

MANCHESTER
1824

The University of Manchester

FREE
SPORT AND
ACTIVITIES FOR
STUDENTS AND
STAFF

SHOW US YOUR MOVES

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
AEROBICS		7.35pm- 8.35pm Simon Building Dual Usage Room					
BELLY DANCE				1.15pm- 2pm Simon Building Dual Usage Room			
BHANGRA				3pm- 3.45pm Simon Building Activity Room			
DANCE FITNESS				4pm- 4.45pm Simon Building Activity Room			
WOMEN'S YOGA			7.15pm- 8.15pm Sugden Sports Centre Activity Room 1				
ZUMBA			7.15pm-8pm Simon Building Activity Room				

*Times may vary, please refer to website and Facebook page for most up to date information. Sessions run during term-time only.

SPORTICIPATE



Check out:
www.manchester.ac.uk/sporticipate

For regular updates:

sporticipate

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