

NCISH Annual Report (2007-2017)

1,517

suicides by people under mental health care in 2017

28%

who died by **suicide** had contact with **mental health services** in the **12 months** before death



Long-term **downward** trend of suicide by **in-patients** continues

Patients aged 75 and over

Women aged under 25

84

suicide deaths per year

46

suicide deaths per year

Lower rate of contact with mental health care

20%

Most assessed as low risk of suicide

79%



More depression, bereavement, physical illness



Personality disorder, self-harm, substance misuse more common

Need to work with other community services



Self-harm care should meet quality standards



National Confidential Inquiry into Suicide and Safety in Mental Health (2019)

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Homeless patients

40

suicide deaths per year

16-72 years

Wide age-range, mostly male

Under 45 years:



Self-harm



Substance misuse

Over 45 years:



Depression



Financial issues

Services to be aware of different pattern of risk

Patients with anxiety disorders

86

suicide deaths per year



Access to IAPT



Number of deaths rising



Reduced prescribing of benzodiazepines

Internet risks

65

suicide deaths per year



A potential risk for all patients



Most often searching for methods online



Enquire about online behaviours

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