

How to:

Access the Counselling Service



1

For immediate help in a crisis,
check the Counselling Services page on '[Help in a crisis](#)'

2

Click the links to access: [Online and interactive resources](#), [workshop bookings](#),

3

To register for access to the counselling appointments, if this is the first time you are accessing support, you must first complete this [online form](#)

4

The online form will ask you questions about the difficulties you are currently experiencing and will ensure you are given the appropriate and most relevant support

Still have questions?

Email: counselling.service@manchester.ac.uk

Call: 0161 275 2864