

Annual report 2018

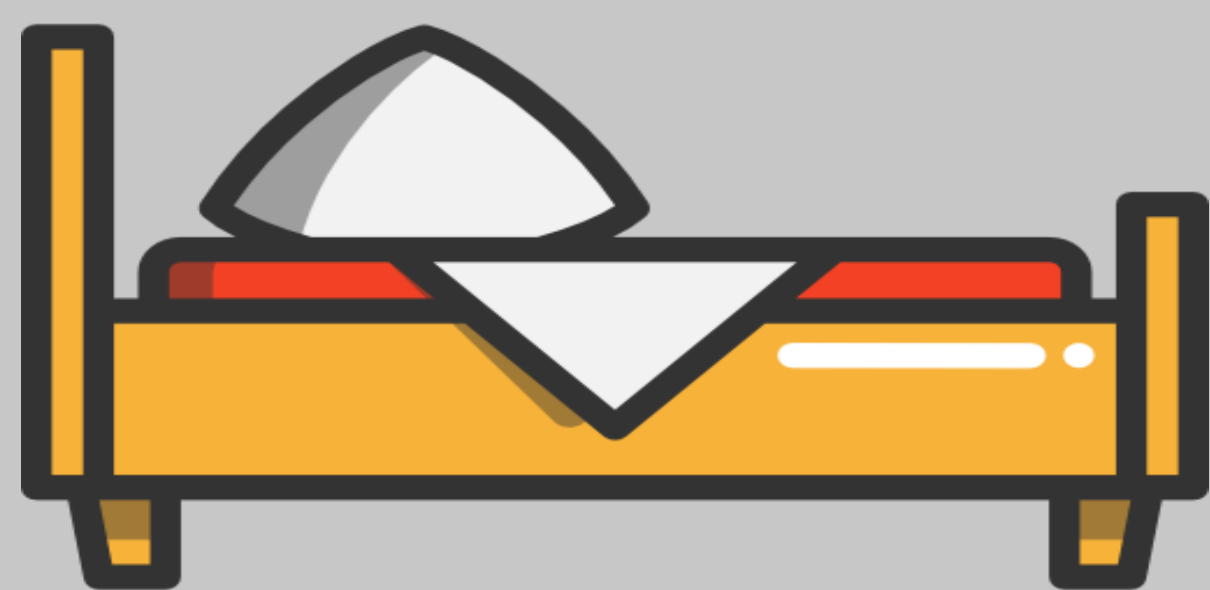
National Confidential Inquiry into Suicide and Safety in Mental Health (NCISH)

28%
people

who died by **suicide** had contact with **mental health services** in the previous **12 months**

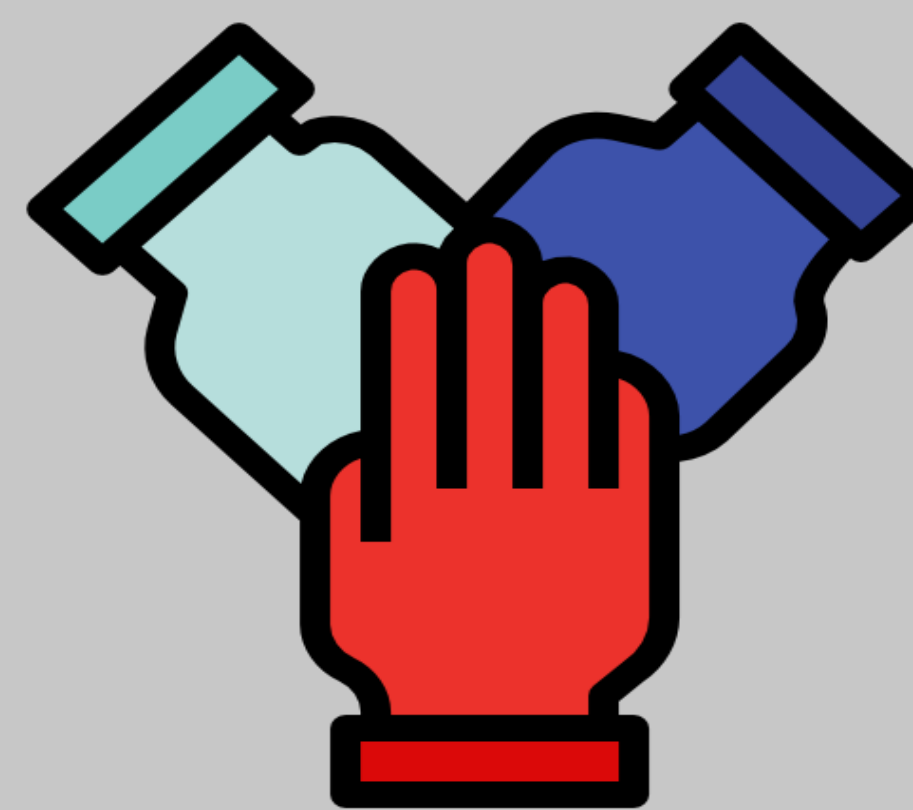
Our findings suggest...

In-patient care



Services should make sure wards are a safe place for you to recover

Young people



A wide range of professionals should be able to help you if you are in crisis

Recent self-harm



Everyone should get a good assessment after self-harm

Women



Services need to recognise why women can be at risk of self-harm and suicide