

SPORTS FACILITIES

The four main University sport venues offer discounted rates to students giving you access to a wide range of indoor and outdoor sports facilities. For opening times and prices go to www.manchester.ac.uk/sport/facilities-and-membership

The Armitage Site

- Fully equipped fitness suite with free weights area
- Drop-in health and fitness classes (pay as you go)
- Squash courts and table tennis
- Refurbished double-sized sports hall
- 3G outdoor 5-a-side football pitches
- Grass and artificial turf pitches
- Multipurpose outdoor areas for various sports
- Outdoor tennis courts (seasonal)
- Changing facilities and free parking

The Armitage Site, Moseley Road, Fallowfield, Manchester, M14 6HE

0161 306 9988
armitagecentre@manchester.ac.uk

Sugden Sports Centre

- Fully equipped fitness suite with free weights area
- Drop-in health & fitness classes
- 2 x double-sized sports halls
- Squash courts
- Table Tennis
- Outdoor 5-a-side pitch

Sugden Sports Centre, 114 Grosvenor Street, Manchester, M1 7HL

0161 306 4026
www.sugdensportscentre.com

Manchester Aquatics Centre

- Fitness suite
- Drop-in health and fitness classes
- 2 x 50 metre swimming pool
- Diving pool with varying depths
- Fun pool with slides
- Sauna
- Steam room
- Café

Manchester Aquatics Centre, 2 Booth Street East, Manchester, M13 9SS

0161 275 9450
info.manchesteraquatics@leisure.serco.com

Wythenshawe Sports Ground

- 26 x full size grass football pitches
- 1 x grass rugby pitch
- Extensive grass area for a range of sports
- Modern pavilion
- Changing and showering facilities
- Free car parking

Wythenshawe Sports Ground, Willenhall Road, Wythenshawe, M23 0BD

0161 306 9973
wythenshawe.bookings@manchester.ac.uk

General Enquiries

The University of Manchester
SPORT Manchester
William Kay House
333 Oxford Road
Manchester
M13 9PG

Tel: 0161 275 4962
Email: uniman.sport@manchester.ac.uk
www.manchester.ac.uk/sport



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www.manchester.ac.uk/sport

YOUR GUIDE TO SPORT AT MANCHESTER



SPORT MANCHESTER



MAKE **SPORT** PART OF YOUR **MANCHESTER** EXPERIENCE...



Welcome

SPORT Manchester welcomes you for another exciting year of fixtures, tournaments, events and of course, plenty of social activities! You won't believe the range of sports we have on offer and you can choose to play competitively or socially – it's up to you!

Joining a team or a club is the perfect way to get motivated and regular training sessions will ensure that you maintain a healthy, active and balanced lifestyle. The SPORT experience makes the concept of exercise much more fun and rewarding and you will form lasting friendships with your team mates!

You will find all the information you need about playing sport in this leaflet and on our website, but if you have any further questions then please don't hesitate to come and find us in the SPORT office (campus map ref: 69) – we are a friendly bunch!

There are many other recreational activities that you can take part in on campus. Look out for the ACTIVE Manchester leaflet for information about our fitness suites, health and fitness classes, swimming lessons and much more.

Clubs

American Football	Rugby League
Athletics	Rugby Union
and Cross Country	Sailing
Badminton	Ski & Snowboard
Basketball	Snooker & Pool
Boat	Squash
Boxing	Surf
Canoe	Swimming
Cricket	Table Tennis
Cycling	Ten Pin Bowling
Equestrian	Tennis
Fencing	Trampoline
Football	Ultimate Frisbee
Futsal	Volleyball
Golf	Water Polo
Hockey	
Jiu Jitsu	<i>Non Athletic Union clubs:</i>
Judo	Cheerleading
Karate (Shotokan)	Handball
Korfball	
Lacrosse	
Mountaineering	
Netball	

Athletic Union



Serious about sport? Come along to the Sports Fair, in the Students' Union, during Welcome Week and meet the 42 sports clubs that make up the Athletic Union. Most clubs are open to all levels of ability, all you need is plenty of

enthusiasm and a hunger to win.

So what is the Athletic Union? It is simply the sports clubs that are organised for students, by students. Also, all the affiliated clubs represent the University in the British Universities and Colleges Sports competition, where we are currently ranked 9th in the UK.

And it is not just playing sport on a Wednesday afternoon, there is a social side to the Athletic Union as well! You can get involved in the prestigious Christie Championships, local varsity matches and the famous weekly AU Social.

For more information about any of the Athletic Union clubs please contact them directly. You can find their contact details on our website www.manchester.ac.uk/sport/athletic-union

Campus Sport



Want to play for fun? It isn't always about winning you know! You can have fun with your friends and get active by joining one of the many Campus Sport teams. Don't get us wrong, we have some very competitive teams, but for most players it is the

taking part that counts.

The friendly atmosphere is perfect if you are a beginner or returning to sport. It may even be the stepping stone you need to compete for the University in the future. Whatever your motivation you will definitely enjoy the journey.

The first step is to find a team. Speak to your halls of residence tutor or academic department to find out about existing teams – if you are still struggling, get in touch and we will point you in the right direction. Alternatively you can start up your own team from scratch.

If you have a passion for coaching or officiating then we want to hear from you. There are plenty of opportunities to get involved through Campus Sport.

For more information and to see what sports you could be playing go to: www.manchester.ac.uk/sport/campus-sport

Sport Volunteer Scheme



Plan to do more? Use your precious time wisely and get the most out of your university experience. Everyone knows that volunteering looks great on your CV and can help you stand out to future employers; but did you know there are other

perks such as financial contributions towards National Governing Body qualifications and free sports kit!

If you are looking for fun and exciting volunteering opportunities then join the Sports Volunteer Scheme. Close links with local clubs and event organisers means you will have access to plenty of volunteering opportunities in the local area.

So give yourself a head start in the employability race by developing your skills in communication, project management and teamwork. Register now and use the online portal to view volunteering opportunities straight away.

For more information and details about how to register please go to: www.sport.manchester.ac.uk/sport-volunteer-scheme

Sport Scholarships



Are you top of your game? Well, it is possible to balance the pressures of higher education with high performance sport and we have some amazing student athletes to prove it. It is not easy but with a little organisation, hard work

and the right support, anything is possible.

In order to qualify you must compete at a regional level or above in one of the 60 sports recognised by the scheme.

So what will you receive? Depending on the strength of your application you could receive a Gold, Silver or Bronze award which hold varying levels of financial contribution, up to the value of £500 a year. You also get access to free support services including physiotherapy, strength and conditioning and a gym membership.

The closing date for applications is 1 August every year. If you have missed this date but think you may still be eligible for support then get in touch.

For more information and details about how to apply please go to: www.sport.manchester.ac.uk/sport-scholarships



SPORT MANCHESTER

Contact: Andy Cowan
0161 275 6977 | auchair@manchester.ac.uk

Contact: Andy Ellison
0161 275 5991 | campus.sport@manchester.ac.uk

Contact: Katy Young
0161 275 6990 | sportvolunteers@manchester.ac.uk

Contact: Imogen Williams
0161 275 5304 | sport.scholarship@manchester.ac.uk