



Compliance and Risk Sustainability Update March 2012

Please read this Update but don't print it!

Doesn't time fly??

(or take the sustainable high speed train option!) So, it's audit time again. 13th March will see C&R audited against Bronze, Silver and Bonus criteria by an elite squad of crack student auditors, trained by the NUS. We're hoping to improve on last years standard significantly. As we are going for Silver, we expect that they will want to visit individuals.



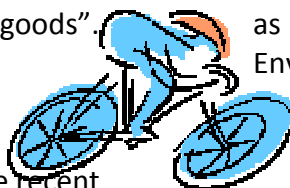
C&R has good taste!

By now most of you will have tried some fair-trade chocolate. This was our way of "taking a step" for Fairtrade fortnight, <http://step.fairtrade.org.uk/>. The results of the tasting sessions showed that C&R preferred the Montezuma Milk Chocolate (which is *fairly traded* – not FairTrade – and organic) and in 2nd place, Cadburys Milk Chocolate (which is FairTrade). Whilst Montezuma is not Fairtrade approved, they have made a list of The Guardians Top 10 most ethical chocolates. We're looking for suggestions on what to taste test next:

CRsustainability@manchester.ac.uk

Other food related issues

(If you don't already know, the C&R enthusiasts have a passion for good food!) Most of us (if not all of us) don't have food provided for meetings, but we're keen to ensure the food and drink we do, is local, sustainable and wholesome. Let your local sustainability enthusiast know if you are organising catering for an event and we'll help you pick some "goods".



Summer sports week

Many of you will have seen the recent coverage of research that suggests that

you only need to spend 3 minutes exercising. The green team is considering having a little C&R competition or target which will run over a week in summer which relates to both getting fit and sustainability based on this 3 minute rule. We would love to hear your thoughts:

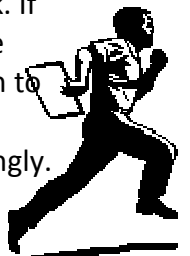
CRsustainability@manchester.ac.uk

Procurement

Whilst we would love to spend the entire C&R non-pay budget on Montezuma chocolate, sometimes we have to buy an occasional ream of paper or table. If you are looking to procure anything to do with your office, please refer to the C&R procurement guidelines, available through your local sustainability enthusiast.

Personal kit

If you need something for work, a heater, fan or even a kettle, ask your manager first. You shouldn't have to provide equipment that you need for work and it is your manager's responsibility to ensure the kit you do have is suitable for work. If you have brought something in, please take it home or alternatively, hand it in to your sustainability enthusiast who will ensure it is reused or recycled accordingly.



Get fit for free

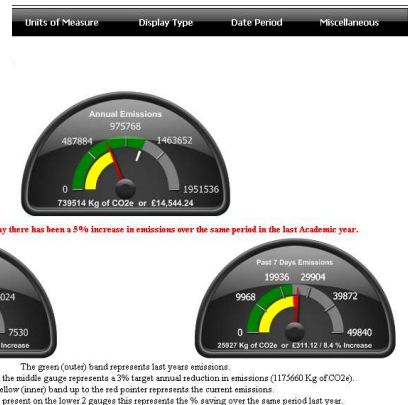
If you are training for ultra-marathons, or just getting rid of that last bit of Christmas turkey, try to use the stairs to get to your office, rather than the lift. If you need a shower after that, then you can find your nearest one on this [location map](#). Feel like getting sweaty? Consider cycling to work – once per week will make a difference. Just as using public transport will (to the Environment – not your waist line!).

Green cuttings

Little ideas can grow into big changes

Hugamug

Also – if you buy a lot of coffee around campus, why don't you buy [a hugamug](#)... You'll get a discount from food on campus every time you fill up! If you haven't bought one, then there are even special Fairtrade fortnight special offers.



Driving

If you're not convinced by the exercise/public transport argument, then driving might be the only way to get to work. If that's the case, you can still save yourself some money and time... Check out the advice [here](#).



Keeny Beeny??

There is some sustainable office training available from the Carbon Trust – we've all had a go and found parts of it useful. Follow this [link](#) if you want to have a go...



Video conferencing

There are a variety of rooms available around campus which can support video conferencing. You could even attend a seminar without leaving campus. Save yourself some time and attend remotely.



Leaky taps, faulty equipment?

Please don't ignore them – somebody else probably *won't* report it! If you spot a leaky tap, or anything potentially defective, please report it. Most things can be reported to your building coordinator or the Estates helpdesk using [their website](#), or alternatively on 52424.

Carbon Credit Dashboard

The University now has [an online dashboard](#) which allows you to review the energy usage of a building against an equivalent period for last year. Unfortunately most of our buildings are not currently available, but if you work with other teams it is probably useful to be familiar with the system as it will become an increasingly important mechanism for checking on their sustainability progress.



Switch off!

Whether it be lights, cameras or anything else. If you aren't using it, please switch it off at the wall, and if possible, remove the plug from the socket. Lots of appliances continue to draw energy even when switched off, so by switching off at the wall, you can help reduce this energy loss.

And after the storm:

Following a frenzy of activity that Green Impact brings, you'll be glad to know that we will not be going away! We are looking at what we can do as a green team over the next few months, including the summer sports day and a kettle campaign – BUT we want your ideas...

CRsustainability@manchester.ac.uk