

## Shaping Research: the Centre for Musculoskeletal Research User Group (RUG)

The RUG includes people with an active interest in musculoskeletal health, either patients who are living with a musculoskeletal condition such as arthritis, lupus or fibromyalgia, or their carer.

As experts in their own condition, patients advise our Centre for Musculoskeletal Research in aspects of research and the RUG shares research studies, lay summaries and much more.

The RUG meets quarterly in Manchester. Refreshments are provided and travel expenses paid.

We are also seeking volunteers to become virtual members and get involved via email.

For further information please contact the RUG Facilitators at [RUG@manchester.ac.uk](mailto:RUG@manchester.ac.uk) Telephone: 0161 306 0539 <http://research.bmh.manchester.ac.uk/Musculoskeletal/rug/>

## Public Programmes Team: Involving and Engaging People in Research

Listening to the views of patients and the public is vital to ensure research is relevant. We help create opportunities for people to have their say and influence health research.

From taking part in online discussions to attending patient panels or working on projects to help raise awareness of research, there are many ways you can make a difference.

Opportunities include joining a patient panel to share experiences of: cancer, hearing health, respiratory disease, pregnancy complications, dementia and sensory impairments; becoming a member of 'Voice Up' – the young people's voice in research group for 11-24 year olds; working with the Manchester Clinical Research Facility to help ensure patient and public involvement is at the heart of their work.

Email- [publicprogrammes@mft.nhs.uk](mailto:publicprogrammes@mft.nhs.uk)  
Telephone – 0161 276 6614

Facebook - @PublicProgrammesTeam

Twitter - @researchdialog

Web: [www.research.cmft.nhs.uk/facilities-services/public-programmes](http://www.research.cmft.nhs.uk/facilities-services/public-programmes)

## Patient Safety Translational Research Centre

The PSTRC works to improve the quality of care and patient safety in primary and translational (where people move from one care setting to another) care.

For further information visit <http://www.patientsafety.manchester.ac.uk/> or contact [gmpstrc@manchester.ac.uk](mailto:gmpstrc@manchester.ac.uk)

## engagement@manchester

A network of practising 'engagers' who provide support and resources for public engagement at The University of Manchester.

For further information visit [www.engagement.manchester.ac.uk](http://www.engagement.manchester.ac.uk)

Email: [engagement@manchester.ac.uk](mailto:engagement@manchester.ac.uk)

Twitter: @UoMEngage

## Division of Pharmacy and Optometry: Patient and Public Advisory Board (PPAB)

The University hosts one of the UK's leading schools of pharmacy that trains and educates current and future pharmacists, and carries out world-leading research in pharmaceutical science and pharmacy practice. Our Patient and Public Advisory Board (PPAB) advises on the content of teaching programmes and research. If you live in Greater Manchester, use pharmacy services and want to help shape our pharmacy workforce and help improve the quality and relevance of pharmacy research, please contact us

[sally.jacobs@manchester.ac.uk](mailto:sally.jacobs@manchester.ac.uk) or 0161 306 0602.

## Maternal and Fetal Health Research Centre Advisory Group

The MFHRC is one of Europe's largest pregnancy research centres 'finding solutions to pregnancy problems'.

The Advisory Group is for women and men in Greater Manchester who have experienced IVF and/or pregnancy complications or loss as well as healthy pregnancy. The group use their experiences to help improve the research carried out by the MFHRC. No experience of research is needed and you can link with us in person or online.

<https://www.bmh.manchester.ac.uk/connect/social-responsibility/get-involved/activities/community-liaison-group/>

Contact: [james.lea@manchester.ac.uk](mailto:james.lea@manchester.ac.uk)

[Yvonne.awenat@manchester.ac.uk](mailto:Yvonne.awenat@manchester.ac.uk)

## Find out more: About our Research

[www.manchester.ac.uk/research](http://www.manchester.ac.uk/research)

## About our Teaching

[www.manchester.ac.uk/study](http://www.manchester.ac.uk/study)

## About our Social Responsibility

[www.manchester.ac.uk/discover/social-responsibility](http://www.manchester.ac.uk/discover/social-responsibility)

## About our Social Responsibility in the Faculty of Biology, Medicine and Health

<https://www.bmh.manchester.ac.uk/connect/social-responsibility/get-involved/>

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The University of Manchester

Our world-leading research and teaching has a positive impact across the Greater Manchester community and beyond.

You can help us to  
make a difference

Get  
involved



## Autism@Manchester

Autism is a life-long, developmental condition that affects how a person communicates with, and relates to, other people. Autism@manchester provides a platform for autistic individuals and their family and carers to meet with academics and practitioners to collaborate on research projects. The network organises activities, including newsletters, 'Expert by Experience' advisory groups, workshops, talks and development of educational resources.

For further information visit [www.autism.manchester.ac.uk](http://www.autism.manchester.ac.uk) or contact Emma Gowen at [emma.gowen@manchester.ac.uk](mailto:emma.gowen@manchester.ac.uk)

## Digital Health: Health eResearch Centre (HeRC)

The University's world leading digital-health research centre improves health and social care services through the secure, controlled use of clinical, biological and population data. We value patient and public involvement in all areas of our research and promote our work on social media.

