SCHOOL OF
ARTS, LANGUAGES
AND CULTURES



2026 WELCOME GUIDE

WELCOME
TO THE SCHOOL OF ARTS, LANGUAGES AND CULTURES

HCRI UNDERGRADUATE GUIDE

WELCOME FROM THE HEAD OF THE SCHOOL OF ARTS, LANGUAGES AND CULTURES

Welcome to the School of Arts, Languages and Cultures (SALC) at the University of Manchester! You are now part of a School that brings together world-leading research and outstanding teaching in a dedicated and diverse staff team. The Arts are an essential part of the University's mission and at the forefront of its international reputation. Attracting the best talent, the School aims to provide our students with a learning experience of the highest quality, taught and guided by inspiring academics using state-of-the-art resources, making our graduates highly sought after by employers.

Social responsibility and public engagement is embedded in everything we do in the School. We seek to create and develop knowledge that makes a difference both to those researching and studying in the University and in the wider world. Our course offering in the fields of arts, languages, and cultures is amongst the broadest and most diverse of any UK university, and we are committed to inter- and multi-disciplinarity at all levels of study and research. All students have the chance to take course units from across the School, and I would urge you to make the most of this exciting breadth of opportunity during your time with us.

Our research, recently recognised as world-leading in the UK's "Research Excellence Framework (REF)", is underpinned by the recently established *Creative Manchester* platform, which brings together staff and projects from across the university, and by two major research institutes: the John Rylands Research Institute and Library (JRRIL), which makes use of the rich resources of the historic John Rylands Library on Deansgate; and the Humanitarian and Conflict Response Institute (HCRI), focusing on humanitarianism, conflict responses, global health, international disaster management and peacebuilding.

This is in addition to several other centres including the Centre for Jewish Studies, the Centre for New Writing and the Institute for Cultural Practices (ICP), all of them combining rigorous research with a strong focus on external engagement, working with partners in the health, policy, heritage, cultural and business sectors.

The School is home to over 5,500 undergraduates and postgraduates, and it employs over 350 academic staff, 40 postdoctoral research fellows, research associates and research assistants, as well as a large cohort of teaching assistants, all supported by a large team of professional support services staff. Teaching and research in the School are supported by rich resources within the University, for example the collections of the University of Manchester Library (including the world-famous John Rylands Library in the city centre), the Ahmed Iqball Ullah Race Relations Resource Centre, the Manchester Museum and the Whitworth Art Gallery, as well as in other distinguished Manchester archives and museums. The School also operates its own cultural assets such as The Martin Harris Centre for Music and Drama, and partners with the Confucius Institute. Outside the University, we have excellent links with a range of cultural partners such as HOME, The Royal Exchange, Contact and Library theatres, the Hallé Orchestra, the Instituto Cervantes, the Alliance Française, and the Società Dante Alighieri.

This guide has been written for you in conjunction with current students to help you navigate through your first year and beyond. I hope you find it useful, and once more, welcome to Manchester!

Professor Maggie Gale
Head of School

WELCOME TO THE HUMANITARIAN AND CONFLICT RESPONSE INSTITUTE (HCRI)

Dear Student,

I am writing to congratulate you on your recent examination success (or, if you are making a deferred application, your earlier examination success!). We are very much looking forward to you joining our degree in International Disaster Management and Humanitarian Response or the intercalated Bachelor in Global Health. It is a pleasure to be welcoming you to one of the leading universities in one of Europe's most exciting cities. We are also excited by the prospect of the work that you will produce here with us, exploring humanitarian, global health, disaster relief and peacebuilding approaches to global crises.

Over the next few weeks, we will be posting information on our Welcome Week website; this will include your Welcome Week timetable. Welcome Week is an important part of your induction to the University of Manchester and HCRI, and therefore we expect and encourage your attendance at all sessions. Please plan to arrive on campus for the start of Welcome Week (Monday 21 September). We will also send you information via email, so please regularly check your university email account once set up.
You can find our Welcome Week website at: www.welcome.manchester.ac.uk If you are an International Disaster Management & Humanitarian Response student, your Programme Director is Dr Luke Kelly. If you are a Global Health student, your Programme Director is Professor Darren Walter. You will meet Luke or Darren at your first Welcome meeting during Welcome Week. Once again, congratulations and we hope you will get a well-deserved rest before starting University. We look forward very much to meeting you in September.

Prof Nicolas Lemay-Hébert Head of Humanitarian and Conflict Response Institute

STUDENT SUPPORT HUB

Your Student Support Hub is the place for advice, support, and guidance. We can help you with queries from registration to graduation and everything in between.

You can come and visit us or alternatively, call or email us using our contact details below.

If you would like to discuss something of a more personal or sensitive nature, our Student Support and Wellbeing team are also based at the Hub and can hold a private, 1-2-1 meeting with you in our Wellbeing Room. They can also refer you to the Counselling and/or Disability Advisory Service for more specialist support.

