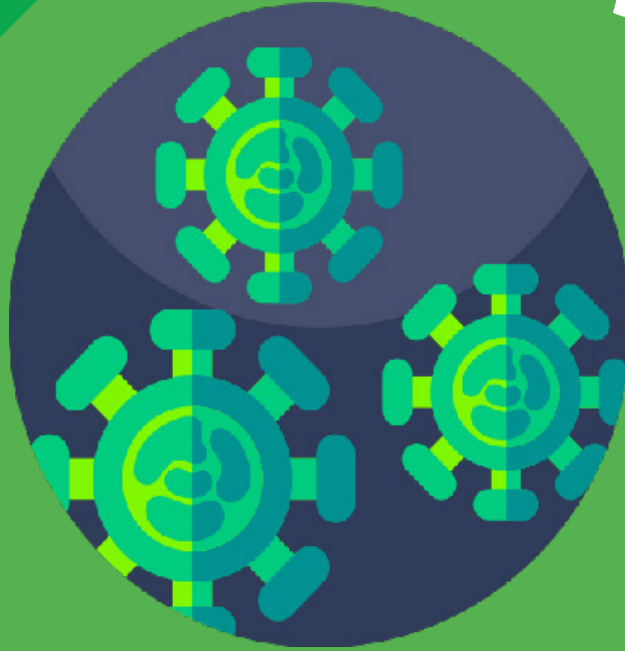


Coronavirus Briefing



Following the global outbreak of Coronavirus (Covid-19) this briefing leaflet has been developed to provide information on the University's approach to this situation and to provide you with relevant information and advice.

The University of Manchester recognises that staff, students and visitors may have concerns about the ongoing coronavirus outbreak. A University Incident Group chaired by the University's RSCOO, Patrick Hackett, is meeting on a regular basis to review and take proportionate action reflecting the advice from Universities UK, Public Health England and The Foreign and Commonwealth Office (FCO).

Up to date information, including a frequently asked questions document, is available at www.staffnet.manchester.ac.uk/coronavirus. This information provides guidance for all staff, students and visitors to the University. Please ensure you familiarise yourself with this guidance.

For more information on what countries are affected, check out the government website: www.gov.uk/government/publications/covid-19-specified-countries-and-areas.

Action Lists



Precautionary action if you have no symptoms:

- ☐ Contact NHS 111
- ☐ Stay in your room and only use your designated kitchen/bathroom
- ☐ Let your ResLife Coordinator and Hall Administration Office know
- ☐ Arrange buddies for support

Action if you have symptoms:

- ☐ Contact NHS 111 immediately - follow all advice
- ☐ Stay in room, except to use designated toilet or shower
- ☐ Let ResLife and your School know you are unwell
- ☐ Keep in touch with your parents/family/friends



Action List: Buddies

- ☐ Keep in Contact: 2-3 times/day
- ☐ Visit 1/day (if your friend has no symptoms)
- ☐ Follow hygiene instructions
- ☐ Keep your friend supplied with fluids (2-3 litres/day)
- ☐ Call ResLife if concerned



Precautionary Action

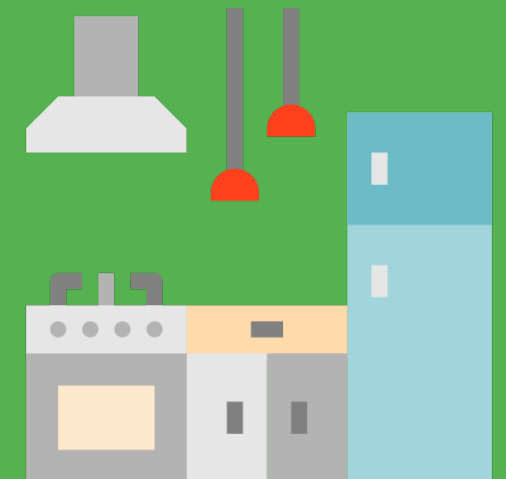
If you have recently returned from an affected area, or due to return, or have been in contact with someone who has returned from a known affected area in the last 14 days but are not experiencing any symptoms of illness, it is important you follow the Public Health England (PHE) guidance on precautionary self-confinement.



You should:

- Contact NHS 111 to inform them of your recent travel to the city/ contact with another traveller
- Stay in the hall and not attempt to go to public places

- Avoid close contact with others and only leave your room to use an agreed single designated bathroom and kitchen for 14 days from your return date
- Use your designated kitchen and bathroom at an agreed time (if needed) and undertake additional hygiene measures after use



- Eat meals within your room
- Not access communal spaces or non-designated bathrooms and kitchens
- Nominate two “buddies” (friends) to help you with day-to-day support like bringing food, mail, personal items etc.

