

## Locus of Control

Based on J.B. Rotter (1966) Generalized expectancies for internal versus external control of reinforcement, Psychological Monographs, 80, (1, Whole No. 609).

1.

- A. Many of the unhappy things in people's lives are partly due to bad luck
- B. People's misfortunes result from the mistakes they make.

2.

- A. One of the major reasons why we have wars is because people don't take enough interest in politics.
- B. There will always be wars, no matter how hard people try to prevent them.

3.

- A. In the long run, people get the respect they deserve in this world.
- B. Unfortunately, an individual's worth often passes unrecognized no matter how hard he tries.

4.

- A. The idea that teachers are unfair to students is nonsense.
- B. Most students don't realize the extent to which their grades are influenced by accidental happenings.

5.

- A. Without the right breaks, one cannot be an effective leader.
- B. Capable people who fail to become leaders have not taken advantage of their opportunities.

6.

- A. No matter how hard you try, some people just don't like you.
- B. People who can't get others to like them don't understand how to get along with others.

7.

- A. I have often found that what is going to happen will happen.
- B. Trusting to fate has never turned out as well for me as making a decision to take a definite course of action.

8.

- A. In the case of the well prepared student, there is rarely, if ever, such a thing as an unfair test.
- B. Many times exam questions tend to be so unrelated to course work that studying is really useless.

9.

- A. Becoming a success is a matter of hard work; luck has little or nothing to do with it.
- B. Getting a good job depends mainly on being in the right place at the right time.

10.

- A. The average citizen can have an influence in government decisions.
- B. This world is run by the few people in power, and there is not much the little guy can do about it.

11.

- A. When I make plans, I am almost certain that I can make them work.
- B. It is not always wise to plan too far ahead because many things turn out to be a matter of luck anyway.

12.

- A. In my case, getting what I want has little or nothing to do with luck.
- B. Many times we might just as well decide what to do by flipping a coin.

13.

- A. What happens to me is my own doing.
- B. Sometimes I feel that I don't have enough control over the direction my life is taking.

Scores range from 0 - 13.

A high score indicates an external locus of control.

A low score indicates an internal locus of control.

### **Locus Of Control**

Scores

1	A=1
2	B=1
3	B=1
4	B=1
5	A=1
6	A=1
7	A=1
8	B=1
9	B=1
10	B=1
11	B=1
12	B=1
13	B=1
Total	