



Work and Equalities Institute Policy Discussion

The Reality of Wellbeing: beyond a fad and fascination

Friday 22nd Nov 2019

2.30pm to 4pm

Room: AMBS 9.041

Tea and coffee before and after the event, in AMBS 9.040

The labour market, nature of work, businesses and leaders all play a role in protecting, or damaging, the health and wellbeing of individuals, and companies increasingly recognise the value of paying attention to employee health and wellbeing. More than ever before we see open recognition of the value of positive mental health. However, changes in the nature of work (e.g. the gig economy), and workforce demographics (e.g. an ageing workforce), raise new challenges in terms of how to protect the health and wellbeing of the UK workforce. Furthermore, there is considerable uncertainty in the current political climate, and potential threats to employment and worker rights in the future which mean the progress made to date in terms of protecting health and wellbeing at work might be hindered.

What does this mean in terms of how health and wellbeing is viewed? What are current approaches to workplace health and wellbeing? What is the future of health and wellbeing?

The session will reflect on these questions and discuss the possibilities and risks related to health and wellbeing given the changes described above. There will be discussion of a number of health and wellbeing initiatives and developments in terms of both research and policy.

Speakers include:

Dr Sheena Johnson (presenter)

Work and Equalities Institute, Alliance Manchester Business School

Prof Miguel Martinez Lucio (chair and discussant)

Work and Equalities Institute, Alliance Manchester Business School

Steve Craig (panel member)

Unite the Union

David Holman (panel member)

Professor of Organisational Psychology, Alliance Manchester Business School