

Y4 Must Read

MANCHESTER
1824

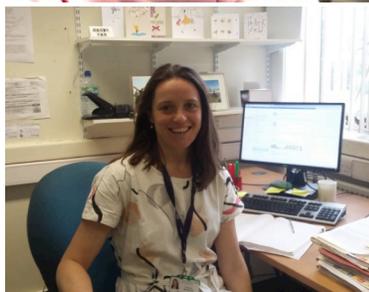
The University of Manchester

Aug 2019



Welcome to your first Y4 Must Read

Introductions



Welcome to Year 4.

In this issue we will be introducing key people and contacts, and sharing some top tips for year 4.

We really hope you enjoy this year and the whole team is here to help you get the most out of it.

We will aim to update you with timely course information every 4 weeks using this Must Read, outside of that we aim to keep emails to a minimum.

We really value your feedback so let us know how things are going via your student reps or by contacting us directly.

Matt Jones and Pippa Watson



Y4 MBChB Team



Luke Robinson

Year4MBChB@manchester.ac.uk

I am the year 4 central administrator and the main point of contact for elective queries.

Although your base administrative team deals with the majority of your queries I will be in contact with you throughout the year in relation to registration, CRD checks and travel bursaries among other things

Y4 Lead and Associate Lead

Matt Jones

Consultant Neurologist, SRFT

Matthew.jones@manchester.ac.uk

I'm a Manchester graduate and now work as a neurologist at Salford Royal and Trafford hospital. I enjoy acute neurology and also run a specialist atypical dementias clinic. Having previously been a consultant teaching fellow in Neurology I moved to become Y4 lead for the MBChB programme in early 2017.

Y4 is an exciting and varied year with so many different specialties to become familiar with. Despite this broad range of disciplines you'll see common themes cutting across all the placements; we're particularly keen to improve your clinical reasoning skills as you progress through this year.

When not diagnosing Guillain Barré syndrome, hitting people with tendon hammers or writing online cases I like to run (badly) and listen to (bad) indie music from the 1990s...

Pippa Watson

Consultant Rheumatologist, MFT

Pippa.watson@manchester.ac.uk

I'm the Associate Academic Lead for Year 4 and a Rheumatology Consultant based at Wythenshawe Hospital. I also teach students during their Musculoskeletal Health block at Wythenshawe and am an academic advisor.

As academic leads we work with the block (specialty) leads to determine the academic content for blocks - including ILOs, online cases, TCD and Patient Assessment Teaching content. We also work closely with block leads and the assessment team on OSCEs and progress tests.

I am originally from Dumfries in Scotland, but have lived here for over 6 years now and consider myself a Mancunian. Outside of work I love spending time with my family and escaping for a run or a cycle.



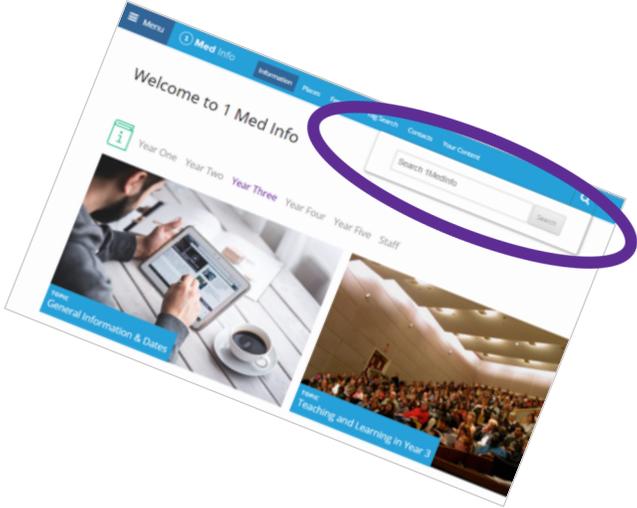
Y4 Top Tips

The pictures above were all taken at our Y4 away day in June. Placement supervisors, clinical tutors and Block Leads from every specialty gathered to hear updates for 2019/20 and share good practice in order to prepare for the upcoming academic year.

In much the same way that the staff prepare, you will need to prepare and plan for Y4 as well. Here are some top tips:

- Remember to look at the pre-placement modules before you start your placements to help you hit the ground running
- Where possible find real cases to back up your online learning and help prepare for TCD – remember, you need to enter 3 patient assessments per week in your logbook
- Make learning notes and ask for feedback every time you do a clinic/ ward round/ theatre session and record this on your Timetabled Clinical Learning form
- Get started with UPSAs, Prescribing and Core skills as soon as you can. Doing each one once is a minimum but the more you practice the better
- **Check out more details on what to expect in Y4 on 1MedInfo, there's a 'search' function to help...**

- Pre-placement work
- Online cases
- Patient Assessments
- Clinical Skills
- Clinical Reasoning
- Themed Case Discussion



Student Pastoral Support

Pip Fisher

Associate Programme Director for Student Wellbeing



New Student Pastoral Support Team – Encouraging Students to Seek Support

We all need a little bit of help from time to time, but we know that coming forward for support can be scary and you have reported in the past that having Health and Conduct and Stopford SWAPS managers together in one team has put some of you off seeking that support when needed.