Opportunities for public involvement are publicised through the following channels:  
See the 'Get Involved' section of the website: [www.herc.ac.uk](http://www.herc.ac.uk)  
Twitter: @HeRC\_Tweets #datasaveslives

## Understanding Everyday Participation (UEP) Articulating Cultural Values

The UEP is pioneering a new vision of the relationship between participation and cultural value. Using research we challenge traditional boundaries of 'culture', exposing the role these play in economic, social and geographical inequalities, and revealing the value of everyday cultural participation.

We work with local and national communities to ensure our research findings are accessible. Activities include community engagement workshops, sustainable management of public parks, and discussions on barriers and opportunities to cultural and leisure participation of young people in care.

[www.everydayparticipation.org](http://www.everydayparticipation.org)  
@ueparticipation

## Community Liaison Group (CLG)

The CLG provides community perspectives to trainee clinical psychologists. CLG members work together with staff and trainees to ensure the views of people who use, or have used, psychological services inform the training and practice of clinical psychologists of the future.

<https://www.bmh.manchester.ac.uk/connect/social-responsibility/get-involved/activities/community-liason-group/>  
Contact: [james.lea@manchester.ac.uk](mailto:james.lea@manchester.ac.uk)  
[Yvonne.awenat@manchester.ac.uk](mailto:Yvonne.awenat@manchester.ac.uk)

## Doubleday Centre for Patient Experience

The Doubleday Centre involves patients and the public in training doctors. Our aim is for our students to learn in partnership with patients and carers to better understand their health needs and feelings, ensuring care, compassion, respect and openness are at the heart of medical education.

<http://sites.bmh.manchester.ac.uk/doubledaycentre/>  
Please contact Karen Cotterill Email: [doubleday@manchester.ac.uk](mailto:doubleday@manchester.ac.uk)  
Telephone: 0161 275 7792

## Primary Care: PRIMER

PRIMER is a patient-led group working with researchers to help promote the involvement of the public in shaping primary care research. We are always looking for enthusiastic volunteers with an interest in primary care research - no prior research expertise needed to get involved.

Website: <http://research.bmh.manchester.ac.uk/PRIMER/>  
Please contact Sally Giles Email: [sally.giles@manchester.ac.uk](mailto:sally.giles@manchester.ac.uk)  
Telephone: 0161 306 8020 Twitter: @PrimaryCareMcr

## Movement in Mind in Parkinson's

We investigate how Parkinson's disease affects the way people represent movement in the mind. Observing, copying and imagining actions can facilitate movement in healthy people, and we are exploring whether these processes may be beneficial in Parkinson's. Our research team includes people with Parkinson's, and we engage with people with Parkinson's through focus groups, workshops and visits to local groups.

Working with people with Parkinson's and their families helps us to design relevant studies. We involve people with Parkinson's in teaching Psychology students about the condition and how we control our movements.

Contact: Ellen Poliakoff [ellen.poliakoff@manchester.ac.uk](mailto:ellen.poliakoff@manchester.ac.uk)  
Website: Body Eyes and Movement (BEAM) Lab <http://beamlab.lab.manchester.ac.uk/>  
Twitter: @BEAM\_Manchester

## Manchester Institute for Collaborative Research on Ageing (MICRA)

MICRA addresses questions about how and why we age across research disciplines in biological and clinical sciences, social sciences, and the Arts.

A number of our studies are supported through collaboration with local communities, charities, and policy makers, to deliver change in policy and practice. A recent study of 'age-friendliness' in Manchester, involving older people as co-researchers, won a National Coordinating Centre for Public Engagement Award.

MICRA hosts free public seminars and a specialist PhD network. Membership is free and open to all with an interest in research on ageing.

For further information [micra@manchester.ac.uk](mailto:micra@manchester.ac.uk),  
[www.micra.manchester.ac.uk](http://www.micra.manchester.ac.uk)  
Twitter @MICRA\_Ageing

## Training Healthcare Scientists: Manchester Academy for Healthcare Scientist Education (MAHSE)

MAHSE provides the best educational experience for Healthcare Scientist trainees in the NHS and works with several universities. Healthcare Scientists play a vital role in investigation, diagnosis, treatment and aftercare of patients. Patients and members of the public involved in training healthcare scientists help the NHS to improve the patient experience.

For further information about MAHSE please contact us at [admin@mahse.co.uk](mailto:admin@mahse.co.uk) or visit our website at <http://mahse.co.uk/for-the-public/patient-and-public-involvement/>  
Email: [admin@mahse.co.uk](mailto:admin@mahse.co.uk)

## Britain Breathing

Allergies are increasing and although it isn't known why, it is believed the environment is a factor. To answer this question we need wide-scale human data about when and where symptoms develop that we can link to other data, such as weather and pollution.

#Britain Breathing is a 'citizen science' project that involves the UK population in research by acting as 'citizen sensors' to help scientists understand more about seasonal allergies such as hay fever or asthma. Volunteers also learn more about their own allergies.

It is free to take part. Please download the app at the Google Store or Apple Store and join in our project!

<https://youtu.be/hWhFt9RRmZE>

<https://www.youtube.com/watch?v=hdh1id3lzGE>

[www.britainbreathing.org](http://www.britainbreathing.org)  
Twitter: @BritBreathing