

MANCHESTER
1824

The University of Manchester

Healthcare in the UK

David Doherty, Occupational Health

the manchester welcome 2018

welcome workshops

HEALTH CARE PROVISION IN THE UNITED KINGDOM

International Students 2018

**Friday 14th & Sunday 16th September:
David Doherty**

Occupational Health Adviser

National Health Service (NHS)

General Practitioners

Hospitals

Dentists and Opticians

Emergency '999' Care

GP, Doctors



If in UK more than 6 months you are entitled to free, at the point of entry, NHS care.

111 is the NHS non-emergency telephone advice number

GP Registration

- Make sure you register with a local GP near to your accommodation.

GP registration at Orientation for new students
i.e. at the Start of Year Fair

- Some students have their own Health Insurance

Registering with a GP

You can access your local GP on the **NHS website**: www.nhs.uk

For **Further information** you can contact:

- The International Office
- The Student Union
- Occupational Health Service /webpages



The service is **free**, however there is a charge for prescription medication (currently £8.80 per item)

<https://www.nhs.uk/NHSEngland/Healthcosts/Pages/Prescriptioncosts.aspx>

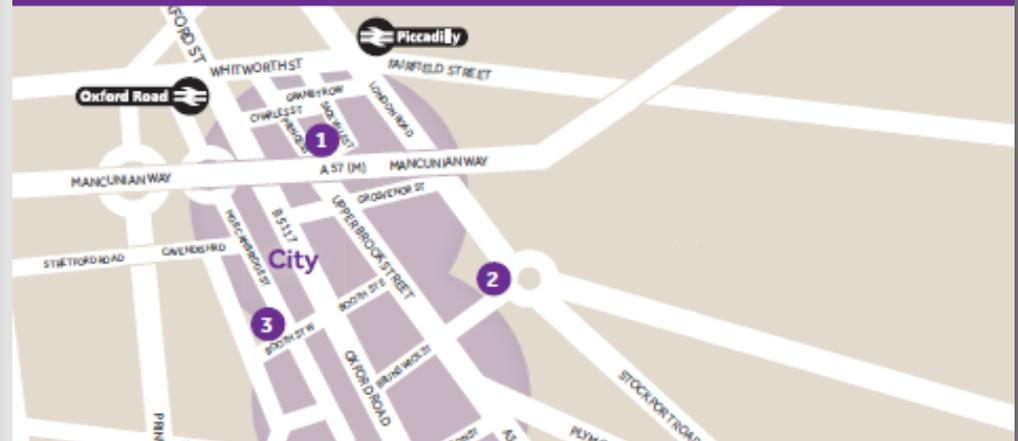
GP Locations in local area

MANCHESTER DOCTORS SURGERIES MAP KEY

- | | |
|---|--|
| 1 The Docs
55-59 Bloom Street
M1 3LY | 8 Ailsa Craig Medical Practice
270 Dickenson Road
M13 0YL |
| 2 a) The Vallance Brunswick Centre
b) The Vallance Centre
Brunswick Street
M13 9UJ | 9 Wilmslow Road Medical Centre
156 Wilmslow Road
M14 5LQ |
| 3 Cornbrook Medical Practice
Boundary Surgery
63 Booth Street West
M15 6PR | 10 Hawthorn Medical Centre
Unit K, Fallowfield Retail Park
M14 6FS |
| 4 New Bank Health Centre
339 Stockport Road
M12 4JE | 11 Bodey Medical Centre
Ladybarn Court
28 Ladybarn Lane
M14 6WP |
| 5 Manchester Medical
Moss Side Health Centre
Monton Street
M14 4GP | 12 Fallowfield Medical Centre
75 Ladybarn Lane
M14 6YL |
| 6 Surrey Lodge Group Practice
11 Anson Road
M14 5BY | 13 Mauldeth Medical Centre
112 Mauldeth Road
M14 6SQ |
| 7 The Robert Derbyshire Practice
Rusholme Health Centre
Walmer Street
M14 5NP | 14 Borchardt Medical Centre
62 Whitchurch Road
M20 1EB |
| | 15 Ladybarn Group Practice
54 Briarfield Road
M20 4SS |

Attention, the number placement on the map is for illustrative purposes only and is not 100% accurate

MANCHESTER DOCTORS SURGERIES MAP



Dentistry



Register with a dentist of your choice.

Always ask for NHS treatment

The Dental Service is not free and you will be charged for all care and treatment received

Emergency Dental Help Line: **111**

Free EMERGENCY treatment is available from the University Dental Hospital: Tel: **0161 275 6666** for details.

Optometry

You can choose any optician

There is a charge for this service

- e.g. eye test / new glasses / spectacles.



Emergency Care

- In the event of an emergency in the UK you dial **999** to explain the emergency.
- There are 3 services available
 - **Ambulance , Fire , Police**



PRIMARY CARE EMERGENCY SERVICE

- If you are ill and unable to see your GP you can attend a **Walk-In Centre – the nearest:**
Manchester Royal Infirmary [MRI] on Oxford Road



- Or telephone 111 for advice NHS Emergency Primary Care Number

For ACCIDENT or HEALTH EMERGENCY

- Go to the nearest **A & E department** again the nearest one to the campus is based in the Manchester Royal Infirmary on Oxford Road



Primary Care Emergency Centre

(FOR STUDENTS LIVING IN MANCHESTER)

The Primary Care Emergency Centre is based at the **Manchester Royal Infirmary** and provides a nurse-led walk in service and GP Primary Care Stream

