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Dr Anu Trehan

**Academic Lead
Year 3**

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Dear Students,

Winter has arrived and so has month 3! By now you will be used to the clinical placements and becoming used to the logbooks and, I hope, you have all taken my advice about ensuring you have signed off some UPSAs and PMS skills.

At the end of this month you will be having your portfolio reviews with your academic advisors. This is time to reflect on your professional development and well-being. As you start Block 3 in December you will notice your SCT teaching sessions are focused on your development in the professional qualities of being a doctor and the challenges this brings to you as a person.

The link to portfolio is [here](#).

Speaking of professional matters, just a quick reminder not to sign in for your fellow students at teaching sessions! Although you think you are helping them, it can get you both into trouble, so best avoided.

With best wishes,

Top Tips: Viewing your Dashboard

Your eForms Dashboard is designed to provide an easy way to view all your logbook submissions during your clinical placement. The dashboards are available on the eforms website at <https://eforms.mhs.man.ac.uk/> - Simply log in using your University username and password and go to My Dashboards. You can access this on your iPad by using the browser when you are online. The Dashboards are not yet available on the eForms app, but following feedback from students and tutors, we plan to release this by the end of the year. Please look out for the next release of the app and always make sure you have the latest version.

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Academic Lead Year 3

Alison Quinn
Associate Lead Year 3

Himanshu
Associate Lead Year 3

Singh

Sector Year 3 Lead



Professor Alex Woywodt
Consultant Nephrologist

Sector Year 3 Lead
LTHTR (Preston Campus)

Dear Students,

It was good to see how you tackled Block 1 – all students passed and some students did much more than the minimum of clinical examination, assessments and presentations – great! It would be good to keep the momentum going throughout the academic year. The minimum requirements per block are really only that – the bare minimum to pass. In the very near future you will all be FY doctors in a very busy clinical workplace. Just doing the minimum may not cut the mustard – you should really immerse yourself in the clinical environment now and also work with our enthusiastic clinical placement facilitators (CPFs) – Yvonne (lead CPF), Rachel, Charlotte and Lauren. They can help you with UPSA, assessments and do the patient case study journey toolkit with you to help you improve your history taking skills and get a more holistic idea of patients care.

Another thing I wanted to mention is how to get the most out of the outpatient clinics you attend. Firstly, check the day before on Quadramed that the clinic is going ahead (clinics will be cancelled if the consultant is on leave or sometimes when they are on call). Another good idea is to find out what kind of patients will be seen - again Quadramed will give you an idea. You could also email the clinician doing the clinic to find out – this will enable you to read up in advance. I do a clinic for patients with a kidney transplant – even just reading up half an hour the evening before will allow you to get ever so much more out of the clinic. And one more thing: some students have been in touch recently after they have incorrectly assigned their e-forms to Block 1 instead of Block 2, requesting for these to be changed. Can we please remind everybody to complete their forms carefully to avoid unnecessary extra work for the team.

Winter is clearly in the air and I hope you have spent some time exploring the wonderful countryside. I think I mentioned the Ribbleshead viaduct in my last newsletter – students have asked for some suggestions on where to go when one does not have a car (greetings to our French Erasmus students – I hear they explored the Trough of Bowland last weekend). Top Tip would be to get yourself Robert Swain's book entitled "55 555 walks" – these walks all start where the 555 South Lakeland bus goes – you could take an early train from Preston to Windermere, hop on the bus there and be in Conistone or Grasmere in no time and do some walking around there – the possibilities are endless.

Finally – I will be meeting with Christopher Eaves, the Year 3 Student Rep, on 14th November. Can you please pass any queries to Christopher before this date who will then feedback to you.

Best wishes,

Prof Alexander Woywodt
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Student Representative

christopher.eaves@student.manchester.ac.uk

Hey guys,

First of all thank you to everyone that's filled in the survey I sent out, it really helps when I meet with the year three leads if we have something I can bring that shows what you guys want changing and any views you have, so thanks!

Dr. Soydemir has asked me to share this video with you all showing how other students feel about the service offered by LTHTR SWAPS, it's collated from the various years and might answer any questions you have. I have recently met with Dr. Soydemir and she welcomes any feedback you may have and as a service they are keen to change to make it a more accessible service for us and have numerous times in the past, so please speak up! Link below:

<https://vimeo.com/156676601>

Lastly, the uni is keen to promote the Speak Up Stand Up campaign, a way for students to anonymously report any hate incidents they may have been subjected to or have witnessed happening, link below:

<https://www.reportandsupport.manchester.ac.uk>

Many thanks,

Christopher Eaves

