co-designed easy access summary report
- Provided oversight of study conduct

#### Impact on Patient Advisors

Patient advisors reported that involvement built confidence and gave them a feeling of worth.

"You feel quite useless when you've had a stroke and lose the ability to do the things that make you feel like you. So this is an opportunity to help somebody else and help you feel like you again."

## Impact on Research Team

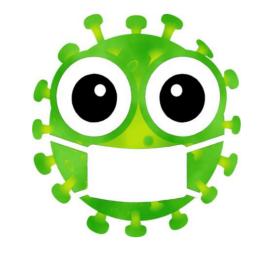
Members of the research team felt more **confident approaching patients** with the knowledge that the PCPI group have reviewed all aspects of the study.

"This group kept us going to the end, validating our aims and our efforts."

"The feedback...was extremely useful and certainly made me feel better about going onto a ward and asking patients to participate..."

#### Covid-19 Implications

Processes and strategies to maximize PCPI contribution needed to be refined.



The research team enabled strategies to keep valuable input from group members who could not usually access the technology to do this.

# Impact on Research Community

SPATIAL demonstrates the mutual benefits of involving stroke survivors to support research.

Learning from PCPI is being fed back into teaching of future researchers.

"As a result [of PCPI feedback), we decided to use the alternative term 'spatial inattention' ... We are also trying to change the vocabulary used in practice to this effect. I have taken this message to other stroke projects and to teaching."











