

CAHN COVID-19 Activities Update (01.05.2020)

Below is an update of our engagement with the Caribbean & African community in Greater Manchester.

1. COVID-19 Helpline

This is for anything COVID-19 related and opens 7days a week, 0600-midnight. Alternatively people can email COVID-19@cahn.org.uk



The poster features a background with a virus particle illustration. In the top right corner is the CAHN logo. The main text reads: 'COVID-19 Support Helpline for the Caribbean & African Community Information & Advice | Food | Single Mothers Peer Support'. Below this, there are icons for a phone, a mobile phone, WhatsApp, and iMessage, followed by the number '07710 022382'. At the bottom, it says 'Open 0600-midnight | Email: COVID-19@cahn.org.uk'. In the bottom right corner, there are social media icons for Facebook, Twitter, and Instagram with handles 'cahn', '@cahn_gm', and '@cahngm' respectively.

2. COVID-19 Videos

Please find below the link for part 1 of a series of videos in plain English which had over 1,330 views in the first 3 days on YouTube - <https://youtu.be/UkqlmQyLtxA>

Part 2 will link the COVID-19 myths to health.

Part 3 will identify prevalent health conditions in our community and relevance to COVID-19.

NB: We are working with partners to translate into French.

3. Ethnic Foods

CAHN has secured a small grant to provide ethnic foods and this will form part of the food parcels from Ardwick and Longsight Foodbank. Please make referrals at www.ardwickandlongsightfoodbank.org.uk or www.cahn.org.uk
Email COVID-19@cahn.org.uk

4. Online Activities

In the last 3 weeks, have launched a number of online activities via Zoom in response to community's requests. These have been well patronised by the community.

- **Healthy Hearts - Physical Activity | Nutrition | Medication** – Tuesdays 1300 – 1400hrs
- **Single Mothers Peer Support Group** – Thursdays 1100-1200
- **Afrobeats & Reggae Bash** – Fridays 2000 – 2200hrs
- **Health Hour** - Saturdays 1100 – 1200hrs
- **Collective Community Response Meetings** – fortnightly on Fridays (17th April, 1st May, 15th May, 29th May, 12th June, 26th June) Time: 1300-1500hrs

Activities Access Links –

Zoom Meeting IDs below

One tap mobile

+442034815240, 84516756373#

+441314601196, 84516756373#

Day	Activity	Zoom Meeting ID
Tuesdays* 1300-1400hrs	Healthy Hearts - Physical Activity Nutrition Medication	https://us02web.zoom.us/j/88017457366 Meeting ID: 880 1745 7366
Thursdays 1100-1200hrs	Single Mothers Peer Support Group	https://us02web.zoom.us/j/83738004534 Meeting ID: 837 3800 4534
Fridays* 2000-2200hrs	Afrobeats & Reggae Bash	https://us02web.zoom.us/j/86517611007 Meeting ID: 865 1761 1007
Saturdays* 1100-1200hrs	Health Hour	https://us02web.zoom.us/j/84516756373 Meeting ID: 845 1675 6373
Fortnightly on Fridays	Collective Community Response Meeting (CCRM)	Meeting ID: 868 7123 1933 Password: 852213

CCRM Zoom Link -

<https://us02web.zoom.us/j/86871231933?pwd=L2lOUm9JdTNUYUZHOVJCMzIEbTQ2QT09>

*Some activities are livestreamed on Facebook or YouTube

5. Collective Community Response Meeting

Our next meeting is on Friday 15th May, 1300-1500hrs.

Andy Burnham will be attending as he was unable to make last Friday's (1st May) having been asked to join a meeting with the Prime Minister.

The last meeting was productive with lots of positive feedback from the community. We had presentations on

Greater Manchester COVID-19 Update Insight into Caribbean and African Community Data	Prof Kate Arden, Director of Public Health, Wigan Council and Lead for Greater Manchester Population Health
Disproportionate Impact of COVID-19 on BME Communities Grade Predictions for Students Labour Party's Review led by Baroness Doreen Lawrence	Afzal Khan, MP for Gorton Constituency Shadow Deputy Leader of House of Commons
Greater Manchester System Update Response - Resilience - Recovery -	Warren Heppolette - Executive Lead, Strategy & System Development, Greater Manchester Health & Social Care Partnership
Greater Manchester Combined Authority Update	Claire Slade, Senior Engagement and Insight Manager Communications and Engagement Team
Influencing at national level – CORE (Coalition of Race Equality organisations)	David Weaver, Independent Chair, CORE

Subgroups under development following the last meeting:

- Education
- Young People
- Mental Health
- Faith
- Domestic Abuse
- Older People
- Food Security
- General Welfare

6. Bereavement Service

This service is at the final stages of development and negotiation with commissioners.

CAHN's Bereavement Service offers the Caribbean and African community living in Greater Manchester (GM) a culturally and religiously tailored support for those grieving or mourning the loss of loved ones. This would be at no costs to GM residents but at a fee to people living outside greater Manchester. We will be taking referrals from our statutory partners and VCSE organisations. However, we also welcome self-referrals for all kinds of bereavement.

Our experienced, qualified and registered counsellors have a wealth of experience in grief and trauma counselling. They would offer professionally personalised service to meet each client's need. This service would initially be available in English and French while plans are being developed for the numerous African languages.

During the COVID-19 lockdown, we would be offering a secured online video and telephone service in line with what suits our beneficiaries. This would be reviewed after the lockdown to offer a face-to-face service where necessary. Please make referrals to bereavement@cahn.org.uk

7. Disability Support

A programme of activities will be offered to support the educational needs and mental wellbeing of young people and adults with disabilities. This service is offered by trained disability coordinators on a weekly basis. Families can request support through our helpline.

8. Ongoing Communication

- Active WhatsApp forum with 65 community & faith leaders, organisational leads and community influencers.
- Engagement with young people through Greater Manchester Youth Combined Authority Representatives.

9. National Inquiry into Disproportionate Impact of COVID-19 on BAME Communities

CAHN has been invited to initial roundtable discussions led by Prof Kevin Fenton, Director of Public Health, Greater London Area on behalf of Public Health England. Please send any issues you would like to raise to charlesk@cahn.org.uk

10. Support for Grant Applications

As announced at the CCRM meeting on 1st May, CAHN's Team is happy to help grassroots organisations with bid writing and reviewing grant applications. For further information please email info@cahn.org.uk