

## How to Save a Life – answer sheet

Questions and answers (red + provided in video)

**Scenario 1: You are a newly qualified doctor on your way to your GP clinic this morning.**

**You notice a middle aged man collapse near a busy road. What do you do?**

a) Run straight towards the collapsed man and see if he responds?

**b) Check to see if there is any danger nearby?**

**\*Always assess the situation to check you are not putting yourself/others in danger\***

c) Go to your GP clinic as you have to start work?

**You have 3 minutes as a group to write down what each letter stands for in DRS ABC:**

- **Danger**
- **Response**
- **Shout for help**
- **Airways**
- **Breathing**
- **Call for help + CPR**
- **Defibrillation**

**Scenario 2: You are a newly qualified doctor on holiday in Italy. You notice the person in the table opposite you start to choke. What do you do?**

**a) Get the person choking to cough?**

b) Ask the person choking to speak?

c) Slap the person choking on their back?

d) Continue eating your pizza.

### QUIZ

1. **What is the first thing you would tell someone choking that can speak, cry, cough or breathe to do to clear the blockage? *Encourage to cough.***
2. **What are the signs of a blocked airway? *Agitation, confusion, blueish, unconscious, confusion.***

### SUMMARY

- **In today's workshop we have undertaken the following:**
  - Explored medicine and pathways into medicine.
  - Completed a taster session on how to handle an unconscious/unresponsive patient with DRS-ABCD.
  - We have also covered how to deal with a person choking .
  - Reminder: this is a taster session and not to be used for training purposes.