## Nightline

A confidential, anonymous and nonjudgemental listening service.

We are run by students, for students.

Email:

Nightmail@manchester.nightline.ac.uk

For Phone and IM (currently closed)
Find our number on the back of your
student card or reach our IM through
https://manchester.nightline.ac.uk/

Our email service is a great place to have a rant or process some thoughts/feelings you may have.

Nightmail is available 24/7. Any time, anywhere.

If you are interested in volunteering with us, head to the 'Volunteer' section of our website Our 8pm - 8am phone and IM services will be re-opening soon.