Precautionary Action



Our staff will:

- Help organise buddies and keep in touch with them during your self-confinement to ensure your needs are being met
- Assist in agreeing a schedule of use for access to shared designated kitchens and bathroom with others



- Keep in regular touch with you to check support is working and you are coping
- Liaise with other members of the University



- Arrange additional precautionary cleaning in any designated kitchens/bathrooms
- Provide you with appropriate hygiene/cleaning products and guidance for use in your designated kitchen/bathroom

Action With Symptoms

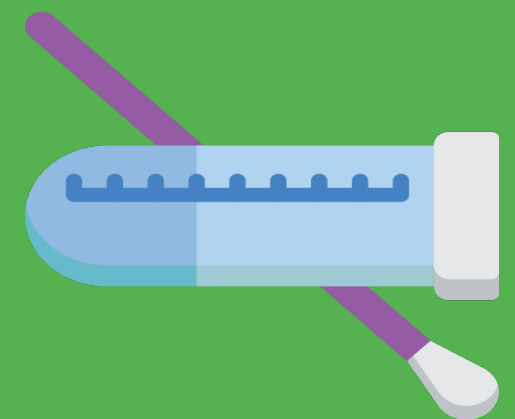
If you have recently returned from an affected area, or due to return, or have been in contact with someone who has returned from a known affected area in the last 14 days and you are experiencing symptoms of illness, including a fever, cough, runny nose, sore throat or difficulty breathing, you must follow the PHE guidance on self-confinement.

You should:

- Immediately contact NHS 111 to inform them of your recent travel to the city/contact with another traveller and your symptoms
- Not leave your room/designated bathroom until you have been assessed by a clinician and further guidance is provided to both you and the University



- Avoid contact with others and only leave your room to use an agreed designated bathroom until you receive the results of your clinical assessment and further guidance is issued



- Not access communal spaces
- Nominate two “buddies” (friends) to help with day-to-day support like delivering water, food ect.
- Not use the communal kitchens; food will be arranged using the buddy system

Action With Symptoms

Our staff will:

- Arrange for you to have sole access to a bathroom if your room is not ensuite
- Ensure that when designating your sole use of a communal bathroom we will sensitively inform/divert other users of to use an alternative
- Where it is impossible to designate sole access to a bathroom, we will draw up rotas – as per the PHE guidance



- Help you organise buddies and keep in touch with them during their self-confinement to ensure your needs are met
- Keep in regular touch with you to check your support is working and you are coping



- Arrange additional cleaning in any designated bathroom and ensure disposable gloves and aprons are issued for use within these areas
- If you are transferred to a hospital, your bedroom will remain shut, with windows open until the room has been cleaned



General Guidance

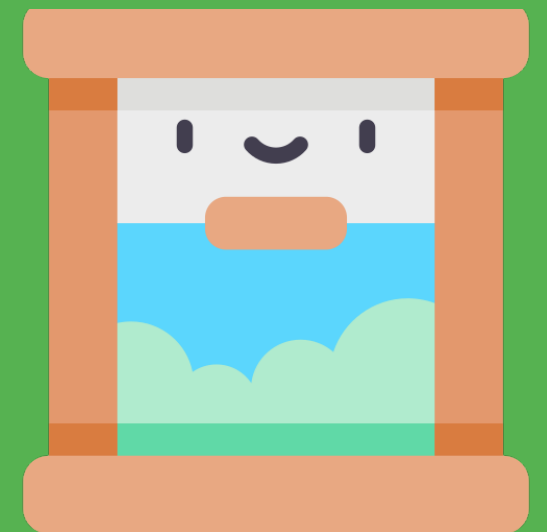
Wash your hands frequently

Wash your hands often and thoroughly with soap and water for at least 20 seconds, especially if you come in contact with the patient or with items handled by the patient.



Limit contact with the patient as much as possible

Where possible, avoid touching them and their immediate environment. Ensure that shared spaces are well ventilated keeping windows opened as regularly as possible.



Wear a facemask if advised to

If you have been provided with facemasks and advised to use them, then you should wear the mask when you are in the same room as the patient. Masks should not be touched or handled during use. If the mask gets wet or dirty with secretions such as saliva, it must be changed immediately. Discard the mask into the rubbish bin after use and perform hand hygiene after removal of the mask.



General Guidance



Laundry

If at all possible, laundry from a student in self-confinement should not be washed until after they receive the outcome of any tests/remain symptom free for 14 days.

If it is essential to wash a student's laundry before then, wash all laundry at the highest temperature compatible for the fabric using laundry detergent. This should be above 60 degrees C. If possible tumble dry using the highest setting compatible with the fabric.

Wear disposable gloves and a plastic apron when handling soiled materials if possible and clean all surfaces and the area around the washing machine. Wash hands thoroughly with soap and water after handling dirty laundry (remove gloves first).

Ensure that individuals at increased risk of illness avoid contact with a student in self-confinement

Anyone who is at increased risk of severe disease should not care for a student or come into contact with them. This includes staff or other residents who have a chronic illness or who may have a weakened immune system due to treatment or medication.

Where a hall has a student undertaking precautionary self-confinement (no symptoms), visitors are permitted but permission must be sought from the ResLife Coordinator and the visitors must sign in and out.

Important Contacts

If you or any of your flatmates displays symptoms, please contact us.

ResLife

- Email your flat advisor at anytime using the email in your kitchen
- Call the out of hours duty advisor www.accommodation.manchester.ac.uk/reslife/info/contacts

Accommodation Office

- Call 0161 275 2888