Open

- **Monday – Friday 8.30am – 10pm**
- **Saturday & Sunday 10am – 10pm** (including Bank Holidays)
- Telephone: 0161 276 5193
- MRI, Oxford Road, M13 9WL



Occupational Health Services

Advice on a student's fitness to undertake a course and any appropriate adjustments that may be required

Advice on fitness to study where there is a concern in relation to a student's medical fitness to attend University, study and sit exams

Health Surveillance where required by legislation

Appropriate screening and vaccinations where necessary depending on the demands of the course, i.e. health care students

Occupational Health Services

Cont. /

Provision of comprehensive travel advice / vaccinations / travel packs for **Course related** (e.g. field work, electives etc)

Provision of advice on a range of issues such as Alcohol, Drugs misuse and safer sexual health [we stock free condoms]

Advice may be available in a number of emergency situations such as students taken suddenly ill on campus or during examinations but in all emergency situations the **University local 1ST aiders & NHS Emergency services** should be contacted at outset

Students may be seen:

Following faculty / School referral

- Tutors may decide that it is appropriate to formally refer students by writing to the Occupational Health Service for a medical opinion. Following the consultation a written report will be provided and almost always the contents and indeed a copy of this will be available to the student

Following Self-Referral

- Students can make their own arrangements to be seen if they have any relevant concerns. In these cases the consultation is strictly confidential and no reports are provided unless specifically requested by the individual concerned

Statutory Appointments

- Where necessary for health surveillance required under legislation or screening due to course requirements

Cultural Differences

You may notice there is a difference in attitude towards Alcohol, Sex and recreational Drugs in the UK. In some instances the UK may seem to have adopted a more relaxed attitude to the above- Remember the choice is yours

Medical Certificate of Fitness

- For Elective Study / Course related medicals

Support for Students with Identified Physical & Psychological Concerns

- Students can self refer or be referred to OH by their school or any other support service
- We strongly advise students with a known disability or developmental issue ie dyslexia to register with The Disability Advisory Support Service (DASS)
<http://www.dso.manchester.ac.uk/>

Liaising with Other Support Services

- If in doubt contact Occupational Health Services

University Life can be Stressful

To help you successfully meet your academic demands there has to be a balance between academic work and leisure. The following points / advice are recommended :

- **Try to manage academic work as effectively as possible**
 - **Try to avoid being socially isolated- join in !**
- **Relaxation and exercise are important for wellbeing**
 - **Ask for help and support if needed**
- **There is a lot of support available –you just need to ASK**



Contact Details



**Occupational Health Services
For UNDER GRADUATES is based at:**

Waterloo Place
182/184 Oxford Road
Manchester **M13 9GP**
Tel: **0161 275 2858**

Email: waterloocchealth@manchester.ac.uk

Web Page: www.occhealth.manchester.ac.uk

Staff , PG students including MA Social Work are based at:

Jackson Mill on North Campus
Sackville Street **M13 9PL**
Tel: **0161 306 5806 / 4007**

**OPEN: Monday to Friday 9am -4pm
BY APPOINTMENT ONLY**

Recommended Vaccinations

Advised by Public Health England

- **MMR** (Measles, Mumps, Rubella) x 2 doses
- **Meningitis ACWY**



As from 1st August 2015, Public Health England strongly recommends the ACWY vaccination for all young people up to the age of 25years.

These vaccines are FREE of charge from your GP

If you have any problems obtaining the above vaccinations from your GP please contact:

NHS England: Tel: 0300 3 112233 for advice



QUICK QUIZ



Q1). What does the NHS stand for?

- a). New Hospitals System
- b). New Hospital for Students
- c). National Health Service
- d). National Hospitals System

Q1). What does the NHS stand for?

- a). New Hospitals System
- b). New Hospital for Students
- c). National Health Service
- d). National Hospitals System



Q2). What is a GP?

- a). A Dentist
- b). General Practitioner (Family Doctor)
- c). A Nurse
- d). General Patient

Q2). What is a GP?

a). A Dentist

b). General Practitioner (Family Doctor)



c). A Nurse

d). General Patient

Q3). Where could you find information about registering with the GP?

- a). NHS Website
- b). Start of Year Fair
- c). Occupational Health Service
- d). All of the above

Q3). Where could you find information about registering with the GP?

- a). NHS Website
- b). Start of Year Fair
- c). Occupational Health Service

d). All of the above



Q4). How can you register with the GP?

- a). Attend Start of Year Fair
- b). Go into your local GP practice
- c). Go to a Chemist
- d). Go to Occupational Health Service
- e). A and B

Q4). How can you register with the GP?

- a). Attend Start of Year Fair
- b). Go into your local GP practice
- c). Go to a Chemist
- d). Go to Occupational Health Service

e). A and B



Q5). Who needs to register with a GP?

- a). If your home country does not have a reciprocal healthcare agreement with the UK
- b). International Students
- c). If you have an existing health condition
- d). Everybody who will be resident in the UK for over 6 months

Q5). Who needs to register with a GP?

- a). If your home country does not have a reciprocal healthcare agreement with the UK.
- b). International Students
- c). If you have an existing health condition
- d). Everybody who will be resident in the UK for over 6 months



Q6). Are GP services free?

- a). Yes: All services are free
- b). Yes: But you have to pay for prescriptions (£8.40 per item)
- c). No: Everybody pays
- d). Yes: Both service and prescription are free for under 18s

Q6). Are GP services free?

a). Yes: All services are free

b). Yes: But you have to pay for prescriptions (£8.80 per item)



c). No: Everybody pays

d). Yes: Both service and prescription free for under 18's



MANCHESTER
1824

The University of Manchester



the manchester welcome 2018
welcome presentations