

# Year 4 Must Read

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The University of Manchester



## Y4MR Jan 2019

Welcome to the first  
2019 Y4MR installment

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It's already the New Year and most of us will be actively breaking our well-intentioned resolutions

In this Must Read we update you on one resolution its best not to break:

“Get on top of all the UPSAs, Prescribing and Core Skills for Year 4”

Best wishes

Matt

## Skills Update

You are now half way through your Year 4 specialty placements. Congratulations on all your hard work so far. This is now a good time to pause and consider your overall progress.

You will remember that in order to complete the year you need to have completed all of your UPSAs and Prescribing and Medicine Safety (PMS) skills. As a rough guide as you are half way through the year you should have done (yes, you guessed it) half of these skills. Please see the information below for your base. Are you on track?

## Wythenshawe skills check

Skill	What do we mean by on track?	What percentage of you are on track?
UPSA	2 or more completed	90%
PMS	3 or more completed	57%
Core and procedural skills	Rotation A 7 skills done Rotation B 2 skills done	52%

The good news is that it isn't too late to get back on top of things if you are a bit behind. Set yourself some clear targets e.g. get 2 PMS skills signed off in the next block. If you haven't got something signed off and it's not something that's possible in every block e.g. female catheterisation, have a think about your next few placements. For instance, in Musculoskeletal Health could you attend an Orthopaedic theatre list and catheterise a patient there? You will need to be proactive about introducing yourself and making the most of opportunities.

Don't forget your core and procedural skills. These have been carefully chosen by our speciality Block Leads as key skills such as using an otoscope in Ear Nose and Throat. Take every opportunity to practice and aim not to finish a block without getting the relevant skill signed off. If you have missed getting one signed off from a placement in your first rotation now is the time to plan how to get it done.

If you are struggling and want further guidance on this your Year 4 base lead is a good person to contact. Also check with your clinical placement supervisors about opportunities within their placement. Please remember to take every opportunity to practice all these skills. It's not just about getting them signed off once, although that is important; its about practising them such that that when you start as an FY1 you will be confident and ready to go.

# Year 4 Community Electives

Why not spend your Elective with a GP in The Greater Manchester / North West area?

Without the financial or personal constraints of an elective abroad - this is an excellent opportunity to immerse fully in General Practice - getting to know the diverse and interesting community worked with.

## How to apply:

- View teaching practices on OneMedBuzz > Placements:  
<https://www.onemedbuzz.manchester.ac.uk/placements/>
- Approach the GP Practice you would like to attend with and see if they agree.
- Contact the CBME Year 3-5 Administrator, Grace Turya for approval of the practice.  
[years3-5CBME@manchester.ac.uk](mailto:years3-5CBME@manchester.ac.uk)
- Take care to fully read the *information on Electives on 1Med* which links to the 'MyPlacement' application system.

<https://www.onemedinfo.manchester.ac.uk/blog/sections/year-4-elective-placements/?topic=6639&acyear=2018-2019>

> Year 4 >Teaching and Learning in Year 4 >Year 4 Elective Placements

**Placements cannot be changed or cancelled without mitigation confirmed by your base hospital team.**

**The deadline for notification of a mitigation to CBME is Friday 17<sup>th</sup> May 2019,.**

## Key Dates:

Applications open: Monday 7th January 2019  
Applications deadline: Friday 22nd March 2019

## QEPEP Update

Your QEPEP in year 4 runs from the 13<sup>th</sup> May – 7<sup>th</sup> June 2019. Selection and ranking of modules opens in March 2019 from a large pool of availability. It is possible for you to self-arrange a QEPEP project in advance of this although please note that you will not be permitted to self-arrange with supervisors that have supervised a QEPEP student within the past five years. The reason for this is to allow all students to have a fair chance at being allocated popular QEPEP modules, eliminating potential bias through self-arrangement.

If you do wish to self-arrange the form is now available for completion via e-forms. The deadline for full completion of the form is the 25<sup>th</sup> January 2019. For more information about self-arrangement please visit the QEPEP OneMed pages

# Wythenshawe Update

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**Hello everyone and welcome to 2019**

As Santa darns his withered socks, scrubs mince-pie crumbs from under his fingernails, and puts his feet up in front of the TV to watch his favourite Lapland film-noir crime series; he can rest assured that you have all been good boys and girls and have wholly deserved your rest this winter holiday. Fully re-charged, I'm sure you are all busting at the chops to dive into Block 5 and splash merrily into your Progress Test in week 19!

As we step across the threshold of a new year we can all reflect on Semester 1 and be proud of the progress and contributions you have made to our learning environments. Last year saw you all impress as a group, who were noted for their team spirit and mature and constructive approach to learning. This fact was reported repeatedly by Clinical Placement Supervisors at our Year 4 South CPS meeting in November. It has been a pleasure working with you as a group. Clearly OSCE's were stressful, but it's good to get the first round out of the way at least. If there are any disappointments in your assessment outcomes, do not fear, I and colleagues will be on hand to discuss this with you and help support you towards remediation moving forward. Remember we want all of you to do well, succeed, and feel fulfilled.

Thank you very much for your collective feedback through Semester 1, including that which was received through Safiya's (your student representative) survey. Your feedback has been constructive and useful and has allowed us to change aspects of clinical placements to try and improve them for the better.

And now without further ado, I'm going to light the metaphorical touch-paper of our New Year 4 fireworks and watch them explode overhead in a myriad shower of dazzling colour and puffs of smoke, heralding 2019 as one that will bring all of you happiness, success and Themed Case Discussions of joy!

Best Wishes, Miles Riddle



## **Hello everyone!**

Welcome back! I hope you all had a lovely Christmas break and you're settling into the New Year! A lot of you may know by now I am your Wythenshawe Year 4 student rep. So far I've been involved in the process of receiving feedback from you all throughout the first semester. Thank you to everyone who got involved with the student survey I released earlier in the year, we've had many detailed responses! Student reps across all years and base hospitals have been meeting regularly with staff and students to discuss key issues raised by the student voice.

Some of the key issues raised have included parking issues, the duration of specific placements, TCD slide access and travel bursaries. In early December, staff and student reps met to discuss these issues. In regard to placement duration, it has been stressed by the Medical School that placements are designed to give *insight* into specific specialities, and longer placements have also been designed to meet the increasing demand within society (e.g. ACH), and so the current mix of attachments is felt to be the 'best-fit' with this all in mind. It's been noted that exposure to different specialities will be met across various placements and will have happened also in previous years.

Some placements have had difficulties providing sufficient parking for students during their stay and continue to do so. Student reps have alerted staff as to which placements these include; I hope this begins the process to ensuring students have sufficient and affordable access to parking which they require during placements.

I hope that this gives you a little bit of an insight into some of the background work your student reps are doing, and how vital it is for you to ensure you give feedback (be that positive and/or constructive) so that issues can be addressed as quickly as possible. Do not hesitate to let me know your thoughts via the student rep alert on OneMedBuzz!

Thank you & all the best for the upcoming semester and exams,

**Safiya, Y4 Student Rep, Wythenshawe**