

# Y4 Must Read

MANCHESTER  
1824

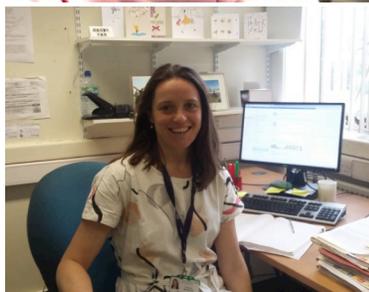
The University of Manchester

Aug 2019



Welcome to your first Y4 Must Read

## Introductions



Welcome to Year 4.

In this issue we will be introducing key people and contacts, and sharing some top tips for year 4.

We really hope you enjoy this year and the whole team is here to help you get the most out of it.

We will aim to update you with timely course information every 4 weeks using this Must Read, outside of that we aim to keep emails to a minimum.

We really value your feedback so let us know how things are going via your student reps or by contacting us directly.

Matt Jones and Pippa Watson



## Y4 MBChB Team



Luke Robinson

Year4MBChB@manchester.ac.uk

I am the year 4 central administrator and the main point of contact for elective queries. Although your base administrative team deals with the majority of your queries I will be in contact with you throughout the year in relation to registration, CRD checks and travel bursaries among other things

# Y4 Lead and Associate Lead

Matt Jones

Consultant Neurologist, SRFT

Matthew.jones@manchester.ac.uk

I'm a Manchester graduate and now work as a neurologist at Salford Royal and Trafford hospital. I enjoy acute neurology and also run a specialist atypical dementias clinic. Having previously been a consultant teaching fellow in Neurology I moved to become Y4 lead for the MBChB programme in early 2017.

Y4 is an exciting and varied year with so many different specialties to become familiar with. Despite this broad range of disciplines you'll see common themes cutting across all the placements; we're particularly keen to improve your clinical reasoning skills as you progress through this year.

When not diagnosing Guillain Barré syndrome, hitting people with tendon hammers or writing online cases I like to run (badly) and listen to (bad) indie music from the 1990s...

Pippa Watson

Consultant Rheumatologist, MFT

Pippa.watson@manchester.ac.uk

I'm the Associate Academic Lead for Year 4 and a Rheumatology Consultant based at Wythenshawe Hospital. I also teach students during their Musculoskeletal Health block at Wythenshawe and am an academic advisor.

As academic leads we work with the block (specialty) leads to determine the academic content for blocks - including ILOs, online cases, TCD and Patient Assessment Teaching content. We also work closely with block leads and the assessment team on OSCEs and progress tests.

I am originally from Dumfries in Scotland, but have lived here for over 6 years now and consider myself a Mancunian. Outside of work I love spending time with my family and escaping for a run or a cycle.



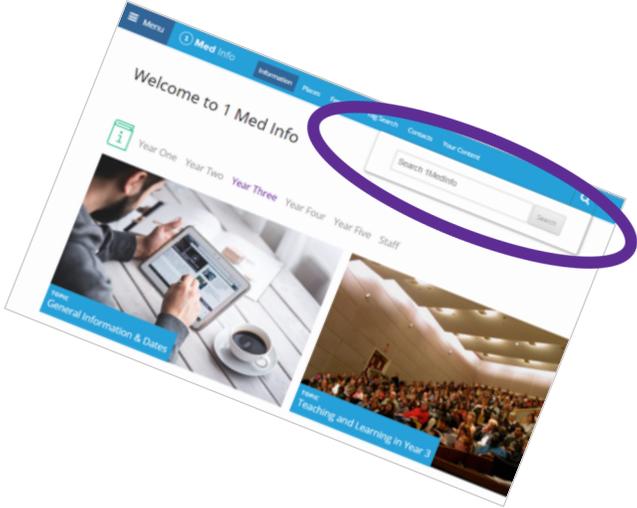
# Y4 Top Tips

The pictures above were all taken at our Y4 away day in June. Placement supervisors, clinical tutors and Block Leads from every specialty gathered to hear updates for 2019/20 and share good practice in order to prepare for the upcoming academic year.

In much the same way that the staff prepare, you will need to prepare and plan for Y4 as well. Here are some top tips:

- Remember to look at the pre-placement modules before you start your placements to help you hit the ground running
- Where possible find real cases to back up your online learning and help prepare for TCD – remember, you need to enter 3 patient assessments per week in your logbook
- Make learning notes and ask for feedback every time you do a clinic/ ward round/ theatre session and record this on your Timetabled Clinical Learning form
- Get started with UPSAs, Prescribing and Core skills as soon as you can. Doing each one once is a minimum but the more you practice the better
- **Check out more details on what to expect in Y4 on 1MedInfo, there's a 'search' function to help...**

- Pre-placement work
- Online cases
- Patient Assessments
- Clinical Skills
- Clinical Reasoning
- Themed Case Discussion



# Student Pastoral Support

Pip Fisher

Associate Programme Director for Student Wellbeing



## **New Student Pastoral Support Team – Encouraging Students to Seek Support**

We all need a little bit of help from time to time, but we know that coming forward for support can be scary and you have reported in the past that having Health and Conduct and Stopford SWAPS managers together in one team has put some of you off seeking that support when needed.

