



Age-related hearing loss and its effects on communication

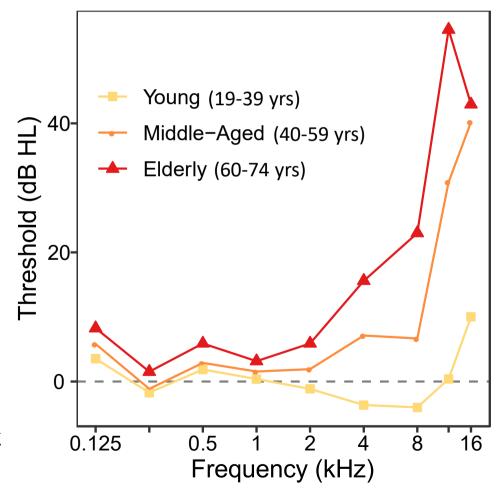
Chris Plack

chris.plack@manchester.ac.uk





Effects of Age on Hearing Thresholds

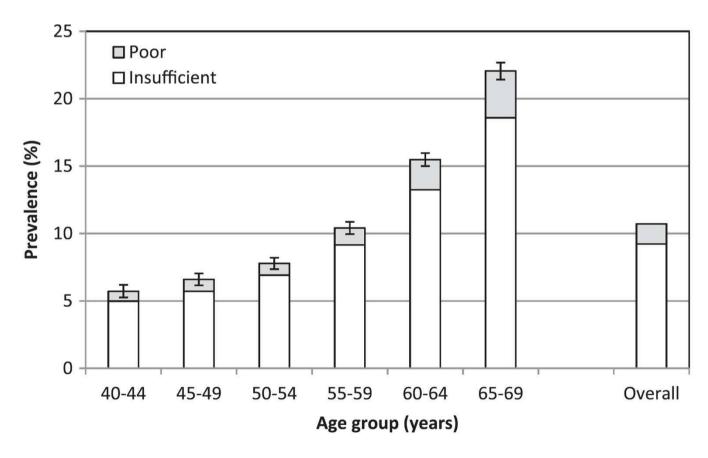


Carcagno and Plack (2020)





