

# Subject Spotlight Lesson Plan

<b>Title of Session</b>	<b>Subject Spotlight: Medicine – How to Save a Life</b>		
<b>Description:</b>	In this workshop students will learn about the first aid training provided to medical students to give them a taster of what it is like to study medicine. Students will find out about how medical students are taught to deal with unexpected situations. For example, how to respond to an unresponsive patient and how to deal with someone choking. The session is interactive and requires group work (although this can be completed individually if not possible to work in a group). Please note that this workshop is a higher education subject taster session into medicine and is not formal first aid training.		
<b>Duration of session:</b>	~45 mins	<b>Target Audience:</b>	Y9/10/11
<b>Link to pre-recorded video:</b>			
<b>Regional Progression Framework - Learning Outcomes:</b>			
LO1 - Awareness of HE and the different opportunities available. Be able to challenge any myths relating to HE.			
LO2 - Identify the link between GCSE attainment and progression opportunities and how these can support life or career goals			
LO5 - Learner knows how to research different routes into HE and how to make an application			
<b>Gatsby Benchmarks:</b>			
7. Encounters with Further and Higher Education - All students should understand the full range of learning opportunities that are available to them. This includes both academic and vocational routes and learning in schools, colleges, universities and in the workplace.			

**Please note: This workshop focuses on a sensitive topic and may be upsetting for any learners who have experienced an acutely stressful event recently (death in the family etc.). This workshop is just a taster session into medicine and is NOT formal training.**

Timings:	Activity/Task/Information:	Instructions for teacher:	Resources needed:
0:00 – 8:04	<p>Intro:</p> <ul style="list-style-type: none"> <li>• Who am I?</li> <li>• My journey through HE</li> <li>• Future Aspirations</li> </ul> <p>What will be covered:</p> <ul style="list-style-type: none"> <li>• How to respond to an unconscious person in the street?</li> <li>• How to respond to someone choking?</li> </ul>	Play video	
8:04-9:16	<p>Scenario 1:</p> <ul style="list-style-type: none"> <li>• You are a newly qualified doctor on your way to your GP clinic. You notice a middle aged man collapse near a busy road. What do you do?</li> </ul>	Pause video at 9:16 for students to take 2 mins to discuss what they would do.	Scenario is also on worksheet.
9:16-25:59	<p>Scenario 1 discussion:</p> <ul style="list-style-type: none"> <li>• Go through what DRS ABC stands for.</li> <li>• Video showing the Primary Response</li> </ul>	Pause video at 25:59 for students to write down what each letter in DRSABCD stands for	Students can fill in answers on worksheet.
25:59 – 27:54	<p>Scenario 2:</p> <ul style="list-style-type: none"> <li>• You are a newly qualified doctor on holiday in Italy. You notice the person opposite you start to choke. What do you do?</li> </ul>	Pause video at 27:54 for students to take 2 mins to discuss what they would do.	Scenario also on worksheet.
27:54 – 33:35	<p>Scenario 2 discussion:</p> <ul style="list-style-type: none"> <li>• What to do when someone chokes</li> <li>• Video showing choking response</li> </ul> <p>Quiz:</p>	Pause video at 33:35 for students to discuss Quiz questions.	Quiz also on worksheet. All answers provided in video and on answer sheet.

	<ol style="list-style-type: none"> <li>1. What is the first thing you would tell someone choking that can speak, cry, cough or breathe to do to clear the blockage?</li> <li>2. What are the signs of a blocked airway?</li> </ol>		
33:35 - end	<ul style="list-style-type: none"> <li>• Road to becoming a doctor</li> <li>• Valuable skills for Medicine</li> <li>• Popular healthcare roles</li> <li>• Summary</li> </ul>	Play video	

<b>Overview of all resources:</b>	
Video of session	
Worksheet/Information sheet	Sent via email with this lesson plan
Answer sheet	Sent via email with this lesson plan
Extra resources to be shared with learners - online	<p>How to do the Primary Survey:  <a href="https://www.youtube.com/watch?v=ea1RJUOiNfQ">https://www.youtube.com/watch?v=ea1RJUOiNfQ</a></p> <p>What to do if someone is choking:  <a href="https://www.youtube.com/watch?v=PA9hpOnvtCk">https://www.youtube.com/watch?v=PA9hpOnvtCk</a></p> <p>First Aid posters:  <a href="https://www.sja.org.uk/get-advice/free-first-aid-posters/">https://www.sja.org.uk/get-advice/free-first-aid-posters/</a></p> <p>Student volunteering opportunities:  <a href="https://www.sja.org.uk/get-involved/volunteer-opportunities/student-volunteering/">https://www.sja.org.uk/get-involved/volunteer-opportunities/student-volunteering/</a></p> <p>Info about applying to Medicine:  <a href="https://www.medschools.ac.uk/studying-medicine">https://www.medschools.ac.uk/studying-medicine</a></p> <p>Info about NHS careers:  <a href="https://www.healthcareers.nhs.uk/">https://www.healthcareers.nhs.uk/</a></p>