















 Monday 'Meat Free Campaign'	Tuesday	Wednesday	Themed Thursday	Friday
Mains	Pasta with a Choice of Sauce (VE option) Chicken Tikka Masala Chilli Paneer (V) Lemongrass Chilli Pollock 	Vegan Mince Tacos (VE) Jumbo Sausage & Onion Gravy Chicken Tacos Fish Cake 	Vegan Pasty (VE) Organic Beef Cottage Pie Rosemary & Garlic Chicken Legs Tuna Pasta Bake 	Each week we have a different theme. Check out the chalkboard on the servery to find out this week's theme. Example themes include: Sustainably Sourced, Greek, Indian & many more!	Vegan Steak (VE) Vegetarian Schnitzel (V) Rump Steak Jumbo Fish Finger 
Sides	Basmati Rice Bombay Potatoes A selection of Vegetables	Mashed Potato Dirty Rice A selection of Vegetables	Roasted Baby Potatoes A selection of Vegetables	Themed Selection A selection of Vegetables	Steak Chips Onion Rings A selection of Vegetables
Salad Bar	A selection of fresh salads produced in-house to accompany your meal				
Dessert	Fruit salad, assorted yogurts or the dessert of the day				

	 Monday 'Meat Free Campaign'	Tuesday	Wednesday	Themed Thursday	Friday
Mains	Vegetable Pasta Bake (VE) Mac 'n' Cheese (V) Chicken Fajitas Fajita Spiced Hoki Fillet 	Vegan Schnitzel (VE) Chicken Kiev Char Siu Pork Steak MSC Salmon, Broccoli & Potato bake 	Vegan Bolognese (VE) Tomato & Mozzarella Gnocchi (V) Organic Beef Bolognese Malaysian BBQ Grilled Pollock 	Each week we have a different theme. Check out the chalkboard on the servery to find out this week's theme Example themes include: Sustainably Sourced, Greek, Indian & many more!	Bean Fajitas (VE) Homemade Pizza: Cheese & Tomato (V) Pepperoni Chargrilled Chicken Fillet Battered Cod 
Sides	Herb Potatoes Mac 'n' Cheese - toppings A selection of Vegetables	Roasted New Potatoes A selection of Vegetables	Garlic Bread Skin on Fries A selection of Vegetables	A selection of Vegetables	Julienne Fries Rice A selection of Vegetables
Salad Bar	A selection of fresh salads produced in-house to accompany your meal				
Dessert	Fruit salad, assorted yogurts or the dessert of the day				

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Mains	Oriental Smoked Tofu with Bamboo Shoots (VE) Mock Duck Wraps (VE) Keralan Quorn (V) Keralan Chicken	Vegan Biryani (VE) Vegetarian Lasagne (V) Organic Beef Lasagne Jumbo Pollock Fish Fingers 	Vegan Burger (VE) Chicken Burger Organic Beef Burger Fish Fillet Burger 	Each week we have a different theme. Check out the chalkboard to find out this week's theme. Example themes include: Sustainably Sourced, Greek, Indian & Many more!	Vegan Southern Fried Chick'n (VE) Pumpkin Tortellini in a Sage Cream Sauce (V) Salt & Pepper Chicken Battered Cod 
Sides	Brown Rice Crispers Wedges A selection of Vegetables	Garlic Bread Wedges A selection of Vegetables	Cajun Fries Skin on Fries A selection of Vegetables	Themed Selection A selection of Vegetables	Chunky Chips A selection of Vegetables
Salad Bar	A selection of fresh salads produced in-house to accompany your meal				
Dessert	Fruit salad, assorted yogurts or the dessert of the day				

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Mains	Thai Green Tofu Curry (VE) Vegetable Frittata (V) Thai Green Chicken Curry Cod in Cheese & Leek Sauce 	Vegan Meatballs in Tomato Sauce (VE) Falafel (VE) Roast Chicken Organic Beef Meatballs in Tomato Sauce	Vegan Mushroom & Sweet Potato Tart (VE) Grilled Vegetable Ravioli in Red Pepper Sauce (V) Chicken & Leek Pie Manchester Hotpot with Sausage	Each week we have a different theme. Check out the chalkboard on the servery to find out this week's theme. Example themes include: Sustainably Source, British, Italian and many more!	Singapore Noodles (VE) Loaded Potato Shells (V) Chicken Wings Bubble Salmon Cake 
Sides	Wild Rice Spicy Wedges A selection of Vegetables	Sweet Potato Wedges A selection of Vegetables	Roast Potatoes A selection of Vegetables	Themed Selection A selection of Vegetables	Julienne Fries Flat Bread Rice A selection of Vegetables
Salad Bar	A selection of fresh salads produced in-house to accompany your meal				
Dessert	Fruit salad, assorted yogurts or the dessert of the day				