

Exhibitions in Manchester

Whitworth Art Gallery

The M+ Sigg Collection: Chinese art from the 1970s to now
1 July – 20 September
Free entry

The exhibition will be the first UK show curated from the renowned M+ Sigg Collection. It brings together 80 significant works by leading contemporary Chinese artists including Ai Weiwei, Cao Fei and Zhang Peili, to examine how art can question, challenge and stimulate.



Zhang Huen – Family Tree

Spanning forty years, it will explore questions concerning the conditions for artistic practice, freedom of expression and the freedom of art by taking visitors on a journey through the subversive practice of artists including the 'No Name Group', via events on Tiananmen Square in 1989 and ending with the incredibly vibrant art scene of today.

<http://www.whitworth.manchester.ac.uk/>

the Whitworth, University of Manchester, Oxford Road, Manchester, M15 6ER

Manchester Museum

Making Monuments on Rapa Nui The Statues from Easter Island
1 April – 6 September 2015
Free entry

The monumental stone statues of Rapa Nui (named Easter Island by European explorers) in the Pacific are some of the most widely recognised and fascinating archaeological objects in the world. Following recent fieldwork on the island, Professor Colin Richards, an archaeologist at the University of Manchester, has worked on this new exhibition, which takes a fresh look at these impressive statues, or moai.



Making Monuments looks at how the statues and their top-knots (known as pukao) were made, the role they played in the lives of the islanders, how they were quarried and transported across the island, and what they mean. It also deconstructs some of the myths about the island, and discuss current theories about the decline of this astonishing culture.

<http://www.museum.manchester.ac.uk/>

Manchester Museum, University of Manchester, Oxford Road, Manchester, M13 9PL

Manchester Art Gallery

House Proud
April 2015 – April 2016
Free entry

House Proud, our new exhibition of glass, metalwork and furniture is inspired by the Gallery's pioneering Industrial Art Collection. During the 1930s the Gallery was one of the first to collect mass-produced or limited-edition home furnishings with a very strong, contemporary design aesthetic and to display them in an art gallery setting. The exhibition illustrates some of the ways in which the boundaries between art and design for the home have been challenged since then.



Louisa Hodgson, *In Search of Peace*
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<http://www.manchestergalleries.org/>

Manchester Art Gallery, Mosley Street, Manchester, M2 3JL

Chetham's Library

Sense and Diagnosis
17 July – 9 October 2015
(Opening event Thursday 16 July 6pm-8pm)
Free entry



Sense and Diagnosis is an exhibition exploring the mediation of all the doctor's senses through diagnostic tools. Drawing on the city's medical collections, it has been devised and curated by students from the University of Manchester's MA in Art Gallery and Museum Studies.

The opening event on July 16th from 6pm – 8pm will involve a performance event 'See / Hear / Touch' which will offer participants an intimate, one-on-one sensory encounter with an artist. Arguably, visits to the doctor today are becoming shorter, less personal and increasingly based around object interaction rather than human interaction; we want participants to experience something akin to the hands-on, directly sensory diagnosis of earlier medical eras.

<http://senseanddiagnosis.tumblr.com/>

Chetham's Library, Long Millgate, Manchester, M3 1SB

A partnership between



Central Manchester University Hospitals  NHS Foundation Trust

+Culture Shots

Museums and Galleries Week

13–17 July 2015

At Trafford Hospital and Manchester Museum



Photo: Joel Chester Files

5 days celebrating the benefits of health and culture

HealthandCulture.org.uk

Staff Competition

To explore the development of Manchester Museum's geology garden and its' collections. This year's +Culture Shots programme is calling on budding photographers to capture rocks and stones.

Please send up to three of your digital photographic images to: **Wendy.Gallagher@manchester.ac.uk**

The deadline is Wednesday 1st July. You need to include your name, a title for your photograph and contact details.

Winning entries will form a framed exhibition for display in one of the hospital corridors. This competition is open to all staff, patients and visitors at Trafford Hospital.

Winners to be announced at 1pm on Thursday 16 July in the boardroom.

What is +Culture Shots?

+Culture Shots is a week-long series of free events, bringing art and culture into the hospital environment.

Find out why culture works and how the expertise within Manchester's museums and galleries can be used to improve professional practice as well as patient and staff's health and well-being.

We want to inspire individuals to get talking and thinking about culture in a new way.



Photo: Alan Seabright

+Culture Shots

Culture makes a difference. Experience it for yourself.

Good health stems from much more than just a healthy body. Cultural experiences can enable individuals to express their individuality, connect with others, the world around them, and develop emotional resilience.

From museum collections, music, printing and crochet, to the science of haptic technology, these unique sessions will give you the chance to discover how culture can enhance lives.

Join us to find out how healthcare and cultural professionals are already working together in Manchester.



Photo: Joel Chester Files

Museums and Galleries Week 13–17 July 2015

The sessions are planned to fit around a busy working day. Simply 'drop in' – stay for a minute or as long as you want. For a more detailed outline of events go to HealthandCulture.org.uk

Trafford Hospital

Monday 13 July
Orthopaedic Outpatients
10am-4pm

Connecting Communities and Coral

Artists have led creative crocheting sessions on the surgical wards, the stroke unit, and in many of the waiting areas within the hospital. Come and enjoy the stunning crocheted coral reef installation created by patients, visitors and staff at the hospital that is now on permanent display. Today artist Lucy Burscough will be in the orthopaedic outpatients – pop over and learn to crochet, and see some coral from the collection at Manchester Museum.

Near Stroke Unit Ward 1
10am-4pm
Felt brains; a truly amazing organ

Textile artist Lauren Mullarkey works with patients, staff and visitors on the Stroke Unit at the hospital delivering twice weekly art groups. These creative sessions have become an important and valued part of individual patient recovery pathways. Inspired by the incredible workings of the human brain, together we have created three beautiful artworks to enhance the hospital environment. Lauren will be demonstrating the art of machine felt-making, come along and have a go.

Near Stroke Unit Ward 1
10am-4pm
Coral: Something Rich and Strange

Manchester Art Gallery and the Whitworth Art Gallery work in partnership with the hospital to deliver a range of programmes, activities and resources for both patients and staff. Bringing artefacts and objects from their world renowned collections into the hospital environment artists and clinicians work together to promote the benefits of health and culture.

Artist Nicky Coldclough invited patients to try a range of creative techniques as they tried to capture the beauty of coral, looking at this natural wonder in close detail to explore texture, pattern and colour. As one of the patients said "It's makes me feel liberated". Having the opportunity to imagine and create is essential for all of us.

Tuesday 14 July
Hospital Restaurant
10am-1pm
Forget Me Not

Manchester Museum and the Whitworth want to make a difference for people living with dementia and their carers. Providing opportunities for engaging in meaningful and stimulating activities they have worked closely with patients, artists and clinicians to develop the Forget Me Not Arts & Crafts, Activities & Games and Memory Boxes. Student nurses from the University of Manchester will be trained as volunteers to use these boxes on the ward.

Come and find out more about these exciting new resources.



Photo: Alan Seabright

Wednesday 15 July
Clock Tower Entrance
10am-1pm
Whitworth – Tactile

Explore 'Tactile' the Whitworth's contemporary textile handling resource.

Hospital Restaurant
10am-2pm
Holiday Memories

From Blackpool Tower to days out in the local park, dig through Archives +s vintage suitcases, flick through photograph albums and reminisce about your family holidays and day trips. A great way to boost your mood!

Orthopaedic Outpatients
10am-1pm
Drop in, Dress up and discover our Footballing Heritage

Get hands on with objects from the National Football Museum, try on kits from the past and take your own selfies, all whilst learning about the history of our beautiful game.

Main Outpatients Café
10am-4pm
Objects in Mind

Manchester Museum's *Objects in Mind* facilitators invite people of diverse mental health to connect to museum objects in their own personal way. We will explore the theme of personal development, how we view ourselves and the journeys we take through life.

Visiting Hospital Wards
10am-4pm
Manchester Museum – 'Museum Comes to you'

Curators from Manchester Museum will visit patients and staff on hospital wards bringing with them a selection of fascinating objects from the collections. An opportunity to see up close, handle and share the stories behind these objects.

Urgent Care Entrance
10am-4pm
Salford Heritage Services

ArtBox is a creative resource designed around three ways of communication – Verbal, Prop and Rhythmic Communication which lend themselves to successful engagement with dementia. Come and find out more about it.

Education Centre Classroom 5
1pm-4pm
Manchester Medical Museum

Take a look at highlights from the Museum of Medicine and Health's collection of over 9000 items of historic medical equipment, photographs, illustrations and archival material.



Clock Tower Entrance
1pm-4pm
Manchester Museum – Mobile Haptics

Haptic technology is a touch enabled computer system which works by using high quality 3D scans of museum objects allowing you to investigate artefacts that would otherwise be too fragile, small or heavy to handle.

Main Outpatients Café
10am-4pm
Manchester Policing Past and Present

Try on uniforms with staff and volunteers from the Greater Manchester Police Museum. Hear tales of Victorian policing and view objects from the policing, past and present.

Hospital Restaurant
1pm-4pm
People's History Museum

Take a moment out of your busy day, have a look and a chance to touch some fascinating objects from the People's History Museum.

Staff Wellness Day

Thursday 16 July
Clock Tower Entrance
10am-10.30am or 10.30am-11am
Tai Chi

A traditional Chinese internal art for mind and body. Meet by the clock tower entrance to Trafford Hospital for a peaceful introduction to this ancient art form.

Boardroom
10am-12pm / 1pm-2.30pm
Physiotherapy

Find out more about physiotherapy and how to benefit from exercise at work.

Dancing Throughout the Hospital Finishing in the Boardroom
10am-1pm
Ma – Ayaka Furukawa

"Ma" is the Japanese word for the space around objects, the gaps or the pauses in life. Contemporary dancer Ayaka Furukawa is interested in creativity and communication through body movements to reconnect individuals with their own body, engage peoples originality and to share their individual unique worlds. Ayaka will perform in and around the hospital building.

Boardroom
10am-1pm
Medieval Manuscripts

Get close-up with copies of illuminated medieval manuscripts with staff from The John Rylands Library. Create your own illustration – drawing from scratch or using a prepared outline – and colour using authentic pigments.

Classroom 4
Education Centre
10am-4pm
Chinese Painting

Hong Kong born artist, Yvonne Koo will introduce you to Chinese and Japanese painting and calligraphy.

Hospital Restaurant
11am-1pm
I FEEL – Andrew Houston

I FEEL by Andrew Houston is a durational performance piece examining the tension between the interactions that make us human and the machines that help us live. It's OK to pop in for 10 minutes or feel free to stay longer.

Chapel
11am-12pm and 2pm-4pm
Mindfulness Sessions

A taster mindfulness session for those who might like to learn more about how they can improve their personal wellbeing.

Classroom 8
Education Centre
11am-1pm and 2pm-4pm
Reflexology or neck shoulder massage

Enjoy a 20 minutes reflexology session or a 10 minute massage session.

Classroom 7
Education Centre
11am-4pm
Hand Rubs

Relaxing hand rubs for staff.

Wards / Boardroom
11am-4pm
Musical Entertainment

Peter Gomm is one of the Trust chaplains who will visit wards and departments and to sing for 15 minutes whilst playing the guitar.

Hospital Chapel
12.15pm-12.35pm
Act of Worship

A short act of worship for those that might like some quiet reflection on the day.

Clock Tower Entrance
1-3pm
Manchester Health Academy Performs

Let students brighten your day as they demonstrate their musical prowess. *The Manchester Health Academy is sponsored by Central Manchester University Hospitals NHS Foundation Trust.*

Hospital Restaurant
1pm-4pm
Manchester Medical Museum

Take a look at highlights from the Museum of Medicine and Health's collection of over 9000 items of historic medical equipment, photographs, illustrations and archival material.

Manchester Museum

Manchester Museum has a long and successful history of working with local communities, such as health service providers, older people in residential and care homes, adults and children with mental health issues. Working closely with artists, museum and health professionals, together we can make a vital contribution to Greater Manchester's health.

We have invited a range of groups to showcase their work as part of Culture Shots.

- Central Manchester University Hospitals NHS Foundation Trust
- Macmillan Cancer Support
- Stroke Association
- Kidneys For Life
- Autistic Society
- Henshaws Society for Blind People
- Venture Arts
- Seashell's Trust
- Genie Networks
- IF Volunteering for Wellbeing
- Red Rose Forest
- RSPB

Friday 17 July
1pm-4pm
Medical Museum

Take a look at highlights from the Museum of Medicine and Health's collection of over 9000 items of historic medical equipment, photographs, illustrations and archival material.

Performances
Living World's Gallery
12pm-3pm
I FEEL – Andrew Houston

I FEEL by Andrew Houston is a durational performance piece examining the tension between the interactions that make us human and the machines that help us live.

Throughout the Museum
12pm-3pm
Ma – Ayaka Furukawa

The performance will develop the internal and external relationships between the audience and performance space, connected consciously through physical and conceptual expression movements.

1pm-2pm
Poetry Readings in the Fossil Gallery

Actor Julia Nelson will read winning pieces from last year's Culture Shots creative writing competition. The Tree by Cal Lumb Peninsula by Elisha Bradley