Effects of Age on Speech-in-Noise Difficulties

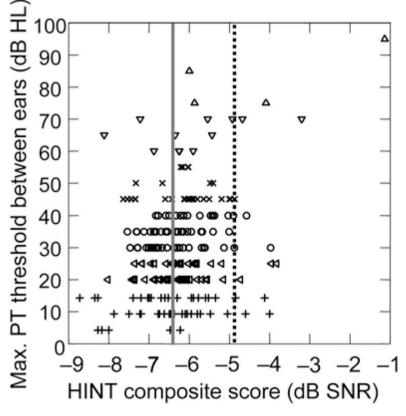


Dawes et al. (2014), UK Biobank, n = 165,000, digit triplet test





The Clinical Audiogram is a Poor Predictor of Speech-in-Noise Performance



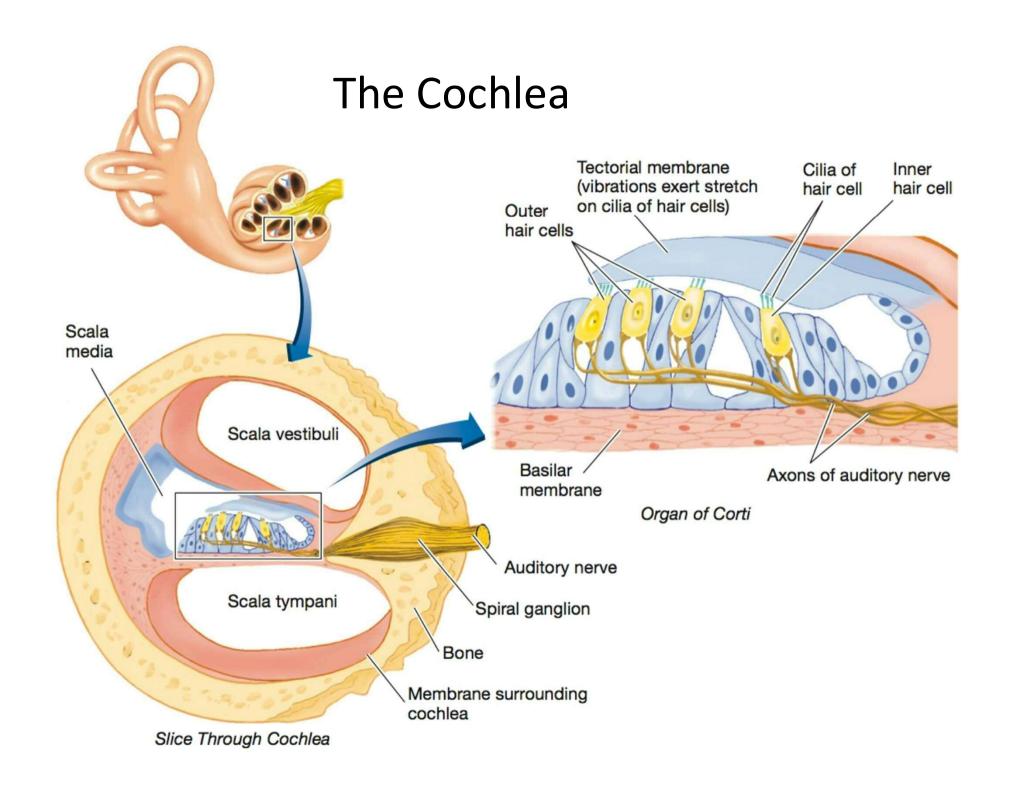
High-frequency PT hearing loss

- △ Profound, 75–95 dB HL
- ∇ Severe, 60–70 dB HL
- × Moderate, 45–55 dB HL
- Mild, 30–40 dB HL
- Slight, 20–25 dB HL
- + Normal, -10-15 dB HL

HINT norms

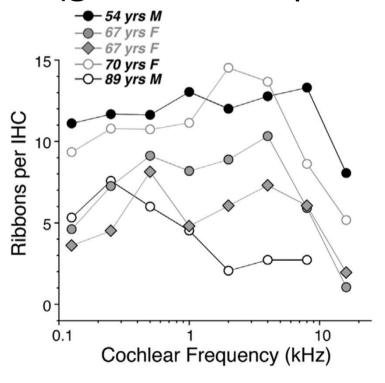
5th percentile 50th percentile

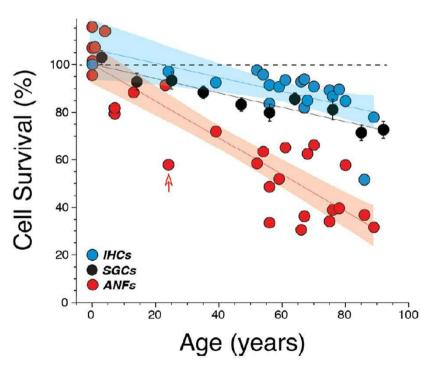
Vermiglio et al. (2012)





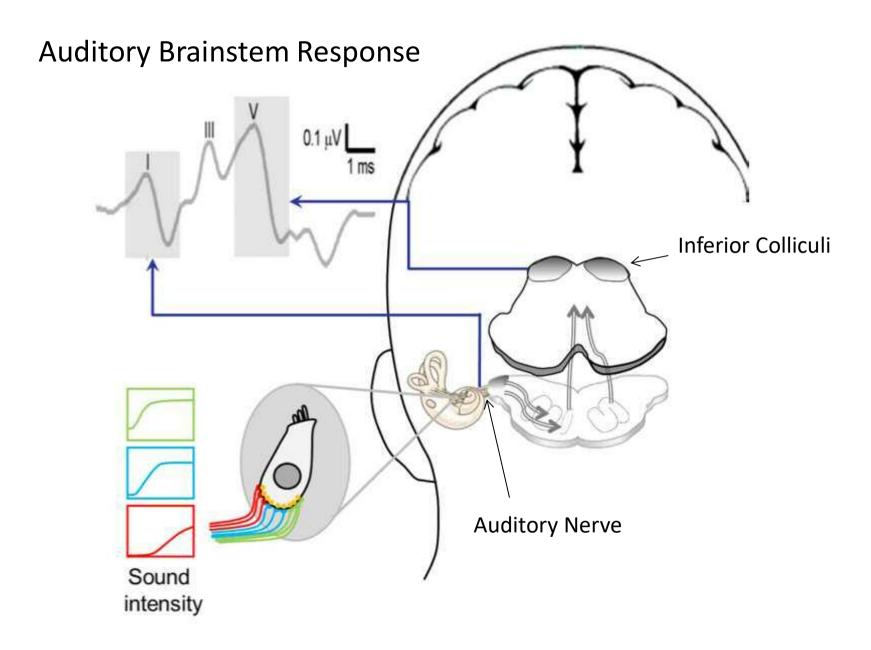
Ageing Is Associated With Loss of Cochlear Synapses and Auditory Nerve Fibres (greater than predicted by loss of hair cells)