Answers to many frequently asked questions can be found in the SALC Student Community site (which is also where you'll find your student handbook). You will have access to the site as soon as you have set up your IT account.

- Activate your IT account
- Access the SALC Student Community site
- Access your Student Handbook

Location: Lower Ground floor, Samuel Alexander Building (next to the Lime Café). We are number 67 on the Campus Map (which can be found on the University of Manchester webpage) or please see our virtual tour video for directions.

Opening hours: 9am – 5pm, Monday – Friday (10am - 4pm outside of term time)
Telephone: +44 161 529 3348
Email: salc.hub@manchester.ac.uk
Follow: Facebook | Instagram | SALC Students Blog

For more information about the student support services available as a University of Manchester student, visit our Student Support site.



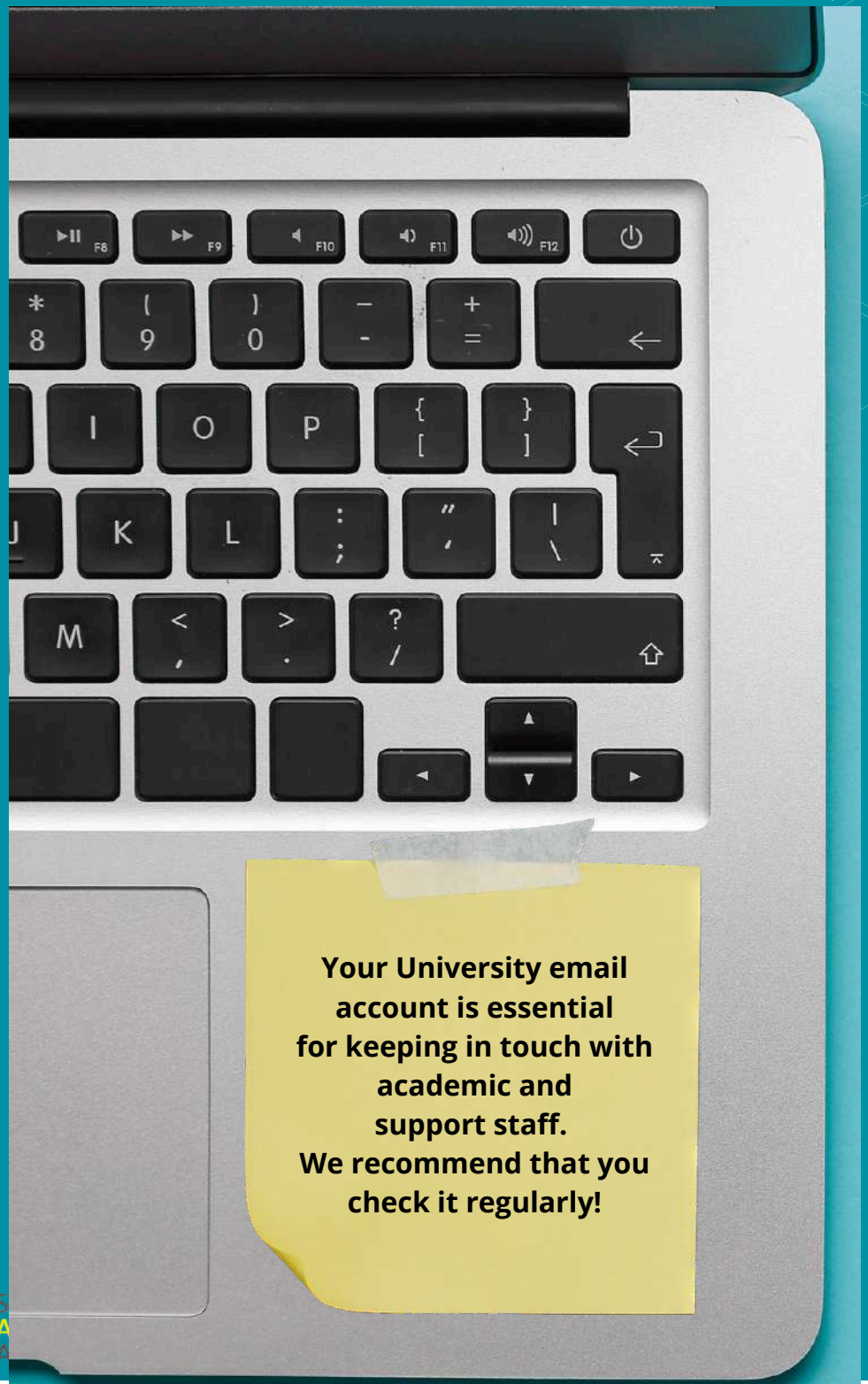
YOUR STUDENT COMMUNITY SITE

The SALC Student Community Site is your one-stop hub for information, guidance and support throughout your time at university. You'll find everything you need in one place. Key information includes your Student Handbook, course unit selection guidance, programme structures, assessment information, important policies and procedures, staff contacts, and details of the support available to you. The site also highlights opportunities to enhance your university experience, from placements and study abroad to volunteering, leadership and personal development activities.

