

Week	Session Dates	Theoretical Input: Pluralism/Skilled Helper and Modalities Research: Researching Counselling Psychology 1 Professional Issues: Standards of Proficiency	
0	16.9.13	School Induction (9.30-4.30)	
	17.9.13	Free morning and programme welcome activity (1.00-4.00 – room a5.5)	
	18.9.13	Free day – get student ID etc	
	19.9.13	Free day	
	20.9.13	More induction – library tour, health and safety etc (10.00-2.30)	
1	23.9.13	<b>GENERAL DAY (all days 10-4 unless otherwise stated)</b>  am: School & Programme Welcome : Terry Hanley, Tony Parnell and Laura Cutts. Tutorial sign up  pm: Programme overview and Campus Tour	TH, TP, LC
	24.9.13	<b>PRACTICE DAY (9.30-4)</b>  am: Placement opportunities: opportunity to meet some placement providers  pm: Overview of skills training and considering university paperwork  <b>EVENING DCoP NW meeting – non-mandatory 5.30-8.00</b>	TP, LC
	25.9.13	Welcome tutorials (COMPLETE EPROG EXPECTATIONS FORM)	TH, TP, LC
	26.9.13	<b>RESEARCH DAY</b>  Am: What is research? Pm: Burning research questions?	TH, TP, LC
	27.9.13	am First week debrief (shared lunch – bring an item of food for to share)  pm meet Year 2 & 3	TH, TP, LC
2	30.9.13	Group contracting & What is Counselling Psychology	TH, LC
	1.10.13	Skills day: Considering the fitness to practice review & The PCEPS/video introduction	TH, LC, TP
	4.10.13	Videoing (contracting) & The purpose of Professional issues (year 1 only)	
3	7.10.13	Humanistic Psychology and Psychopathology models	TH
	8.10.13	Intro to person centred counselling psychology & Humanistic Counselling core competencies	TH
	11.10.13	Videoing (p/c practice) & Diagnosis? Critical Perspectives of Psychopathology	IP
4	14.10.13	The core conditions: Empathy, Unconditional Positive regard and Empathy	LB
	15.10.13	Practice (p/c skills) & Intro to Group Analysis	TH, EB

	18.10.13	Videoing (p/c practice) & Introduction to Psychopharmacology	Glenn
<b>5</b>	21.10.13	Contemporary issues in p/c practice <b>EVENING DCoP NW meeting – non-mandatory 5.30-8.00</b>	LB
	22.10.13	Practice (p/c skills – rel depth) & Research and the person centred approach & The literature review	TH, LC
	25.10.13	Reviewing videos beings & Anxiety based disorders	Kate
<b>6</b>	Half term / Reading Week		
<b>7</b>	4.11.13	<b>Qualitative Research Week 1:</b> Am: A rational for qualitative research/ what is truth?  Pm: Thematic Analysis and Grounded Theory	TH TH, AS
	5.11.13	Am: NVivo  Pm:IPA	AB LB
	8.11.13	Group Analysis North session – working with student groups	
<b>8</b>	11.11.13	The Scientist Practitioner / being research informed	LC, TH
	12.11.13	Common therapeutic factors: The therapeutic relationship - necessary but not always sufficient? & the therapeutic alliance	TH
	15.11.13	Reviewing videos & Ethical research (year 1 only)	Garry (pm)
<b>9</b>	18.11.13	Am: Intro to therapeutic Integration  Pm: Assimilating into the p/c approach - the skilled helper framework	TH, LC
	19.11.13	Practice (videoing) & study skills	TH
	22.11.13	Case Discussion/video assessment & Working with phobias	Zehra
<b>10</b>	25.11.13	Pluralism and the pluralistic framework – a person centred approach	TH, AS
	26.11.13	Practice (videoing) & Systematic case studies	TH
	29.11.13	Case Discussion/video assessment & Depression and mood based disorders	Keren
<b>11</b>	2.12.13	<b>Qualitative Research Week 2:</b>  Narrative research and Discourse analysis day	RF, EB
	3.12.13	Am: Heuristic research  Pm: Reflexive research (THEORY PAPER DUE)	WW, EB
	6.12.13	Case Discussion/video assessment & Dissociative experiences	
<b>12</b>	9.12.13	Review meeting & reflexive practice	TH & PC
	10.12.13	Practice (p/c skills - immediacy and self disclosure) & Ethical research revisited & CDT (CASE STUDY ETHICS DUE)	TH & LC

