10 ways to improve safety

- Safer wards
- Reducing alcohol and drug misuse
- Early follow-up on discharge
- No out-of-area admissions
- 24-hour crisis teams
- Personalised risk management
- Outreach teams
- Guidance on depression
- Family involvement
- Low staff turnover

NCISH: National Confidential Inquiry into Suicide & Safety in Mental Health

www.manchester.ac.uk/ncish