It's also where you'll find the latest news, events, opportunities and important updates from across the School. Check in regularly so you don't miss out on anything that could enhance your student experience.

We recommend bookmarking the site as soon as your IT account is activated and making it one of your first stops whenever you have a question about your studies or student life.





SET UP YOUR IT ACCOUNT

You will receive your unique University of Manchester ID in communications sent by your Admissions team, along with instructions for activating your IT account. This is your gateway to university resources so make sure to activate your account as soon as possible.

Once you've signed up for your IT account, you'll be given your username, which you'll need to:

- complete any outstanding admissions processes;
- register as a student;
- open a library account;
- access software, email and the internet from any network computer;
- access 'Canvas', your virtual learning environment;
- access 'My Manchester'.

Activate your IT account

My Manchester is the self-service system that brings all of your online university services together in one place. From My Manchester you can access your email, library account, timetable and grades.

Visit My Manchester

For further guidance, visit the Welcome site.

REGISTRATION

Registering at Manchester is an online process that requires you to confirm your personal details, check course information, and pay (or make arrangements to pay) your tuition fees.

What do I need?

- An email from the University inviting you to register.
- Your IT account username and password (the one you set up when you activated your IT account).
- Personal details and contact details.
- Your term time address. This is the address where you'll be studying from in the first term – you may need to confirm where you're living before you complete this. For some of you this address will be your student accommodation address. If you're studying online then it will be your home address.
- Your course details.

How do I do it?

- Log in to MyManchester with your new IT account details.
- Go to the 'Registration' tile and follow the on-screen instructions.
- You have ten steps to complete. At the end of each step, a green 'completed' tick will appear. To go back to a previous step, simply click on the step you want to return to (do not use the back button on your browser).



You'll need to fill in all ten steps to complete your registration by 30th September.

Once you've completed your registration, you'll receive an email inviting you to collect your student card.

For full guidance on the registration process, please visit the Welcome site.

SELECTING YOUR COURSE UNITS

You will need to make your course selections **by 12pm on Thursday 24th September**, to ensure your timetable is ready for teaching to commence on Monday 28th September. You can make your selections from Monday 14th September.

First, you should find your programme structure on the Student Intranet to check your mandatory units, and research any options available to you. You can make your selections using the student self-service system through the My Manchester self-service system.

Remember:

·You will be automatically enrolled onto your core/mandatory units, so check whether you have optional or free choice units to choose using your programme structure.

·Research your optional and free choice units using the Course Unit Database.

·Watch the guidance video and instructions before you attempt to self-select units in the system. We also have additional School guidance on our School Intranet.

Don't forget we are here to help you so if you're struggling, so please get in touch with us at salc.courseunits@manchester.ac.uk or come and see us in person at the Student Support Hub where we will be running course unit selection drop-ins until Friday 9 October.



ACADEMIC ADVISORS

Academic Advisors are members of the academic staff associated with your degree programme.

Their role is to provide support and advice to you throughout your time at university. At the start of the semester, you will have receive an email confirming the name and contact details of your Academic Advisor.

If you're unsure who your Academic Advisor is, you can also check this via MyManchester.
Just head to 'Student Services', then to the 'Student Centre' and you will see 'Program Advisor' on the bottom right of your screen.

Why is it important to reach out to advisors and how they can help?

Personal Wellbeing
University life presents different challenges. Advisors act as a voice of calm, and will be able to suggest different methods to help you cope with any stresses or pressures you may face.

Academic Progress
Advisors will suggest different methods to help you keep on top of your academic work, and can help you to develop based on your marks and feedback. If events beyond your control affect your ability to study, they can explain the 'mitigating circumstances' process to you.

Career/Future Plans
Having direct communication with an experienced member of staff is a valuable resource. Advisors can help direct you to development opportunities and careers advice after discussing your aims and ambitions. They can also write references for you.

How can they help?
Your advisor will be introduced to you during your first week. They will be happy for you to contact them about anything. If there is an issue that does not fall within their expertise, they can assist you in finding a solution. You might be surprised at the range of sources of support available to you.

CANVAS & SEAtS

Canvas

Canvas is the University of Manchester's central learning environment. Throughout your time studying at The University of Manchester, you will use Canvas to navigate your course, access course materials, lecture recordings, submit assignments, and more.

The Canvas Student app lets you access course units and groups on your mobile device. You can submit assignments, join discussions, view grades, access materials, check calendars, manage To Do items, get notifications, and read Inbox messages.

Canvas Guides

The Canvas Student Guide has over 200 articles that each answer a question that relates to using the Canvas interface as a student. Each article also includes Next and Previous links so you can easily navigate to related content.

You can also watch these videos for students.

Canvas Support

If you need further help with Canvas, you can raise a support ticket with the Central Digital Learning team via Connect.

Access Canvas

Helpful Canvas tip!

When choosing your organisation, you must select 'The University of Manchester' (the other 'Manchester University' is an institution in the US.) 'Student Getting Started Resources' contain guidance on logging in to the Canvas Student App.

