

# HCRI Twelve Days of Giving: Week 1

- **Tues 1st Dec:** World AIDS Day - Show support by attending [The Terrence Higgin's Trust event](#) around the stigma of AIDS, where our current PhD student Nicola will be speaking.
  - **Wed 2nd Dec:** Sign up for HCRI's team of the '[Huckathon](#)', a UoM wide initiative to map Uganda's conflict zones, taking place on the 10th Dec.
  - **Thu 3rd Dec:** UN's International Day of Persons with Disabilities: wear purple to show support, and keep an eye on our social media for relevant articles and events.
  - **Fri 4th Dec:** Sign up for an exclusive short-term volunteering opportunity (starting Jan 2021) with India's Kaputhli Colony in Delhi, creating an online festival of the arts. More info to follow.
  - **Sat 5th Dec:** National Tree week: Check out the Tree Council's [Music in Nature event](#), be inspired by their leaf art... or get some fresh air and count how many Xmas trees you can spot on your walk.
  - **Sun 6th Dec:** Give some time to yourself! Do what makes you happy: exercise, bake, facetime friends/family, or stay on the couch all day in your pjs.
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