SELF-HARM IN CHILDREN AND ADOLESCENTS: KEY FIGURES FROM MANCHESTER (2003-2015)

To find out more visit: www.manchester.ac.uk/mash Follow us on twitter @mashproject

CHARACTERISTICS AND RATES
HOSPITAL PRESENTATIONS FOR SELF-HARM

<table>
<thead>
<tr>
<th>AGED 6-12 YEARS</th>
<th>AGED 13-15 YEARS</th>
<th>AGED 16-18 YEARS</th>
</tr>
</thead>
<tbody>
<tr>
<td>3%</td>
<td>30%</td>
<td>67%</td>
</tr>
</tbody>
</table>

METHODS OF SELF-HARM

- Overdose by drugs (69%)
- Cutting/stabbing (19%)
- Other methods (10%)
- Other self-poisoning (1%)

PLACE & TIME

- 75% OF SELF-HARM TOOK PLACE AT HOME
- 29% OF EPISODES INVOLVED ALCOHOL
- 17% CURRENTLY MISUSING DRUGS
- 50% OF PRESENTATIONS TO A&E OCCURRED BETWEEN 5PM & 1AM

GIRLS & BOYS AGED 16-18 HAD THE HIGHEST RATES OF SELF-HARM

- 75% GIRLS
- 25% BOYS

2015 rates

- 115 per 100,000 boys
- 527 per 100,000 girls

115
527

75% & 25%