SEAtS

The SEAtS system allows both students and staff to log attendance at scheduled on-campus teaching sessions and activities (such as lectures, tutorials, labs and seminars).

SEAtS actively supports your engagement and wellbeing, allowing us to offer you further support should you need it. We know that a 'dip' in attendance can be a sign that you may be experiencing problems. Knowing this can help us to help you with any areas you may be finding hard – whether that's timetable clashes or feeling overwhelmed with work or personal situations that make attendance difficult.

Learn more about how to use SEAtS via our Student Support website.





UNIVERSITY CAMPUS

The University is located on the south side of Manchester city centre and comprises two main areas:

- The Oxford Road area – formerly The Victoria University of Manchester campus
- The Sackville Street area – formerly the UMIST campus

Interactive campus maps

You can find your way around our campus using our interactive maps.

- Campus map
- Nancy Rothwell Building

There are regular shuttle buses to pick up and drop off students at various points around the campus. These are also highlighted on the campus map.

Your safety and security on our campus is always our first priority. If you need to contact our Security team, you can call at any time of day or night on **(0)161 306 9966, or download the SafeZone app.**

Accommodation and city maps

- Accommodation map – a map of University-owned accommodation (PDF, 270KB)
- City map – the location of the University in Manchester (PDF, 5.4MB)

You can also experience a self guided tour around campus. Just search “Visit UoM” on either Apple App Store, or Google Play, to find out more.

Accessibility

Our campus map shows the wheelchair-accessible route around the University. Please note that the published route does not cover all areas of the campus due to ongoing/planned construction works. The route is likely to be modified as and when areas of the campus are redeveloped.

There is also an accessibility map for the University on the AccessAble website. It includes access guides for each building.

STUDENT LIFE

Whether you've always lived in Manchester, or you're a brand new resident, there is always something new and exciting to experience in such a diverse and exciting city! The School of Arts, Languages & Cultures is situated in the heart of Manchester, and is just a short walk, bike or bus ride away from a brand new experience.

Want to explore what the city has to offer?
Follow the university's city guide to find out more about getting around the city, things to do and what opportunities are available to you beyond Manchester itself.

Learn from other students and check out our SALC Student Blog! We feature posts from SALC students on a number of subjects- from experiences on a year abroad, to tips and tricks on how to balance your studies with your job, or what it's like being a joint honours student, the list is endless! If you'd like to contribute to the SALC Student blog, you can get in touch with the Information, Advice and Guidance team, to find out more.

You could also join one of the hundreds of student societies available at the Student's Union- and if you don't find a club that fits you, you could try forming your own!

Stay up to date with student news and events
With a community of students from over 190 countries, there is always something to do across campus.

The Student News site is a great resource to find out about upcoming events, university news and helpful information across the academic year. We also have a very active SALC Student Instagram and SALC Community site so make sure to add these to your favourites so you find out about upcoming SALC student related news and events.

Religion, faith and culture
We have a diverse and multicultural community with a vibrant mix of beliefs, faiths and cultures. Not only are there Multifaith Prayer and Contemplation spaces across campus, but there are a number of faith and religion dedicated societies available to join.



LIBRARY

The University of Manchester Library is a fantastic resource for your studies, and one that you should aim to familiarise yourself with as soon as possible during your time at the University of Manchester. As well as books, journals, audiovisual resources, music scores and other hard copy texts, it provides access to an extensive collection of online materials too, including access to eBooks, databases and journal articles via Library Search. An invaluable starting point here is the Library's collection of subject guides which highlight relevant and academically recommended material in your discipline and are regularly updated with new acquisitions. They also offer links to our extensive study skills offer – so well worth bookmarking!

The Library has a number of physical locations which combine resources and study spaces. These include the Main Library and the study and learning centre known as the Alan Gilbert Learning Commons.

There are also a number of specialist or subject specific libraries across campus. You can find more information about these here, but in summary the specialist libraries relevant to SALC subjects include:

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- The Art and Archaeology Library in the Mansfield Cooper Building
- The University Centre for Academic English (UCAE) Library in the Samuel Alexander Building
- The John Rylands Library on Deansgate in the city centre
- The Ahmed Iqbal Ullah RACE (Race Archives and Cultural Engagement) Centre in Manchester Central Library - this is an open access library specialising in the study of race, migration, diversity and furthering social justice.

View Get started with the Library and visit the Library website for more information on how to make the most of the Library, our collections, study spaces, Library IT services, training and study skills, together with details of our locations and opening times.





MY LEARNING ESSENTIALS

My Learning Essentials is the Library's programme of skills support, including both online resources and face-to-face workshops, which will aid you in your personal and professional development.

My Learning Essentials workshops offer a relaxed group environment where you can try out new strategies for yourself while learning from and with peers. The online resources cover everything from referencing, to managing your procrastination, to writing a CV and you can access them through the Library website from wherever you are, whenever you need to!

What makes My Learning Essentials great?