Viana et al. (2015)

Wu et al. (2018)

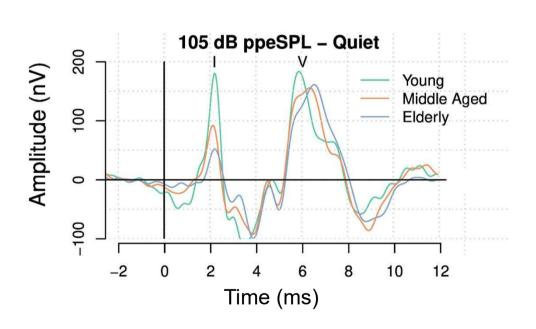


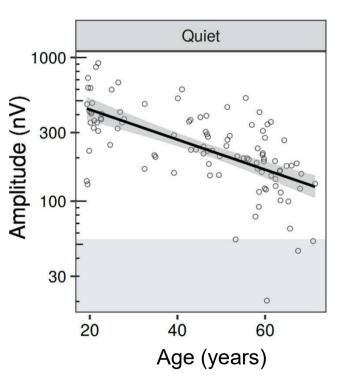
Schaette and McAlpine (2011)





Ageing Affects Auditory Nerve Response, Even Controlling for Audiometric Threshold

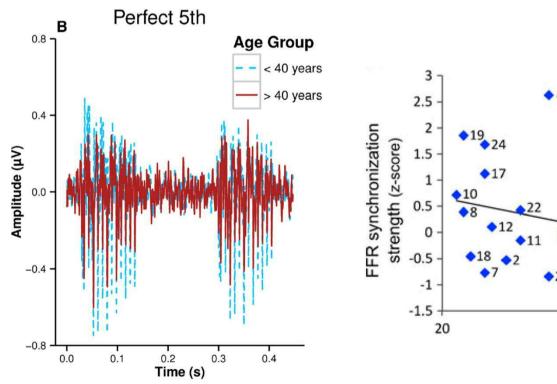


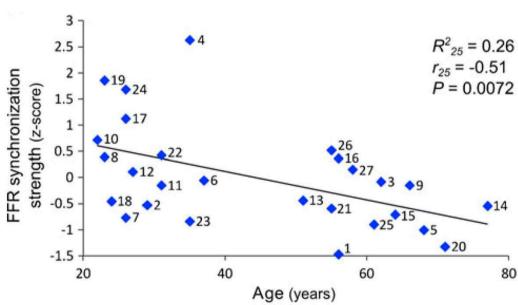


Carcagno and Plack (2020)



Ageing Affects Brainstem Neural Response





Bones and Plack (2014)

Marmel et al. (2013)





Summary

- Ageing is associated with a clinical (audiometric) hearing loss, especially at high frequencies, and with difficulties understanding speech in noisy environments
- Clinical hearing loss is a poor predictor of speech-in-noise performance
- Performance may be affected by age-related "sub-clinical" neural loss and demyelination
- A diagnostic approach focused on neural deficits may provide a clearer understanding of the listening difficulties experienced by older people





Funders:





