

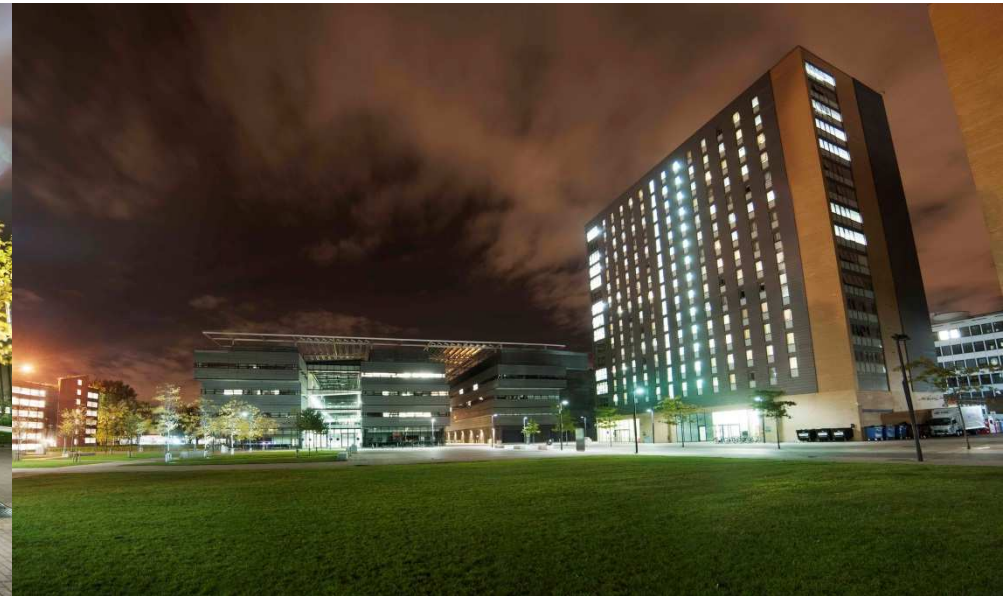
MANCHESTER
1824

The University of Manchester

How to Succeed on your Course at University

Revision Skills

Welcome



- Importance of revision
- Getting to know yourself
- Learning styles and techniques
- Revision plan

Revision



Why is revision important?

Revision

- Important part of your academic life
- Understand the content
- Create links between topics
- Strengthen what you learnt
- Recognise and fill any areas of knowledge that are missing

Know yourself

- What is your best/worse time to work?
- Where do you work best?
- What is the maximum time you can keep concentrated?
- How easy is to motivate yourself to start and to keep going?
- Do you give yourself a treat after revision?

Know yourself – relax, exercise, diet

- Relaxation: prevents being overwhelmed, helps mental wellbeing
 - Knowing when to take breaks/switch off
- Exercise: improve physical and mental health
 - Build stamina and energy; concentrate for longer
- Diet: is your body's and mind's fuel
 - Give our bodies the energy required.

Know your memory

- Memory:
 - Retains beginnings and ending best
 - Needs to make links
 - Remembers bizarre or outstanding features
 - Needs structure
 - Is helped by variety of sources

Know your memory

- Memory works best when you
 - Are ready to learn; take regular breaks
 - Have no distractions
 - Are focused
 - Have an overview of the bigger picture
 - Can visualise links between pieces of information
 - Regularly review what you are learning (structure)

Know your memory – Learning styles

- Do you learn visually?
 - Do you remember faces rather than names? Film over radio? ‘I see what you mean’/‘I can picture that’?
- Do you learn by listening?
 - Do you prefer telephone for important conversations? Are verbal instructions helpful? ‘I hear what you say’/‘Sounds right’?
- Do you learn by doing things?
 - Jump in and try it? Do you watch for body language? ‘That feels right’?

Know your memory – Group activity

In your groups, list as many potential revision techniques as you can think of on your flip chart paper

Know your exam paper

- How many questions are there and how many are you required to answer?
- How much time do you have? Manage your time
 - Time to read, time to answer, time to check answers
- What type of questions are there?
- How is the exam structured?

Revision tips

- Start early
- Make a timetable (allow for breaks)
- Repeat the same content rapidly multiple times as opposed to spending a long period of time once
- Recognise the key points, examples and evidence
- Practise for different range of questions
- Ask for help/get a study buddy
- Be proactive

Activity 1 – Question 1

- Eddy:
 - I think out loud
 - I prefer variety and action
 - I like to act quickly
 - I'm a good talker
 - I like to give my opinion
- Ian
 - I think before I speak
 - I prefer quiet
 - I like to be careful
 - I'm a good listener
 - I keep my thoughts to myself

Activity 1 – Question 2

- Sharon:
 - I look for the facts
 - I look for details
 - I focus on what works now
 - I prefer using what I've learned
 - I'm more practical and sensible
- Naz
 - I look for the possibilities
 - I like to work out what it means
 - I focus on how to make it different
 - I prefer learning a new skill
 - I'm more of a dreamer and imaginative

Activity 1 – Question 3

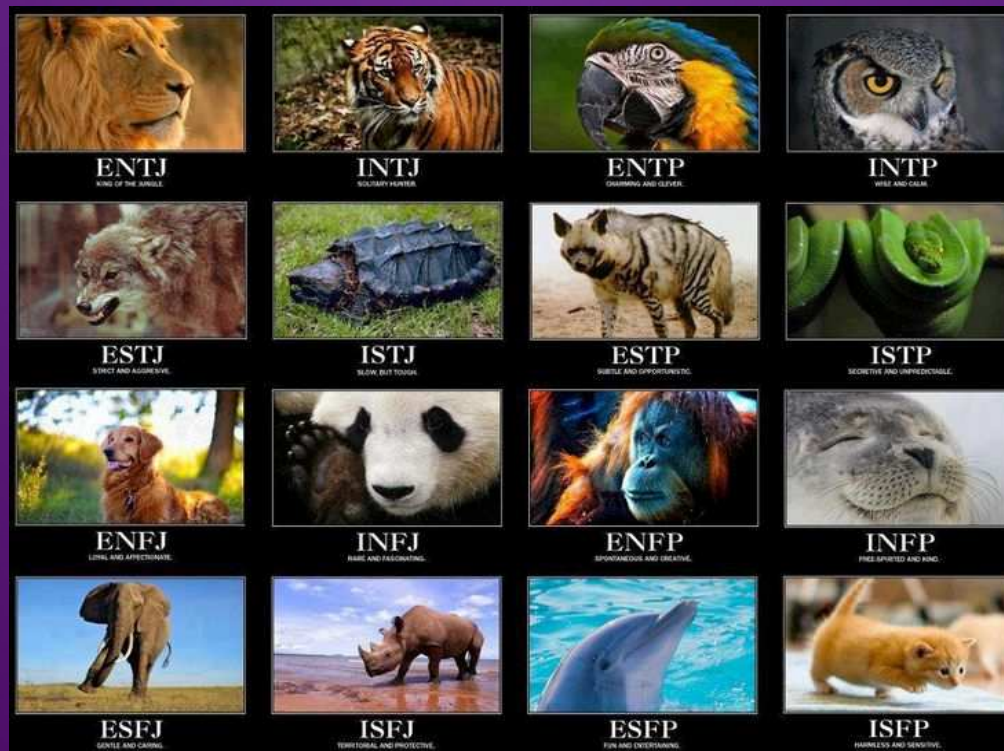
- Frank
 - I tend to follow my heart
 - I ask ‘How will it affect people?’
 - I like pleasing people
 - Giving praise is more important
 - I tend to be careful saying things that could upset someone
- Tom
 - I tend to follow my head
 - I ask ‘Is it the right decision?’
 - I like the rules and principles
 - Telling how it is is more important
 - I tend to give and take criticism quite easily

Activity 1 – Question 4

- Jane
 - I like to plan and organise things
 - I like to make decisions
 - I prefer finishing tasks
 - I quite like using lists
 - I like things tidy
- Paula
 - I like to see how things turn out
 - I like to keep my options open
 - I prefer starting tasks
 - I'd rather not use lists
 - I don't mind things untidy

Animal personality

Using the handout, work out which animal and personality type you are



Creating a revision plan – First steps

- First, list all your subjects you do
 - Break them down into sub-categories
- Using the KWL sheet provided, think which areas do you Know, Want to know and Learnt
- Decide which tasks you should only spend short bursts of time on and which ones you should spend a whole day on
 - Only big projects should take a whole day

Creating a revision plan – Calendar times

- Mix your subjects up
 - You can put different subcategories on different days
- First, allocate days for the big projects
- Write down any other commitments you have
- Decide during what times you work best

Creating a revision plan – Subject schedule

- Ensure your starting time is reasonable early
 - Start your day with something you can accomplish
follow by something heavier
- Schedule breaks, times to eat, relax and sleep
- Be realistic
- Move things into the Learnt column

Activity 2 – Create a revision plan

- Write down the subjects that you do and break them into sub-categories
- Fill the KWL list and the timetable
 - Do you have any commitments that week? Do you need to start a big project?
- What learning technique are you using?
 - Different colours; symbols

Activity 2 - Feedback

- Have you thought about when/where/how you work best?
- Did you implement any of the advice of the animal personalities?
- Did you factor in breaks/sleep/eating?

Revision plan - Example

- <https://www.escholar.manchester.ac.uk/learning-objects/mle/revision-strategies/>

Revision skills – Remember

- Revising to remember
- Revising to communicate
- Revising to make connections

Summer 2016 Discover Days

- Visit days for Year 12 students and other potential applicants
- Find out about subjects you'd like to apply to study
- Gain hands-on experience through lectures, workshops and seminars
 - **Discover Fashion Business - Wednesday 22 June**
 - **Discover English Literature & Creative Writing – Tuesday 28 June**
 - **Discover History – Wednesday 29 June**
 - **Discover Chemistry – Thursday 30 June**
 - **Discover Life Sciences – Tuesday 5 July**
 - **Discover Computer Science- Wednesday 6 July**
 - **Discover Midwifery – Thursday 7 July**
 - **Discover Nursing – Tuesday 12 July**
 - **Discover Philosophy - TBC**
- See website for details of each event: www.manchester.ac.uk/discoverdays



OPEN DAYS

THE UNIVERSITY OF MANCHESTER

<p>FRIDAY</p> <p>17</p> <p>JUNE 2016</p> <p>10am-4pm</p>	<p>SATURDAY</p> <p>18</p> <p>JUNE 2016</p> <p>10am-4pm</p>	<p>SATURDAY</p> <p>1</p> <p>OCTOBER 2016</p> <p>10am-4pm</p>	<p>SATURDAY</p> <p>8</p> <p>OCTOBER 2016</p> <p>10am-4pm</p>
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 www.manchester.ac.uk/opensdays

 www.facebook.com/OpenDaysUoM

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Any questions?