- My Learning Essentials offers support to the whole student community, regardless of your subject and at all stages of undergraduate and postgraduate study.
- It's all about gaining new skills to help you through your studies as well as developing the abilities you already have!
- You choose to develop skills and interests which are relevant to you, at times and using the methods that suit you best.
- It's a great way to get the most out of your time at Manchester; helping you to make the best use of all of the specialist resources and support the University has to offer.
- Our partnerships with services across campus, such as The University of Manchester Mental Health Support Team and Disability Advisory and Support Service (DASS) connect you to the vital support that you need, when you need it.
- Dedicated careers sessions, combined with the opportunity to select the skills and competencies you would like to develop, means My Learning Essentials can help prepare you for the world after your degree!

Look out for MLE on your course

Some of you will have the opportunity to experience the MLE online resources and face-to-face sessions embedded as part of your degree course.
This is where we have partnered with your tutor, selecting materials that will provide you with the skills and tools you need to complete the course unit.

Find out more about My Learning Essentials.

PEER MENTORS & PASS

Peer Support is all about students helping each other out within their learning community. Our main goals are to make your experience as a student better and to help you become a leader in your learning community.

When you start as a first-year student, you'll be part of a Peer Assisted Study Session (PASS) or a Peer Mentoring group. These groups are led by higher-year students on the same course of study who have been through what you're going through. Before they start, all our student leaders go through training to make sure they're ready to support you. They also keep learning through skill-enhancing debriefs and workshops throughout the year.

So, what's in it for you? There are lots of **benefits to joining in with Peer Support:**

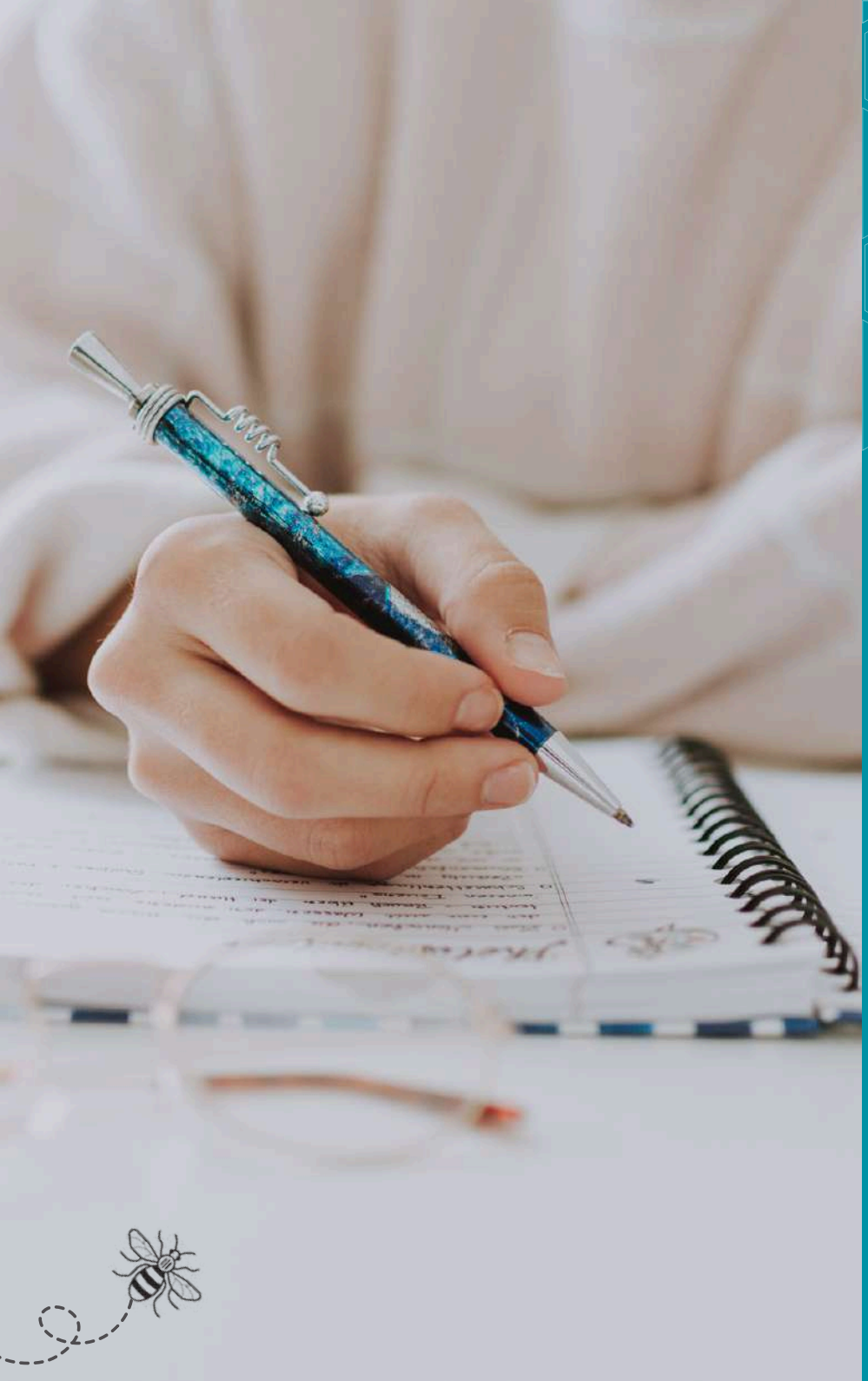
1. You get to ask questions to students who've been there before. They can give you tips and tricks to do well at university from their own experience.
2. It's a safe space to bring up your ideas, problems, and questions. Sometimes it's easier to talk to other students than to speak up in a lecture!
3. It's a chance to meet other people on your course and build relationships that can help you throughout your time at Manchester.

