

Year 4 Must Read

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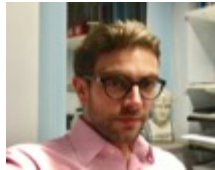
The University of Manchester



Y4MR Jan 2019

Welcome to the first
2019 Y4MR installment

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It's already the New Year and most of us will be actively breaking our well-intentioned resolutions

In this Must Read we update you on one resolution its best not to break:

“Get on top of all the UPSAs, Prescribing and Core Skills for Year 4”

Best wishes

Matt

Skills Update

You are now half way through your Year 4 specialty placements. Congratulations on all your hard work so far. This is now a good time to pause and consider your overall progress.

You will remember that in order to complete the year you need to have completed all of your UPSAs and Prescribing and Medicine Safety (PMS) skills. As a rough guide as you are half way through the year you should have done (yes, you guessed it) half of these skills. Please see the information below for your base. Are you on track?

Preston skills check

Skill	What do we mean by on track?	What percentage of you are on track?
UPSA	2 or more completed	94%
PMS	3 or more completed	72%
Core and procedural skills	Rotation A 7 skills done Rotation B 2 skills done	57%

The good news is that it isn't too late to get back on top of things if you are a bit behind. Set yourself some clear targets e.g. get 2 PMS skills signed off in the next block. If you haven't got something signed off and it's not something that's possible in every block e.g. female catheterisation, have a think about your next few placements. For instance, in Musculoskeletal Health could you attend an Orthopaedic theatre list and catheterise a patient there? You will need to be proactive about introducing yourself and making the most of opportunities.

Don't forget your core and procedural skills. These have been carefully chosen by our speciality Block Leads as key skills such as using an otoscope in Ear Nose and Throat. Take every opportunity to practice and aim not to finish a block without getting the relevant skill signed off. If you have missed getting one signed off from a placement in your first rotation now is the time to plan how to get it done.

If you are struggling and want further guidance on this your Year 4 base lead is a good person to contact. Also check with your clinical placement supervisors about opportunities within their placement. Please remember to take every opportunity to practice all these skills. It's not just about getting them signed off once, although that is important; its about practising them such that that when you start as an FY1 you will be confident and ready to go.

Year 4 Community Electives

Why not spend your Elective with a GP in The Greater Manchester / North West area?

Without the financial or personal constraints of an elective abroad - this is an excellent opportunity to immerse fully in General Practice - getting to know the diverse and interesting community worked with.

How to apply:

- View teaching practices on OneMedBuzz > Placements:
<https://www.onemedbuzz.manchester.ac.uk/placements/>
- Approach the GP Practice you would like to attend with and see if they agree.
- Contact the CBME Year 3-5 Administrator, Grace Turya for approval of the practice.
years3-5CBME@manchester.ac.uk
- Take care to fully read the *information on Electives on 1Med* which links to the 'MyPlacement' application system.

<https://www.onemedinfo.manchester.ac.uk/blog/sections/year-4-elective-placements/?topic=6639&acyear=2018-2019>

> Year 4 >Teaching and Learning in Year 4 >Year 4 Elective Placements

Placements cannot be changed or cancelled without mitigation confirmed by your base hospital team.

The deadline for notification of a mitigation to CBME is Friday 17th May 2019,.

Key Dates:

Applications open: Monday 7th January 2019
Applications deadline: Friday 22nd March 2019

QEPEP Update

Your QEPEP in year 4 runs from the 13th May – 7th June 2019. Selection and ranking of modules opens in March 2019 from a large pool of availability. It is possible for you to self-arrange a QEPEP project in advance of this although please note that you will not be permitted to self-arrange with supervisors that have supervised a QEPEP student within the past five years. The reason for this is to allow all students to have a fair chance at being allocated popular QEPEP modules, eliminating potential bias through self-arrangement.

If you do wish to self-arrange the form is now available for completion via e-forms. The deadline for full completion of the form is the 25th January 2019. For more information about self-arrangement please visit the QEPEP OneMed pages