

# Annual Report 2016 & 20 year review

National Confidential Inquiry into Suicide and Safety in Mental Health (NCISH)

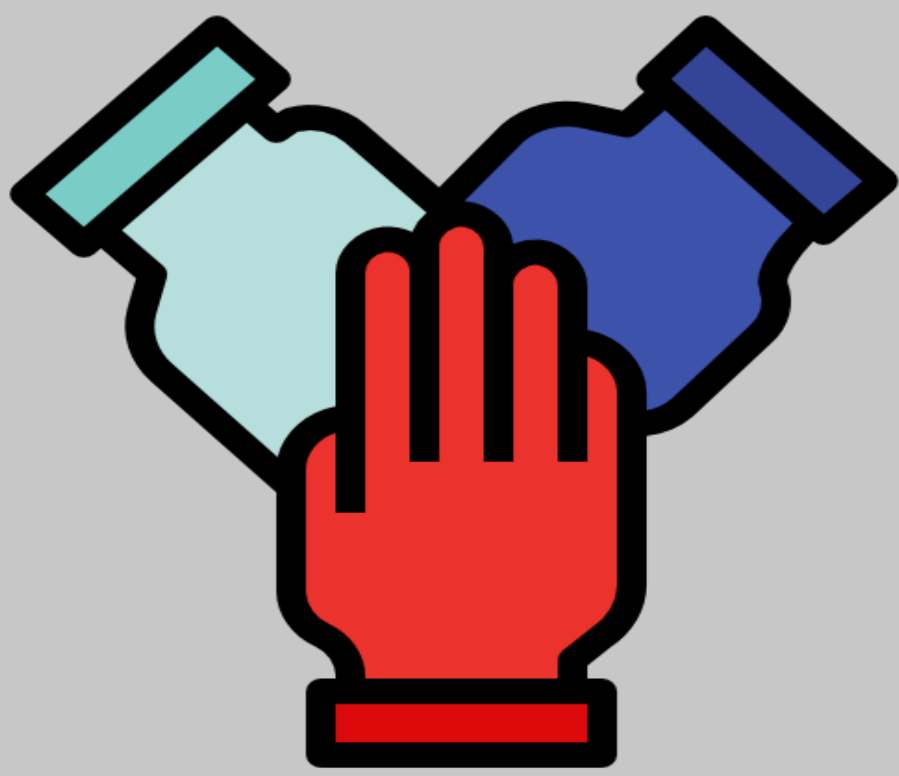
a decrease of

62%

occurred in **in-patient suicides** (2004-2014)

Our findings suggest...

## Services for dual diagnosis



Mental health & drug/alcohol services should **work together**

## Home treatment



**Intensive support** should be provided within **2-3 days** of hospital discharge

## Personalised risk management



You should be **involved** in your own **care plan**

## Help with your problems



You should be **informed** about services that can **help** with your problems (e.g. debt)