Over recent years the SWAPS team has been doing lots of work to try to break down these barriers, and to make it clear that they are not involved in decision making regarding any student's future. However, you have fed back that some of you are still reluctant to come forward for support. To help reassure you further about this, the senior leadership team has reconfigured the Stopford SWAPS team for the new academic year. This has involved substantial change including splitting one team into two separate teams; one for Student Pastoral Support and one for Health and Conduct Committee.

### **New name**

So, as of the new academic year, Student Welfare and Professionalism Support (SWAPS) will become Student Pastoral Support (SPS). In addition the Programme has invested in a new full time manager, Talin Aghanian, who is joining us from Student Support in Leeds to manage the SPS team in Stopford. We will very soon also have a new Deputy Academic Lead for SPS (replacing Professor Judith Hoyland who was promoted earlier this year)

### **New office**

We have a new office location in Stopford Building, on the third floor of Stopford, Room 3.015 which will enable more privacy for students when seeking support, as some of you had fed back that the current location was too visible.

There will be a separate Health and Conduct Committee Office with separate management in a separate location in Stopford Building.

### **New Email Addresses for Student Support**

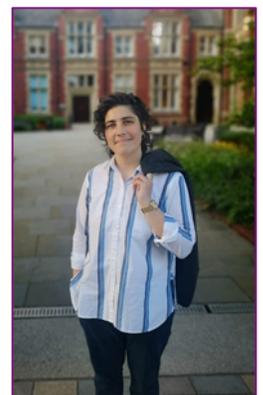
Telephone contact numbers will remain the same. There will be new email addresses to reflect the new name for Student Pastoral Support as follows:

Old Central SWAPS: [med.swaps@manchester.ac.uk](mailto:med.swaps@manchester.ac.uk)

**New** Student Support: [med.sps@manchester.ac.uk](mailto:med.sps@manchester.ac.uk)

Old Preston SWAPS: [lthtr.swaps@lthtr.nhs.uk](mailto:lthtr.swaps@lthtr.nhs.uk)

**New** Student Support: [lthtr.sps@lthtr.nhs.uk](mailto:lthtr.sps@lthtr.nhs.uk)



Talin  
Aghanian

SPS admin  
manager

We hope that the changes will be welcomed by everyone and will encourage more students to seek support when this is needed.

# LTHTR

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DR KEIARASH JOVESTANI

YEAR 4 ASSOCIATE DEAN, LTHTR

Welcome to Preston 4<sup>th</sup> year. I am the year 4 Associate Dean and in my clinical life a consultant anaesthetist here at Lancashire Teaching Hospitals.

I myself was a Manchester Medical School graduate and I graduated in 2002. I have to say that we had a great time at University and I have a cohort of friends who I message on a daily basis still, so make sure you pick your friends wisely!!

I started as a consultant in Preston in 2013 and immediately picked up a year 3 PBL tutor role. I really enjoyed the time I got to spend with my groups as they were always challenging my own knowledge and full of enthusiasm. I moved on to be the clinical supervisor for ITU/anaesthetics and from there made my way on to 4<sup>th</sup> year lead post.

I have been in post as 4<sup>th</sup> year lead for 4 years now and I have to say the team around me is amazing. You will meet all the clinical placement facilitators in the coming months and I guarantee without exception that you will find them an immensely useful and supporting resource. The admin team including Mel and Kay make all our lives easy and even though you may not have much contact with them face-to-face they are constantly working hard behind the scenes to make sure that things run smoothly over the year. The clinical supervisors are excellent and you will find their knowledge and support invaluable.

There will be glitches along the way and so I encourage you to liaise with your CPFs/supervisors and Mel whenever you have any issues. Nothing is a silly question and you have a busy and packed year, so we understand you need as much support as possible. Equally I am always a bit sad that the more management role of a 4<sup>th</sup> year lead can mean I see less of you than I used to in my previous roles, so I really encourage you to email me and/or visit me when you have any issues or need anything at all. I really do get a lot out of being able to help you through the year in whatever way I can so please get in touch.

My other undergraduate role has been referee at the annual students Vs consultants football match. This has involved me officially becoming a level 7 Lancashire FA referee through some gruelling training to make the match as fair as possible. Just be aware that any low level "misdemeanours" during the year may be retrospectively punished on the pitch with yellow cards!

I look forward to meeting as many of you as possible this year. Good luck with the year and enjoy it!