Peer Support's goals are simple but important:

- **Teamwork**: We want to encourage students to work together and support each other.
- **Better experience**: Our goal is to make your university experience the best it can be through Peer Support schemes.
- **Leadership**: We believe in empowering students like you to become leaders in your learning community through schemes like Peer Mentoring and PASS.

So, if you want to make the most out of your university experience, consider getting involved in Peer Support!





ACADEMIC SUCCESS PROGRAMME

Boost Your Academic English with the Academic Success Programme

The Academic Success Programme offers a range of free workshops and resources designed to help you build confidence and improve your Academic English skills. Whether you're writing essays, giving presentations, or participating in seminars, this programme can help support you.
W**orkshops include:**

Academic Writing
- How to structure and write assignments
- Expressing critical thinking in your writing
- Writing fundamentals and techniques for impact

Academic Speaking
- Communicating effectively in seminars
- Presenting with confidence
- Improving pronunciation and fluency

Academic Grammar
- Grammar essentials for academic writing
- Understanding and applying grammar rules

In addition, special workshops are available at key times in the year, including:

- Adjusting to Academic Life (from October)
- Writing Your Dissertation (from March)

Workshops are delivered **online and on campus** by experienced tutors who will guide you through the key features of academic English - helping you become a more independent and confident learner.

📍 **Find out more:** manchester.ac.uk/academicsuccessprogramme
📧 **Contact us:** academicsuccess@manchester.ac.uk

LANGUAGE EXPERIENCE FOR ALL PROGRAMME (LEAP)

LEAP, part of the School of Arts, Languages and Cultures, offers students the opportunity to study a language course alongside their degree. LEAP offers 13 languages at levels ranging from beginners, all the way up to advanced in some languages. Therefore, whether you are an absolute beginner or a holder of a GCSE or A-Level in a certain language, you will be able to find a language that suits you.

Students can study these courses for credit as part of their degree or choose to take them on a non-credited basis (for a fee). These language courses are also open to members of the public and University staff for a fee. Aside from the choices that LEAP offers, the wonderful thing about the programme is that at the end of your degree you may have also obtained a level in some languages amounting to a C1 (advanced) on the Common European Framework for Languages (CEFR).

Learning a new language provides access to diverse sources of knowledge, enhances professional opportunities and gives you better chances of employability. It enables you to create a unique blend of knowledge, experience and transferable skills to suit your needs. As languages facilitate cross-cultural communication and understanding, learning them will foster critical thinking, empathy and adaptability. Learning languages enriches lives, bridging gaps between diverse communities and fostering a more inclusive and cohesive world.

So, what are you waiting for? Enrich your experiences and LEAP into languages!
Taking a LEAP language course for credit is subject to academic approval, entry requirements, language level test, availability and timetabling constraints. Therefore, you need to check this with your School first.
To learn more about LEAP, visit the LEAP website.

Or you can visit the LEAP team during their Welcome Week drop in sessions!
These will be hosted every day during Welcome Week:
Monday 21st, Tuesday 22nd, Thursday 24th & Friday 25th- NLG.9
Wednesday 23 September- Lime Cafe



DIGITAL HUMANITIES



Discover how digital tools and methods can help you explore your subject in exciting new ways; understand how digital technology is transforming our world, creating opportunities and inequalities.

Develop New Skills

Our course units complement your studies with training in digital methods and a deeper understanding of how digital media and technology are shaping our lives and our future. You will explore how digital methods such as mapping, text mining, and data visualisation can transform the way you read, understand the past, and communicate your ideas. You will also develop key skills that are increasingly essential for students of the humanities today — from working critically with data and recognising bias in algorithms, to designing creative digital projects and communicating complex ideas effectively to diverse audiences. You will gain confidence in applying digital approaches to humanities questions, bridging the gap between traditional scholarship and emerging technologies. As part of your learning, you will create and curate your own digital projects and develop specialist expertise in digital methods relating to your main subject area — be it history, literature, languages, philosophy, cultural studies, or the arts. Our course units take place in Digital Humanities Labs, where students will also be provided with laptops. Note that no technical experience is required, as all training will be provided.

