

Year 5 Must Read

MANCHESTER
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The University of Manchester

MB ChB Programme



Y5MR Aug 2019

Welcome to the first Y5MR installment

Welcome back to Manchester and Year 5. This year builds on what you have learned up to year 4 and focuses on preparing you for clinical practice as a foundation doctor. We have some top tips for you with regard to course requirements and requirements for planning your future career.



Nuala O'Donoghue
Academic Lead, Year 5



Alan Grayson and Kurt Wilson
Associate Leads for Year 5

Welcome to Year 5

So what do I need to know at the beginning of year 5?

Year 5 is divided into 2 semesters with Exempting Exams in between. Semester 1 has blocks in medicine and surgery in which you should spend time on call in the evening or weekend – we expect a minimum of four hours of on call. There is also a longitudinal block made up of 2 days a week in the community and 2 days a week in the care of the acutely ill patient in AMU, ED or critical care.

Whichever block you are in, there are some common themes you should follow:

- Meet at least three times formally with your supervisor during our placements: at the beginning, middle and end of each. You should use these meetings to discuss your ILOs and aspirations, your progress, and to fill in the forms for the end of placement.
- We expect you to complete at least 5 patient assessments per calendar week as a minimum, entering reflective notes on the eForm.
- Read around the cases you see to become a better doctor (textbooks, UpToDate, BMJ Best Practice are all useful resources).
- Present at least one patient per calendar week to a doctor more senior than F2 and in semester 1, you must complete a feedback form;
- Present one patient to your CPS during your placements. During semester 1, you must complete the enhanced feedback form.

These are minimal numbers – you will develop better and be a better doctor the more patients you see and the more you reflect and read and discuss.

Year 5 University Admin Update

Hello and welcome to year 5. I hope you all had a fantastic summer !

During the year I will be in contact with you for various activities including registration, graduation, Foundation Programme, and GMC pre-registration. Have a look at the Year 5 Other Important Dates document to get a feel of what the next academic year will look like.

Please remember that 1Med Info holds a whole host of information, including most answers to most questions. However, if you do find that you are stuck, we are more than happy to help!

Julie Heynes, Year 5 MB ChB Administrator



Financial Support

We know that a significant proportion of our students struggle financially, but not many access the financial support that is available to them through the Programme and University hardship funds.

If you are struggling to make ends meet, take a look at the extra support available:
<https://www.onemedinfo.manchester.ac.uk/blog/infoobjects/financial-support/>

Top tips to stay on track with assessments in year 5

UPSAs

These are required by the GMC at all UK medical schools. There are 15, plus a hand washing assessment to be done in year 5.

- Do not leave these till the second semester as you may run out of time and have to do an additional 4 weeks of clinical placement (block 9), just for this component.
- Have a look on eForms to learn about the requirements of each, plan when best to do these, and get cracking.
- We expect a minimum of two per 4-week block to keep you on track.
- ES students should aim to complete all these in semester 1 as it has proven very tricky to complete some in Europe.

Clinical revision for OSCE Examination (CROSCE)

Note the dates and make sure you are able to attend the Revision Week. It will take place from Monday 16th to Friday 20th December 2019. This is a combination of activities, including lectures, access to the skills labs and a 'CROSCE'.

Exempting Exam/Finals

You should be familiar with the format of the exam by now – written and OSCE. These will run over the period of Monday 3th January 2020 to Friday 24th January 2020. Remember:

- These can test anything you have been taught over the MB ChB course.
- Some students sacrifice clinical work to hit the books. This is a mistake, particularly for the OSCE.
- Some students practice examination on each other and don't get adequate feedback from experienced clinicians. This is also a mistake.

Prescribing Safety Assessment (PSA)

You have already had training related to prescribing and medicines safety in earlier years, and in fifth year we will build on this with teaching in semester 1 & 2. This will help you to prepare for your exemption exams and for the national PSA later this academic year.

Take a look at the prescribing resources on onemedlearn, and don't forget to update your BNF app on your iPad.

See lots of patients. **Think** about the history, exam and diagnosis. **Consider** your therapeutic options. **Reflect. Read.** 'The best teacher of medicine is the patient' (Osler).



Alan Grayson
Associate lead year 5, semester 1

PPD News

On behalf of myself and the PPD Team, we would like to congratulate students on their successes in Year 4 and thank you for the hard work that has been demonstrated through many excellent PPD Portfolio examples.

Preparing for Year 5

In preparation for Year 5, please do read the Year 5 PPD ILOs, Top Tips and Benchmarking, which can be found on the 1Med Learn PPD pages.

Student Absences (PPD Meetings)

The 1Med Info PPD pages ('Policies and Guidance') now include infographics which outline the procedures for situations where a student is absent from PPD Meetings and/or Reviews. This has been done to create a fairer system for all students.

The PPD Team.

UPSA top tip: What you should do immediately after completing an UPSA?

Use the 'Submit' button, not the 'Draft' button. Submit within 7 days of starting the assessment.

Remember: Over 7 days or if the assessor's email is not known the assessor needs to validate the form.

Over 14 days: your form will be rejected and you will need to retake the assessment.

If your dashboard is green then you can be assured that your UPSA is marked satisfactorily and has been validated.

Planning your future career

Some tips to help you with your next steps in your career...

Foundation Application

The dates for application are 30th September to 11th October and Oriel (the application system) closes at noon on the final day.

Please put this in your diary now. Do not leave this to the last minute as it has been known to crash. Have a look at the UKFPO website and plan when you have a few hours about where you may like to go.



Situational Judgment Test

This forms part of your score for deciding where you end up as a Foundation Doctor. There is more information on OneMed and there will be teaching sessions to help you prepare.

The SJT tests how you behave as a doctor against Good Medical Practice from the GMC.

There are lots of resources online and we are offering more opportunities for you to practice for the SJT, starting with two worked example questions attached to this MustRead.

Please don't feel the need to waste your money on a course!

Check out 1medInfo

<https://www.onemedinfo.manchester.ac.uk/blog/sections/foundation-programme-application/>

There is more information about foundation year applications online.

SPS: New Student Pastoral Support Team – Encouraging You To Seek Support

We all need a little bit of help from time to time, but we know that coming forward for support can be scary and off-putting. We've been doing lots of work to break down these barriers, and to make it clear that we are not involved in decision making regarding any student's future. We have reconfigured the Stopford SWAPS team for the new academic year, splitting one team into two separate teams; Student Pastoral Support (SPS) and Health and Conduct Committee. We hope these changes are welcomed by everyone and will encourage you to seek support when this is needed.

New Name

Student Welfare and Professionalism Support (SWAPS) will become Student Pastoral Support (SPS) and the Programme has invested in a new full time manager, Talin Aghanian. She joins us from Student Support in Leeds to manage the SPS team in Stopford.

New Office

We have a new office location in Stopford Building, on the third floor of Stopford, Room 3.015. This provides privacy for you when seeking support, as some of you had fed back that the current location was too visible.

New Email Addresses for Student Support

Telephone contact numbers will remain the same. There will be new email addresses for Student Pastoral Support:

Central SPS: med.sps@manchester.ac.uk	Preston SPS: lhtr.sps@lhtr.nhs.uk
MFTOxford Rd SPS: MFTOR.sps@manchester.ac.uk	Salford SPS: srft.sps@manchester.ac.uk
MFTWythenshawe SPS: MFTWythenshawe.sps@manchester.ac.uk	