MELISSA VALENTNE

CURRICULUM COORDINATOR YEAR 4

I started working as the Year 5 Coordinator for the LTHTR Undergraduate Team back in 2006 when there were just 29 Year 5 Medical students! I have seen the team expand rapidly over the years including two new Health Academy Centres and Simulation Suites built to accommodate. I have enjoyed meeting, helping and seeing all the students graduate after their 3 clinical years at LTHTR. When I first started working for Undergrads, there was no MedLea or OneMed then (just iSUS which was a sign up system) so all students used to queue up in the admin office at the end of their placements to hand in their signed paper work – how things have changed!

I changed my role to Year 4 Coordinator in January 2016, which was the start of the planning process for the revised Year 4 Curriculum, which commenced in August 2017. I regularly attend working group meetings at MMS and am happy to be involved in planning discussions.

I work closely with the other team Coordinators and even though we don't get to see you out on placement, we are always here to answer your queries. Please don't forget you can always pop into the Undergraduate Team office at any time if you prefer to speak with us face to face. We are located in G Block (adjacent to Health Academy Centre 1, RPH), walk up the stairs, turn left, enter through the door straight on and we are on the right hand side of the office. Enjoy Year 4!



SUE ROWLANDS

CLINICAL PLACEMENT FACILITATOR – WOMEN'S HEALTH, ONCOLOGY  
& BREAST

Hello, I have been a CPF since August 2017. Prior to this I trained as a Registered Nurse, then Midwife and I have been practising for over 30 years working in all areas of midwifery and obstetrics in the UK and overseas. I have a degree in Midwifery studies and I studied at Masters in Perinatal mental health.

I have been a visiting lecturer at UCLAN and The University of Salford prior to commencing my current role and I remain passionate about passing on my knowledge and skills to future students encouraging them to strive to meet their full potential.

Outside my work I love to visit and explore new places and will often be found riding as pillion on my partner's motorcycle. This usually involves my other hobby of visiting ice cream establishments.



ALISON MCDUGALL

CLINICAL PLACEMENT FACILITATOR – NEUROLOGY, AGEING &  
COMPLEX HEALTH

I have worked in the health service for 30 Years. The majority of my time has been between Neurosurgery and Neurology. I spent 4 Years working on Clinical Investigations Unit, which has been invaluable contribution to my overall knowledge and skills

I have always enjoyed teaching and supervising others, this comes from my gratitude and admiration for those who had taught me. It also keeps you alert with the continuous learning spiral. I have a real sense of fun and love working with young people. I absolutely love my job and feel so privileged to have it.



ANN SMITH

CLINICAL PLACEMENT FACILITATOR – MUSCULOSKELETAL HEALTH,  
OPHTHALMOLOGY & ENT

I have been in the nursing profession for the last 33 years and have worked at Lancashire Teaching Hospital since 2006. Throughout my career I have worked in rehabilitation, Orthopaedic theatre, anaesthetics, Orthopaedic and fracture clinic, Orthopaedic pre op assessment and more recently the clinical educator, for essential training, of the orthopaedic nursing and medical staff.

I started my role as Clinical Placement Facilitator for MSK, ENT and Ophthalmology in January of this year and found the team helpful and motivated to ensure students have the best experience at Lancashire teaching Hospital.



JANE CROWTHER

CLINICAL PLACEMENT FACILITATOR – CHILD HEALTH, DERMATOLOGY & ID

Hello I'm Jane, I have worked in this role for the last 5 years and before that have worked in paediatrics in Lancashire Teaching Hospitals NHS Trust for 22 years.

My main role is to support students whilst they are in the clinical area in whatever way I can. I am based on paediatrics but I oversee the other 2 placements. I am responsible for completing the timetables and arranging the formal teaching, as well as doing plenty of teaching myself!

I'm always here to help and welcome students coming to me if they have any concerns regarding their placements. I want to help you get the best out of the placement and look forward to meeting you all.



KATE COOKSON

CLINICAL PLACEMENT FACILITATOR – MENTAL HEALTH

I am a Registered Mental Nurse and also Registered General Nurse and have worked in the NHS for the last 30 years, last 25 years in Psychiatry. I have worked predominantly in Mental Health Adult Services, including Acute Adult Inpatient Wards, in the community both in Community Mental Health Team and Home Treatment Team. I have worked also worked in Mental Health Liaison Team, the interface between medicine, surgery and psychiatry. I also have a BA (Hons) in Psychology and Theology from Liverpool University, when I took time out of my nursing career, to do something different.

For the last 9 years I have worked in the role of Medical Education Facilitator for Lancashire Care Foundation Trust, a community and mental health trust. I do clinical work in the summer months and once a week, in the Rapid Intervention Team caring for Older Adults in a Crisis or requiring Home Treatment Services. I am currently undertaking a Masters in Clinical Education, after completing a certificate in Medical Education. When I am not reading, writing assignments or doing my job I have a puppy called Hank, who I am training to be a Pet for Therapy dog. You may get to meet Hank during your time in Psychiatry.