	13.12.13	Case Discussion/video assessment & Substance abuse and dependency (INTERIM REPORT)	Kelly
<b>13</b>	Christmas Break & reading weeks SEMESTER 2 BEGINS		
<b>1</b>	27.1.14	Theory paper tutorials	TH, LC
	28.1.14	Intro to Semester 2 Practice (using the pluralistic therapy manual) & mixed methods research	TH
	31.1.14	Case Discussion sorting hat & Personality disorders	Georgia
<b>2</b>	3.2.14	<b>Quantitative Research Week (and a half)</b> Introduction to quantitative data analysis and experimental design	GS
	4.2.14	Introduction to inferential statistics & Counselling psychology and quantitative research	GS, GS/TH
	7.2.14	Case Discussion & Somatoform Disorders	
<b>3</b>	10.2.14	Introducing SPSS	GS
	11.2.14	Common Factors revisited	GW
	14.2.14	Case Discussion & Neurological disorders	
READING WEEK w/c 17.2.14			
<b>2</b>	24.2.14	Pluralistic Counselling: considering Goals	AS
	25.2.14	Practice (pluralistic therapy skills) & Study Skills	TH
	28.2.14	Group Analysis North session - writing	
<b>3</b>	3.3.14	Pluralistic Counselling: considering Tasks and methods	TH
	4.3.14	Practice (pluralistic therapy skills) & Method of Levels (CASE STUDY DUE)	
	7.3.14	Case Discussion & Experiencing psychosis	Davy
<b>4</b>	10.3.14	Considering modalities & Considering the panel/research proposal and study skills	TH, TP
	11.3.14	Practice (video) & study space	
	14.3.14	Case Discussion & Psychometrics: Are you normal?	
<b>5</b>	17.3.14	Group Therapy	
	18.3.14	Practice (reviewing videos) & study space	
	21.3.14	Case Discussion & Measuring well being: CORE measures	Kasia
<b>6</b>	24.3.14	Creative Therapies: an intro	GW
	25.3.14	Technology and Therapy	
	28.3.14	Group Analysis North session – Eating Disorders	

7	31.3.14	Creative Therapies: working with music	
	1.4.14	Therapy and the Law	
	4.4.14	Case Discussion & IAPT measures (Research Prop First submission)	Jayne
9	Easter Break		
10	28.4.14	Couple Therapy	
	29.4.14	Practice (reviewing videos) & Presentation skills (panel orientated)/panel practise	
	2.5.14	Case Discussion & Goal based outcome measures	
11	5.5.14	Family therapy	
	6.5.14	Practice (reviewing videos) & panel practise	
	9.5.14	Case Discussion & Using measures as part of therapy (RESEARCH PROPOSAL DUE)	
12	12.5.14	Panel Practise day	TH
	13.5.14	Practice (reviewing videos) & panel practise	
	16.5.14	Case Discussion & getting a job as a psychologist	
13	19.5.14	Revisiting integration & Panel Practise	TH
	20.5.14	Critical thinking in Counselling and Psychotherapy	
	21.5.14	PANEL	
	22.5.14	PANEL	
	23.5.14	Case Discussion Review & Poster session & writing for publication & Review	
14	26.5.14	Bank Holiday	
	27.5.14	Panel group feedback session (am only) – pm for tutorials if wanted	
	30.5.14	No session	
15	2.6.14	Individual tutorials (PROGRESS REPORT DUE)	
	3.6.14	Group Review (CDT – am and lunch)	

#### Additional notices:

**Attendance:** It is expected that people attend at least 80% of the programme content (not including authorised absences). These will be reviewed each semester and reflect each component of input (theoretical input, practice input, case discussion and professional issues). In the instance that 80% attendance is not met then the assessment of the associated unit will be delayed until a satisfactory resolution, judged by the programme team, is made.

It is strongly encouraged that people use the group supervision sessions as further research supervision slots cannot be guaranteed. It is likely that individual meetings will be arranged (particularly outside of term time) but do be mindful that advance warning may be needed.

**Sessions:** The following are anticipated:

A further group Analysis North session will be held on the 6<sup>th</sup> of June around Balint groups.

The SEED research conference is likely to be held on the 13<sup>th</sup> of June.