Participate in the Debates of Tomorrow

Our course units also touch on key concepts and debates around digital media, technology, and culture, such as data collection and civil liberties or the ethics of artificial intelligence. Why do search engines misrepresent women and people of colour? How do digital platforms spread conspiracy theories and 'fake news'? The Minor will help you understand the pressing debates of our time and equip you with the knowledge and critical perspective you need to make your voice heard.

Find a Job You Enjoy

With its combined focus on technical skills, creativity, and critical thinking, our course units prepare you for careers that value people who can bridge the gap between creative and technical work. Employers increasingly seek graduates who can analyse information critically, use digital tools to tell stories with data, and communicate insights effectively — skills that Digital Humanities training provides.

Digital Humanities Certificate

All our courses are available as free choice units. Completing two Digital Humanities course units will earn you a Certificate in Digital Humanities that allows you to document your skills.

Digital Humanities Minor

Students on Single Honours degrees can also choose to take a Minor in Digital Humanities. This is 40 credits a year, equivalent to one-third of your course credits for the year. Many of our course units are also available as free choice units.
Find more information at: https://www.digital-humanities.manchester.ac.uk/study/minor-in-digital-humanities/ or contact the programme director.

Dr Giulia Grisot,
Programme Director, Digital Humanities
giulia.grisot@manchester.ac.uk

DISABILITY ADVISORY AND SUPPORT SERVICE (DASS)

Nearly 25% of students at the University of Manchester have shared that they have a disability. The Disability Advisory and Support Service (DASS) works with disabled applicants and students to ensure they can access the support and adjustments they need to succeed at university.

DASS can help with:

- Support and adjustments for applicant interviews and transition into University.
- Academic support, including lecture recordings, coursework extensions, sharing information about your support needs with relevant staff, and timetable-related adjustments.
- Exam support, such as extra time, rest breaks, specialist equipment and alternative exam venues.
- Library support, including individual library inductions and extensions on high-demand loans.
- Accommodation support, including room adaptations, specialist equipment and location-based adjustments.
- Mentoring support, including one-to-one mentoring, workshops and body-doubling sessions.
- Transition support, including tailored welcome events and activities designed to support your move into university life.
- Advice about external funding, including the Disabled Students' Allowance (DSA).

How do I register with DASS?

Registering with DASS is simple and can usually be completed in a few steps:

1. Complete our online registration form
2. Provide evidence of your disability. The easiest way to do this is to email a photograph or scanned copy of your evidence to dass@manchester.ac.uk . Alternatively, you can deliver your evidence to the DASS Reception Desk on the second floor of University Place, Oxford Road, Manchester, M13 9PL (open Monday – Friday, 10am – 4pm).

If you do not currently have suitable evidence, or are finding it difficult to obtain, you can arrange a Quick Query Appointment to discuss your circumstances with a DASS Adviser.

How do I contact DASS?

DASS is located on the second floor of University Place, Oxford Road, and is open Monday to Friday, 10.00am to 4.00pm.
Further information about how to contact us and access our services can be found here.

STUDENTS' UNION

Make the most of Manchester with your Students' Union.

University can be the best time of your life. University can be the worst time of your life. It can also be both, at the exact same time. But you're not doing it alone. Meet your Students' Union.
We're run by students, for students and we're here from the moment you become a University of Manchester student and belong. Check out some of the things we do below:

Find your Community
The Students' Union is home to over 350 Societies so whether you want to carry on a new hobby or find your next passion, there's likely a group of students waiting for you to join.
Can't find something for you? Why not create your own! You could even join our Manchester Media Group and gain experience in publishing and creating media for print, radio and television.
If Volunteering is more your thing, we work with a range of partners across the University, community and even nationally to help you make an impact.

Use your Voice
We want to make sure you are having the best time possible here at Manchester – whether it's improving your course, enhancing the city or lobbying the government, there's the space for you.

Becoming an Academic Rep means you can work to gather feedback as a team and work in collaboration with your lecturers to find solutions that best work for students. Be part of shaping the Union's direction through participating in our 'Union Assembly' or even suggesting an SUggestion.

Find Support
We're home to a free and confidential Advice Service which can give you support in a range of areas including: Academic, Financial, Student Life, Wellbeing and Housing Support.

Part-Time Work
Need help with finding part-time work or improving your CV? We run the JobShop which helps match students with jobs that work around your research both in the University, Students' Union and in the city.

Visit us in the Steve Biko Building or head to our website https://manchesterstudentsunion.com/



essentials

By University of Manchester Students' Union

Across the country, students are navigating the cost of living crisis in real time. At Manchester, we're not waiting for change. We're building it.

Essentials is here to support you in meeting your basic needs.

Whether you need help accessing essential items (such as food, cleaning, clothing, personal hygiene products and childcare items), facing financial difficulties, or some tips and tricks to help with budgeting and money management, we've got you covered.

Essentials is open to all University of Manchester students and offers:

- The Pantry for hardship emergencies and urgent needs
- The Wardrobe
- Community space and seating for study or spending quiet time
- Full kitchen facilities complete with tea & coffee, and breakfast cereals
- A variety of other activities and sessions designed to support your basic needs and wellbeing.