Over recent years the SWAPS team has been doing lots of work to try to break down these barriers, and to make it clear that they are not involved in decision making regarding any student's future. However, you have fed back that some of you are still reluctant to come forward for support. To help reassure you further about this, the senior leadership team has reconfigured the Stopford SWAPS team for the new academic year. This has involved substantial change including splitting one team into two separate teams; one for Student Pastoral Support and one for Health and Conduct Committee.

New name

So, as of the new academic year, Student Welfare and Professionalism Support (SWAPS) will become Student Pastoral Support (SPS). In addition the Programme has invested in a new full time manager, Talin Aghanian, who is joining us from Student Support in Leeds to manage the SPS team in Stopford. We will very soon also have a new Deputy Academic Lead for SPS (replacing Professor Judith Hoyland who was promoted earlier this year)

New office

We have a new office location in Stopford Building, on the third floor of Stopford, Room 3.015 which will enable more privacy for students when seeking support, as some of you had fed back that the current location was too visible.

There will be a separate Health and Conduct Committee Office with separate management in a separate location in Stopford Building.

New Email Addresses for Student Support

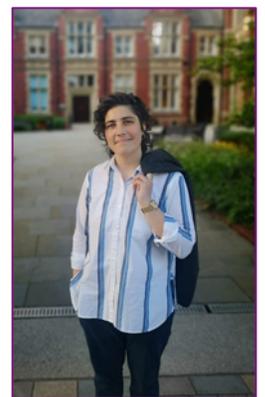
Telephone contact numbers will remain the same. There will be new email addresses to reflect the new name for Student Pastoral Support as follows:

Old Central SWAPS: med.swaps@manchester.ac.uk

New Student Support: med.sps@manchester.ac.uk

Old MFTOxford Rd: MFTOxfordRoad.swaps@manchester.ac.uk

New Student Support: MFTOR.sps@manchester.ac.uk



Talin
Aghanian

SPS admin
manager

We hope that the changes will be welcomed by everyone and will encourage more students to seek support when this is needed.

MFT- ORC

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Welcome to Year 4 at MFT-ORC! I hope you have had a fun, relaxing break over the summer and have returned energized. Year 4 is a busy year and will be hard work but there is nothing in the curriculum that you are not capable of doing. I still remember my 4th year (many moons ago now!) and the exposure to the vast variety of specialities really opened my eyes to all the possibilities medicine has to offer as a career and I hope you find this as well. It may be the year you come across a speciality where you say to yourself "this is the one for me". However, there will be some of you who find it a tough year for a variety of reasons. If that is the case please speak to me, your placement supervisor or a member of the SPS team and we will provide the support you need. As I write this last sentence it occurs to me that it can be daunting approaching someone you don't know so I thought it would helpful if the key members of the Year 4 team told you a little about themselves and provided a mugshot and contact details.

With all best wishes, Beth



Beth Jameson (Year 4 and student experience lead)

Consultant paediatrician in metabolic medicine

Email:

elisabeth.jameson@mft.nhs.uk

Being an indecisive 18 year old I first completed a BSc in geology and oceanography at Southampton University before studying medicine at the University Hospital of Wales in Cardiff. After completing medical school I went to Scotland for my house jobs and remained indecisive in regard to my career spending 5 years wandering around the UK doing emergency medicine, anaesthetics and paediatrics and one wonderful year working hard and playing hard in New Zealand. I finally decided upon paediatrics and commenced Registrar training in the Yorkshire Deanery before moving to Manchester for speciality training. I was appointed as a consultant at MFT in August 2012 and now have clinical and educational aspects to my job.

In my free time I enjoy multi-day walks with wild camping, cooking and reading Scandi Noir! I dream of retiring to Scandinavia to live in a log cabin next to a lake in the middle of the woods.

I am responsible for organising all teaching requirements for the Year 4 curriculum, which takes place within the MFT Oxford Road campus as well as being the liaison to other educational providers involved in the delivery of teaching to Y4 undergraduates.

If you have any queries or issues, please come to me as your first contact. Please be assured that no problem or query is too insignificant so please do not be afraid to ask.

What about me? I am, firstly, a Mancunian by birth. I have been with the department for several years and have undertaken roles dealing with students across the clinical years. Before that I had worked in logistics, gas engineering services and civil service so I have a varied working background.

My interests include sports, current affairs and politics, films, music and, of course, socialising. I support Manchester United and I am a season ticket holder at Old Trafford.

Robert Leonard (Year 4 admin lead)



Robert.leonard@mft.nhs.uk



Elizabeth Naamorkor Caulley (Student Experience and Wellness Coordinator at MFT ORC)

Elizabeth.caulley@mft.nhs.uk

I am passionate about medical student well-being, and believe strongly that students must not lose sight of their healthy, balanced lives as they work hard to become a doctor. The single most powerful investment we can ever make in life is investment in ourselves, the only instrument we have with which to deal with life and to contribute. My goal is to help students recognise the importance of taking time regularly to incorporate our multi-dimensional wellness programme in their everyday life.

Outside of work I enjoy cooking, African & South America History, Jazz, etc.