



# Other Resources

## Estranged students

### Employability:

**Careers Service:** The University's Careers Service is based in the Atrium (University Place) and offers advice on CVs, applications, job opportunities, interviews etc. One-to-one appointments can also be booked and are tailored to the school the student is part of.

**Careerslink:** The Careerslink is a resource provided by the Careers Service which advertises vacancies and events available to University of Manchester students and graduates.

**Student Ambassadors:** Student Ambassadors work on a variety of outreach events and activities. It's a great way to meet new people, gain work experience and earn some money. There are widening participation events where the presence of Student Ambassadors who are estranged is highly valued.

**Global Graduates:** The Manchester Global Graduates Programme gives students the opportunity to spend one week meeting with alumni in one of the University's host cities. Priority is given to students in receipt of The Manchester Bursary and the trip is fully funded.

### Wellbeing:

When it comes to wellbeing, a small action can make a big difference. The University of Manchester's **Six Ways to Wellbeing** will help make positive changes to keep feeling good and living well.

**Sporticipate:** Sporticipate offers many different sports and activities that are free and on campus. All classes are inclusive and beginners are always welcome. Sporticipate offers a nice opportunity to keep healthy and socialise.

**Volunteering and Community Engagement:** This service provides volunteering opportunities to suit all interests and schedules. It's a great way to develop new friendships and skills.

**Wellbeing Champions:** Wellbeing Champions actively promote the Six Ways to Wellbeing across campus. Becoming a Wellbeing Champion is an exciting opportunity to meet people, learn how to take care of yourself and boost your CV by making a difference.



## Opportunities and events:

**International Society:** The University's International Society offers trips around the UK, language classes and a wide range of cultural events and opportunities to meet and mingle with other students. It also organises a variety of events during the festive season for students celebrating Christmas in Manchester.

**Students' Union:** The Students' Union is independent of the University and is run by students, for students. It provides a physical space and variety of resources, activities and societies so that students can make the most of university life. Further information can be accessed at: <https://manchesterstudentsunion.com/> The Students' Union can also provide advice on finances, housing, academia and wellbeing.

