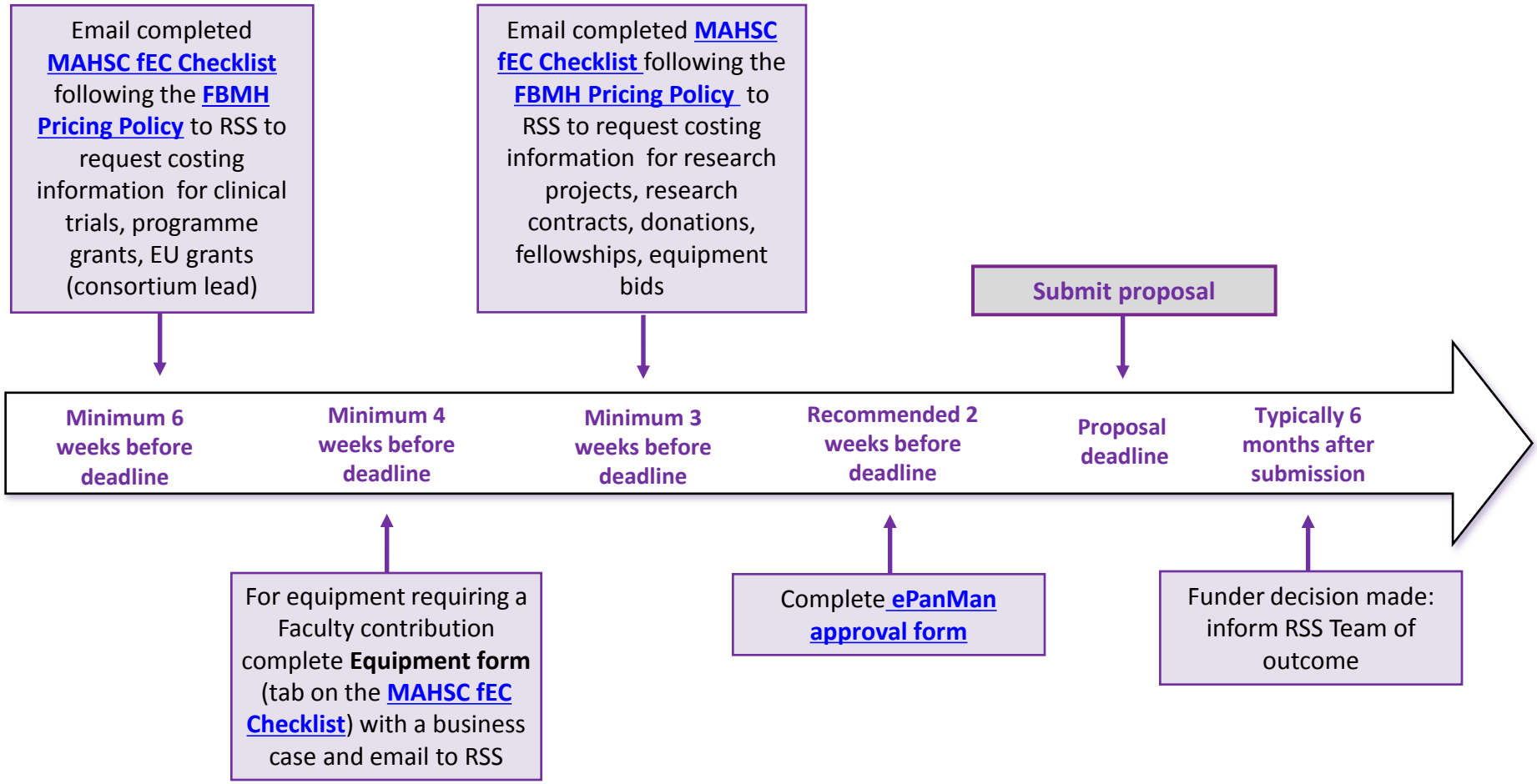FBMH Grant Submission Roadmap (August 2016)