As well as our own services, we work closely with colleagues in the Union, University, and the wider community, to ensure you're signposted to the people that can help with the issues you're facing.
Find us at Thorncliffe House, 320-322 Oxford Road, M13 9NG.

Opening Times:
Monday to Friday
10am - 12:30pm
1pm - 4pm





ACADEMIC REPS

WOULD YOU LIKE TO BE AN ACADEMIC REP FOR YOUR NEW COURSE?

Are you interested in making change, developing your programme and working with staff to close the feedback loop? Reps are student leaders who gather feedback & work with staff to make positive change in their programme. The role counts towards the STELLIFY award "Step Up and Lead" and you'll gain great experience through attending meetings, gathering feedback from your course mates & working on projects to enact change.

As an academic rep, you represent the students on your course in meetings with staff where you talk about feedback from students – what's going well & what needs to be improved. From this feedback, you work with staff to develop a positive student experience. You'll receive training from the Students' Union, so you don't need any prior experience – just an interest in helping improve student experience for yourself and your peers!

Key skills/experiences you will gain from the Rep role:

Professionalism
Negotiation
Leadership
Communication
Organisational skills
Networking
Problem-solving
Campaigning
Influencing
Working on projects

Sign up to be an Academic Rep by emailing studentreps@manchester.ac.uk and see www.manchesterstudentsunion.com/reps for more details!

THE CAREERS SERVICE

Hello and welcome to SALC!

We're the SALC Careers Team: Johanne, Ushma, James and Gareth. We're here to support you throughout your time at Manchester, whether you're looking for a part-time job, exploring future career options, applying for opportunities, or simply unsure where to start.

One of the best places to begin is your department's Careers and Employability pages on Canvas, where you'll find careers information, opportunities and resources tailored to your degree programme.

You'll also see us throughout the year. We regularly contribute to lectures across SALC and run dedicated drop-ins for SALC students, so there will be lots of opportunities to meet us and ask questions.

Getting Started

- For many new students, finding a part-time job is a priority. We can help you find opportunities, prepare applications and feel confident about balancing work alongside your studies. Our Finding Part-Time Jobs webpage - https://www.careers.manchester.ac.uk/experience/parttime/ - is a great place to start.

- As well as checking out the Careers and Employability pages on Canvas, follow us on Instagram (@uomcareers) to keep up to date with opportunities, events and careers advice.

- Once you've completed your university registration, you can also activate your CareerConnect account.

CareerConnect is your careers hub. You can use it to:

- Search for part-time jobs, placements and internships
- Book confidential one-to-one careers appointments
- Register for careers events and workshops
- Find support with CVs, applications and interviews



Come and Meet Us

You can visit the Careers Desk in the Atrium, First Floor, University Place, Monday-Friday during term-time, where our team can talk things through with you and help with any careers-related queries. You can also meet one of the team at our regular drop-ins on campus through the academic year.

For further information on where to find us, see https://www.careers.manchester.ac.uk/appointments/dropin/.

INTERNATIONAL STUDENTS

We are delighted to welcome students from around the world to the School of Arts, Languages and Cultures (SALC).

The University's Welcome site contains everything you need to know before and after you arrive. We strongly encourage all international students to explore these pages and use them as their main source of information throughout the transition to university life.

Preparing for your arrival

Before travelling to Manchester, there are several important things you may need to arrange, including your visa, travel plans, accommodation and registration as a student.



Use the links below to get started!

- Online sessions for international students
- Visas and immigration
- Getting to Manchester
- Accommodation
- Healthcare in the UK
- Setting up a bank account
- Cost of living
- Careers support and advice
- International Support at your Students' Union

INTERNATIONAL STUDENTS

Meet other students

The University is home to a vibrant international community. There are lots of opportunities to meet other students, make friends and get involved in activities, events and societies throughout the year.
The International Society is one of the largest student communities at Manchester and offers social events, cultural activities, day trips and opportunities to connect with students from around the world.



Support in SALC

If you have any questions before or after you arrive, your **SALC Student Support Hub** is here to help. The team can provide information, advice and guidance on registration, course unit selection, wellbeing, academic support and accessing specialist University services.
Email: salc.hub@manchester.ac.uk
Telephone: +44 (0)161 529 3348

Starting university in a new country can feel like a big step, but you're joining a welcoming and diverse community. We encourage you to make the most of the support, activities and opportunities available, and we look forward to welcoming you to Manchester.

School of Arts, Languages and Cultures
The University of Manchester
Manchester, M13 9PL
www.manchester.ac.uk

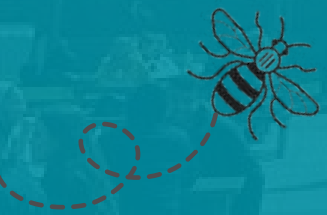
Come and chat with us on social media and stay updated with SALC news through our blog and Student Community Site!

SALC STUDENT COMMUNITY SITE

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SCHOOL OF ARTS, LANGUAGES AND CULTURES